

Web-only tables

Table A Symptom checklist for ARM patients

Item	Response categories and scoring		
	0	1	2
1. Soiling	Never	Sometimes	One or more times per day
2. Urge sensation	Yes	No	
3. Ability to hold faeces	1–10 min	10–60 sec	<10 sec
4. Ability to recognise the type of faeces (solid faeces, liquid faeces, or gas)	Yes	No	
5. Using therapeutic aids for defecation	Never	2–3 times a week	Every day
6. Using diapers, pantyliners, and/or plugs	Never	On some occasions	Every day
7. Ability to hold urine	Always	Sometimes (at times an “accident”)	Never

Translated version. The questionnaire we used was in Dutch.

A symptom score was constructed using the sum of the numeric labels presented in the table. The total score ranges from 0 to 12, representing maximum symptomatology.

Table B Symptom checklist for CDH patients

Item	Response categories and scoring					
	0	1	2	3	4	
1. Respiratory difficulties*	Never	Sometimes	Regularly	Often	Almost always†	
2. Shortness of breath when performing heavy physical activities	Never	Sometimes	Regularly	Often	Always	
3. Shortness of breath when performing light physical activities	Never	Sometimes	Regularly	Often	Always	
4. Tightness of the chest during sleep	Never	Sometimes	Regularly	Often	Always	
5. Having a cold or a stuffed up or runny nose	Never	Sometimes	Regularly	Often	Chronically†	
6. Inflammation of the respiratory tract during the last year	Never	Sometimes	Chronically†			
7. Taking respiratory medications	Never	2–3 times per week	Every day			
8. Experiencing constraints as a result of respiratory difficulties	Never	Sometimes	Regularly			
9. Number of days per week with only few respiratory difficulties	Every day	Almost every day	3 or 4 days	1 or 2 days	No days	
10. Suffering from hiccupping (for example, due to its intensity or duration)	Never	Sometimes	Regularly	Often	Always	
11. Heartburn	Never	Sometimes	Regularly	Often	Always	
12. Stomach ache	Never	Sometimes	Regularly	Often	Always	
13. Other stomach complaints	Never	Sometimes	Chronically†			
14. Suffering from chronic obstructive pulmonary disease or allergic reactions of the respiratory tract	No	Yes				

Translated version. The questionnaire we used was in Dutch.

The numeric labels shown in the table were summed to arrive at a symptom score. Higher scores correspond to more severe symptomatology, with a maximum score of 45.

*Six different respiratory difficulties (1, non-productive coughing; 2, sputum retention; 3, coughing up sputum when waking up; 4, coughing involving significant sputum production; 5, wheezing; and 6, wheezing and tachypnoea), all using these response categories. In the symptom score we used the average score of these six symptoms.

†The respondents were instructed that “almost always” or “chronically” meant 5 or more days per week during the past three months.