Background The vulnerability to infection observed in newborns is associated with a limited ability to mount efficient immune responses. Elevated circulating levels of anti-inflammatory mediators (adenosine, prostaglandins,...) reduce production of pro-inflammatory cytokines by newborn monocytes upon microbial challenge. We hypothesised that macrophage migration inhibitory factor (MIF), a pro-inflammatory cytokine constitutively expressed in blood and immune cells, counter-balances the anti-inflammatory milieu of newborns.

Methods MIF plasma levels were measured by ELISA in 200 healthy subjects, from birth to adulthood. Cord blood monocytes from term newborns were transfected with MIF siRNA, or were incubated with the MIF antagonist ISO-1, recombinant MIF, adenosine and prostaglandin E2 (PGE2) and then stimulated with endotoxin, bacterial lipopeptide, *Escherichia coli* and Group B *Streptococcus* (GBS). Intracellular proteins and cell-culture supernatants were collected to quantify MAPK phosphorylation by Western blot and cytokines by ELISA/Luminex.

Results Circulating MIF levels were 10-fold higher in newborns than adults, and decreased during infancy. Newborn monocytes expressed high MIF levels, and released MIF upon stimulation with *Escherichia coli* and GBS. Inhibition of MIF expression with MIF siRNA or MIF activity with ISO-1 reduced 1.5–5.7-fold microbial product-induced secretion of pro-inflammatory (TNF, IL-1 β , IL-6, IL-8, IL-12p40, IL-12p70, IL-23) and anti-inflammatory (IL-10, IL-20, IL-27) cytokines and phosphorylation of p38 and ERK1/2 MAPKs. Recombinant MIF counter-regulated adenosine and PGE2-mediated inhibition of TNF production in *Escherichia coli*-stimulated newborn monocytes.

Conclusions MIF expression is developmentally regulated, with strikingly elevated levels in newborns compared to adults. High MIF levels at birth may act to balance pro/anti-inflammatory immune responses in newborns.

Neonatal Resuscitation

O-066 ADMISSION HYPOTHERMIA IN VERY PRETERM INFANTS IS ASSOCIATED WITH MORTALITY – RESULTS FROM THE EPICE COHORT

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Background Strategies to prevent heat loss in the delivery room after very preterm birth have been proven effective in randomised controlled trials. Nevertheless, we hypothesise that hypothermia at admission to neonatal care is still common and contributes to mortality after very preterm birth.

Methods The EPICE cohort included all births between 22+0 and 31+6 weeks of gestation in 19 regions from 11 European countries in 2011–2012. We studied infants surviving to admission to neonatal care (n = 7577). The association between temperature at admission and in-hospital mortality was analysed

using logistic regression. The final model adjusted for gestational age, small for gestational age (SGA), Apgarscore <7 at 5 min, infant sex and region of birth.

Results Of 6639 infants with data on body temperature at admission, 1670 infants (25%) were hypothermic (<36.0° C); 6% had temperatures <35°C, 7% between 35.0 and 35.4° and 12% between 35.5 and 35.9°. Body temperature at admission was inversely related to mortality. The crude odds ratio (OR) (95% confidence interval [CI]) for mortality was 5.81(4.27–7.92) when temperature was <35°C; 3.32 (2.35–4.69) at 35.0–35.4°; and 1.61 (1.18–2.19) at 35.5–35.9° compared to normothermic infants (36.5–37.5°C). After adjustment, temperatures below 35.5°C remained significantly associated with mortality, 1.94 (1.32–2.83) at <35°C and 1.91(1.30–2.82) at 35–35.4°C compared to normothermic infants.

Conclusion Hypothermia after very preterm birth contributes to mortality in modern perinatal care settings in Europe. Further studies should investigate if evidence-based heat loss prevention strategies have been implemented.

O-067 THE INFLUENCE OF LOW QUALITY PULSE OXIMETRY SIGNALS ON EVALUATING INFANTS AT BIRTH

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Objectives Reference ranges for pulse oximetry (PO) measurements of oxygen saturation (SpO₂) and heart rate (HR) in infants at birth were generated excluding measurements with system messages (SyM), such as 'Low Signal Quality' or 'Low perfusion'. However, in clinical practice SyM often occur and may not be noticed. To assess the usability of measurements obtained with SyM, we investigated the differences of SpO₂ and HR between measurements with and without SyM and if reference ranges would change when including data with SyM.

Methods HR and SpO₂ of uncompromised term infants were recorded using Masimo PO. Differences in mean and standard deviation (SD) between measurements with and without SyM were calculated and compared with permutation tests. Centile charts were computed with and without SyM.

Results PO values of 138 neonates were obtained, resulting in 28,477 data points. SyM occurred in 46% of measurements. Most SyM occurred in the 3rd and 4th minute after birth. Mean SpO₂ with SyM was lower (p < 0.001), SD was similar to data without SyM. SyM included, centile charts of SpO₂ are approximately 3% lower, but not more dispersed. Mean HR was lower (p < 0.001) and more dispersed (p < 0.001) when SyM occurred. SyM included centile charts of HR have increased variability and are lower.

Conclusion In term infants at birth SyM on PO occurred frequently. SpO₂ measurements with SyM are reliable for monitoring an infant's clinical condition. However, HR measurements with SyM should be used with caution as they may underestimate an infant's HR.

Abstract O-67 Figure 1 Average and stand deviation of oxygen saturation (a and b) and heart rate (c and d) per time point in sconds. Oxygen saturation in percentage; heart rate in beats per minute (bpm). Every circles represents the average or standard deviation of oxygen saturation or heart rate at that certain time pont. Black circles: no-SyM: measurements without system message. Red circles: SyM: measurements with system message

Abstract O-067 Figure 2 Centile charts for oxygen saturation for all signals and no-SyM signals 10th, 25th, 50th, 75th, and 90th centile for oxygen saturation for all signals in red and for signals without system message (no-SyM) in green

Abstract O-067 Figure 3 Centile charts for heart rate for all signals and no-SyM signals 10th, 25th, 50th, 75th, and 90th centile for heart rate for all signals in red and for signals without system message (no-SyM) in green

O-068

VISUAL INTERVAL TIMER SIGNIFICANTLY IMPROVES ACCURACY OF HEART RATE ASSESSMENT DURING NEWBORN RESUSCITATION SIMULATIONS: A RANDOMISED STUDY

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Introduction Heart rate (HR) assessment, performed using a stethoscope, is the most useful measure of the need for and effectiveness of newborn resuscitation. However, it is incorrect in approximately 30% of cases (Voogdt 2010). We hypothesised a 6 second flashing device would increase HR accuracy during simulated newborn resuscitation.

Methods Newborn Life Support (NLS) qualified healthcare professionals undertook simulated newborn resuscitation. Using a

randomised crossover design, participants were allocated to calculate random HRs with a stethoscope using either their own preferred method or a 6 second flashing timer (count HR multiple by 10). Accuracy (within 10 bpm) and assessment time were compared. Ethical approval was granted.

Results 44 NLS trained participants performed 440 HR assessments. HR accuracy improved significantly from 16.2 bpm (own method, 95% CI 13.7–18.7) to 10.7 bpm (timer, 95% CI 8.2–13.2) (see Table). HR assessment time decreased significantly from 22.6 s (own method) to 14.7 s (timer) ($p < 0.0001$). When categorising the HR into NLS categories (HR >100, 60–100 and <60 bpm) participants were incorrect using their own method 31% of the time compared to 16% with the timer ($p < 0.0001$). When resuscitating the baby for 5 cycles of the recommended algorithm only 4 (9%) participants did this without error using their own method compared to 23 (52%) using the timer.

Conclusions Use of a simple 6 second visual timer significantly increases accuracy of HR assessment during newborn resuscitation simulations and reduces overall time of assessment. Integration of such a timer into the stethoscope head or resuscitaire could be a simple and inexpensive method to improve newborn resuscitation.

Abstract O-068 Table 1

Heart Rate	Own method n (%)	6s Timer n (%)	n	P value
50	4 (9%)	2 (5%)	44	NS
70	14 (32%)	6 (14%)	44	P=0.04
90	41 (47%)	18 (21%)	88	P=0.0004
110	16 (36%)	6 (14%)	44	P=0.03
Total	75 (34%)	32 (15%)	220	P<0.0001

O-069

MASK VENTILATION WITH TWO DIFFERENT FACEMASKS DURING POSITIVE PRESSURE VENTILATION IN THE DELIVERY ROOM: A RANDOMISED CONTROLLED TRIAL

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