Results For 72 children (31 girls, 41 boys), 91 decision-making meetings were organised. We identified 27.7% (20/72) disagreements or conflicts: 4 simple disagreements, 12 continuing disagreements and 4 conflicts. Five children had acute disease and 15 children had chronic disease. Source of disagreements was continuing LST in 19 cases (families wanted to continue aggressive treatment). In 1 case, the family wanted to stop treatments despite medical opinion (refusal of tracheotomy). Consequences of these disagreements were continuation of treatments despite LST decisions in 12 cases. For 3 cases a compromise solution was found.

Conclusion Disagreements are frequent in decisions to forgo LST (27.7%) and most of the child undergo treatments that are medically futile.

PO-0319 IS THERE SUFFERING IN CHILDREN FOUR YEARS AFTER A PICU ADMISSION?

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Background and aims In a previous study on suffering of children during admission to a paediatric intensive care unit (PICU), we found that parents described suffering of their child mainly in relation to physical symptoms. In this study we evaluated if these children still have signs of suffering four years after the PICU admission and if the symptoms of suffering, as perceived by the parents, are different compared to the PICU period.

Methods A structured audio taped interview with 15 parents of children four years after admission to a 20 bed level III PICU of a university teaching hospital to assess whether their child perceived to suffer and to identify perceived aspects of suffering.

Results About 50% of the parents experienced 4 years after PICU admission suffering in their child. Parents of 8 children did not perceive suffering in their child. Parents indicated that the suffering during the PICU admission was due to physical and psychosocial factors. Psychosocial factors were related to the disease causing the admission to the PICU, the treatment and the hospital stay. Four years later the signs of suffering are related to communication, physical and mental retardation and being different from mates.

Conclusions A child’s admission to a PICU causes long term suffering in the parents. Caregivers in paediatrics need to be aware of these phenomena and should give attention to these aspects in the follow up support.

PO-0320 SUFFERING OF PARENTS FOUR YEARS AFTER PICU ADMISSION OF THEIR CHILD

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Background and aims Admission of a child to a paediatric intensive care unit (PICU) is a very stressful event for the child, but also for the parents. This might not only lead to suffering during admission, but also might have lasting effects. Little is known about the long term effects. In a previous study done during the stay of a child in a PICU we saw that a child’s admission to a PICU causes suffering of parents. In this study we evaluated if there are still feelings of suffering in parents four years after PICU admission.

Methods A structured audio taped interview with 15 parents of children four years after admission of the child to a 20 bed level III PICU of a university teaching hospital to assess whether parents still have feelings of suffering and to identify aspects of suffering.

Results Four years after PICU admission about 50% of the parents indicated that they still have feelings of suffering. Parents of 6 children didn’t suffer themselves. Parents describe mainly physical and psychosocial causes for the suffering. Reasons for suffering are experiencing changes in the physical and mental situation of the child. Also, the uncertainty of the future, effects on the family and problems in the organisation of healthcare contribute to the suffering.

Conclusions A child’s admission to a PICU causes long term suffering in the parents. Caregivers in paediatrics need to be aware of these phenomena and should give attention to these aspects in the follow up support.