Background and aims Fatty infiltration is known as a physiologic hallmark of thymic involution, starting at puberty (age-related involution). However, the knowledge of fatty infiltration in thymuses whose paediatric patients suffering from acute illness (stress-related involution) has never been studied. The purpose of this work was to evaluate the frequency and degree of fatty infiltration and to correlate the degree of fatty infiltration with the severity of involution in thymic tissues belonging paediatric patients who died from various causes of illness.

Methods Thymic tissues from paediatric autopsy series were collected and processed for histopathologic examination. The degree of fatty infiltration was divided semi-quantitatively as absence, minimal (<5%), occasional (5–50%) and diffuse (>50%). The severity of thymic involution was graded as 1 (resting state), 2 (more thymic lobule separation) and 3 (advanced stromal fibrosis).

Results Fatty infiltration (Figure 1) was found 36/130 cases (28%) and tended to accumulate in grade 3 thymic involution (p = 0.01). In most cases, the degree was minimal (11 cases; 9%) or occasional (18 cases; 14%) and no statistical correlation with any clinical information. There were 7 cases (5%) showing diffuse fatty infiltration and all of them died from infection (bronchopneumonia = 3, meningitis = 2, acute myocarditis with abscesses = 1, acute pyelonephritis = 1), regardless of specific organism, patient age or duration of illness.

Conclusion In stress-related thymic involution, the frequency of diffuse fatty infiltration was rare, but such change was an independent finding associated with paediatric infection.

Aim To describe the etiologic spectrum, clinical characteristics and evaluate the adequateness of the tests performed in order to establish diagnosis of adenopathies in children.

Materials and method Our group analysed 279 children with adenopathies consulted in the primary care paediatric clinic in a 4 years period 2009–2013. There were noted: the presence and localization of the adenopathies, the diagnosis, the tests performed and the outcome.

Results Out of the 279 cases, 106 represented unspecific multiple adenopathies following past diseases and had no clinical significance. 77 cases were confirmed to be viral unspecific infections of the upper respiratory system, 16 cases were confirmed as Infectious mononucleosis, 22 cases were Acute bacterial Tonsillitis and 11 were confirmed as Group A Streptococcus Tonsillitis. Further investigation of cases with large adenopathies of unknown origin revealed less common etiologies as Toxocara and Toxoplasma infections. There was 1 case of Hodgkin lymphoma easily diagnosed based on clinical characteristics, confirmed and treated in the oncology hospital. 7 cases presented with typical left axilar adenopathy following BCG vaccination. The history and clinical signs suggested the diagnosis in all the cases. In 27 of the cases with unique large adenopathies the parents refused further diagnostic tests.

Conclusions A complete history and a meticulous clinical examination represented the most important steps in establishing the etiologic diagnosis of the adenopathies in children. Specific blood tests and other investigations must be used with caution, in order to avoid unnecessary painful diagnostic procedures and unjustified costs.