

Supplemental Table 3: Associations between demographic characteristics or BMI category and attempts to lose weight

	OR	95% CI		P-value
Year of survey	1.01	1.01	1.02	<0.001
Age	1.14	1.12	1.15	<0.001
BMI category*				
Underweight	0.12	0.05	0.27	<0.001
Overweight	2.94	2.60	3.31	<0.001
Obesity	6.96	6.31	7.69	<0.001
Gender				
Girls	1.73	1.63	1.84	<0.001
Ethnicity				
Asian	1.56	1.38	1.75	<0.001
Black	1.59	1.34	1.89	<0.001
Other & mixed	1.22	1.05	1.42	0.008
Household income levels				
Q1	1.36	1.22	1.53	<0.001
Q2	1.27	1.13	1.43	<0.001
Q3	1.19	1.06	1.34	0.004
Q4	1.07	0.94	1.21	0.296

*BMI for age z-score; CI, confidence interval; OR, odds ratio, Q1(\leq GBP11,676.65), Q2($>$ GBP11,676.65 \leq GBP19,117.65), Q3($>$ GBP19,117.65 \leq GBP27,704.92), Q4($>$ GBP27,704.92 \leq GBP47,794.12) and Q5($>$ GBP47,794.12). Estimates from univariate logistic regression model. Each coefficient shows the OR of trying to lose weight compared with the reference category. Reference groups for categorical variables; boys, Whites, $>$ GBP47,794.12, and normal BAZ classification. For age and survey year, the OR is per increasing year. P < 0.05 to denote statistical significance.