

Childhood Asthma
Topic Guide for interviews and focus groups (children)

Preamble:

- **Ice-breaking and explain that there is no right or wrong answer**
- **Explain need to get consent for the interview and audio-recording. Obtain consents.**
- **Explain that the participant does not have to answer if he or she does not wish to do so**

Question	Prompts
<p>Asthma experience</p> <p>What do you know about asthma?</p> <p>Tell us about your asthma? How is it now?</p> <p>How do you know if it's good or bad asthma?</p> <p>How does your asthma disturb/not disturb you?</p> <p>How does having asthma makes you feel?</p>	<p>Experience? Reading? Told by someone?</p> <p>What do you feel? Cough, nighttime cough, difficulty breathing?</p> <p>Able to play? Easy breathing? No cough?</p> <p>Where do you know about this?</p> <p>Activities affected e.g school? swimming, PJK, sleeping in fan?air conditioned room? Early morning or night bath? Play in the rain?</p> <p>Friends isolation/bully- because of illness, using inhalers, Shy?</p>
<p>Asthma self-management</p> <p>What do you do when you have your asthma?</p> <p>Who take care of your asthma at home? School?</p> <p>Do you take anything else other than these for your asthma? (showing inhalers and syrup)</p>	<p>Inhaler? Tell parents? Go to hospital/clinic? Asthma action plan? How do you know this?</p> <p>You? Your parents? Maid? What do you/they do?</p> <p>Other medication from doctors?</p>
<p>Asthma treatment</p> <p>Do you take medicine for asthma?</p> <p>Tell us about your asthma medicine.</p> <p>How do you feel about taking asthma medicines?</p> <p>How often do you see the doctor for asthma?</p>	<p>Pills? MDI? Spacer? Aerochamber? Have you seen 'these' (peak flow meter) before? How do you use it?</p> <p>When do you use your medication? How often?</p> <p>Which medication is better? Reliever ? controller?</p> <p>How would you know when do you need the pump?</p> <p>Dislike? Troublesome? Ashamed? Why?</p> <p>Follow up? Emergency (hospital)? Stay in hospital ? When? Why?</p>

<p>When you go to clinic what was usually done?</p> <p>What do you think about the clinic visits for asthma (clinic, doctor & medications)?</p> <p>How do you feel when you come to clinic?</p>	<p>Explanation? Medication?</p> <p>Difficult access? Language barrier? Waiting time? Unfriendly staff?</p> <p>Unpleasant? Okay?</p>
<p>Health belief about asthma</p> <p>Why do you think you have asthma?</p> <p>What triggers your child's asthma?</p> <p>What other things you do/eat for your asthma?</p> <p>Do you have rules about asthma?</p>	<p>Inherited? Infection?</p> <p>Dust? Physical activity? Cold weather?</p> <p>What are they? Home nebulizer? How does it help? Homeopathy? Which method is better for you? Why? Where did you know this from?</p> <p>What do you usually eat?</p> <p>Food, drinks or activities? Any other rules?</p> <p>Who makes the rules? (rules at school and home) Experience? Or from somewhere? What will happen if you break this rule?</p>
<p>Source of information</p> <p>Where and from whom did you get information about asthma?</p> <p>Anything else that you want to share about your asthma?</p>	<p>Clinic? Family? Friends? Internet? How good is the information?</p>

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Question	Prompts
<p>Asthma experience</p> <p>What do you know about asthma?</p> <p>Tell us about your child's asthma? How is it now?</p> <p>How does your child's asthma disturb/not disturb he/her? How? How does your child's asthma disturbs/not disturb you? How?</p> <p>How do you know if your child's asthma is good or bad?</p> <p>How does having asthma makes your child feel?</p> <p>How does your child's asthma makes you feel?</p>	<p>Experience? Reading? Told by someone?</p> <p>Cough, nighttime cough, difficulty breathing?</p> <p>Activities affected e.g school? swimming, PJK, sleeping in fan? air conditioned room? Early morning or night bath? Play in the rain?</p> <p>Able to play? Easy breathing? No cough?</p> <p>Friends isolation/bully- because of illness, using inhalers, shy?</p> <p>Anxious? Overprotective?</p>
<p>Asthma self-management</p> <p>What do you do when your child has asthma?</p> <p>Who take care of your child's asthma at home? School?</p> <p>Does your child take anything else other than these for his/her asthma? (showing inhalers and syrup)</p>	<p>Inhaler? Go to hospital/clinic? Asthma action plan?</p> <p>You? Your child? Maid? What do you/they do?</p> <p>Other medication from doctors?</p>
<p>Asthma treatment</p> <p>Does your child take medicine for asthma?</p> <p>Tell us about your child's medicine.</p>	<p>Pills? MDI? Spacer? Aerochamber? Have you seen 'these' (peak flow meter) before? How do you use it?</p> <p>When do you use your medication?</p> <p>Do you need to take your medicine everyday?</p> <p>Which medication is better? Reliever ? controller?</p> <p>How would you know when do your child</p>

<p>How do you feel about your child taking medicines?</p> <p>How often do your child see the doctor for asthma?</p> <p>When your child goes to clinic what was usually done?</p> <p>What do you think about the clinic visits for asthma (clinic, doctor & medications)?</p> <p>How do you feel when you accompany your child to clinic?</p>	<p>needs the pump?</p> <p>Dislike? Troublesome? Ashamed?</p> <p>Follow up? Emergency (hospital)? Stay in hospital ? When? Why?</p> <p>Explanation? Medication?</p> <p>Difficult access? Language barrier? Waiting time? Unfriendly staff?</p> <p>Unpleasant? Okay?</p>
<p>Health belief about asthma</p> <p>Why do you think your child has asthma?</p> <p>What other things you do/eat for your child's asthma?</p> <p>Do you have rules about asthma?</p>	<p>Inherited? Infection? Environment?</p> <p>What are they? Home nebulizer? How does it help? Homeopathy? Which method is better for you? Why?</p> <p>Food, drinks or activities? Any other rules?</p> <p>Who makes the rules? (rules at school and home)</p>
<p>Source of information</p> <p>Where and from whom did you get information about asthma?</p> <p>Anything else that you want to share about your child's asthma?</p>	<p>Clinic? Family? Friends? Internet? How good is the information?</p>