Abstracts

**Aim** To look at the effect of the consultant delivered care in comparison to the registrar delivered care on the clinical services, patient care, satisfaction and staff opinion.

**Method** All the patients attending our paediatric assessment unit between 1130 am and 2100 were assessed on three consecutive days for two weeks. The parameters compared were the time of arrival taken to make a clinical decision from the time the patient was seen, investigations performed, any readmissions, patient outcome, any significant incidents, patient satisfaction and nursing staff opinion.

**Results** A total of 51 patients were analysed. 21 of them were seen by the consultants and 29 were seen by the registrars. The time taken for Consultants to make the clinical decision and management plan varied from 15 to 100 minutes with a median of 50 minutes and mean of 59.6 minutes. The registrars took 90 to 480 minutes for the clinical decision with a median time of 250 minutes and mean of 253 minutes.

4 (19%) and 16 (55%) patients seen by consultants and registrars had investigations respectively. 2 patients, seen by registrars, with Paediatric Early Warning Score of more than 4 were admitted with average length of hospital stay was 10.96 days (5 to 22 days).

11 patients were transferred out. There was one readmission from the group with Paediatric Early Warning Score of more than 4 were admitted with average length of hospital stay was 10.96 days (5 to 22 days).

**Conclusion** The consultants made faster decision, performed less investigations and discharged more patients home with no readmissions or clinical incidents.

**G132(P)** USE OF NASAL CPAP IN INFANTS WITH BRONCHIOLITIS IN THE SOUTH OF ENGLAND: A MULTICENTRE, PROSPECTIVE, OBSERVATIONAL STUDY

**Aims** Bronchiolitis is a common respiratory illness in childhood with 64 million cases of RSV bronchiolitis worldwide every year. In England, 2.8% hospital admissions in children <1 year of age are due to RSV bronchiolitis with up to 5% of patients going on to develop respiratory failure.

The Aim of this study was to review the use of nasal continuous positive airway pressure (nCPAP) in infants with bronchiolitis. A secondary aim was to identify predictive factors for CPAP failure resulting in endotracheal intubation and mechanical ventilation.

**Methods** A prospective, multicentre, observational study was undertaken from 1 November 2008 to 2 February 2009. Seven Paediatric Units in the South of England participated in the study. Data was collected on indications for nCPAP, respiratory rate and blood gases prior to nCPAP, total number of days on nCPAP and length of hospital stay.

**Results** A total of 51 infants with the clinical diagnosis of bronchiolitis required nCPAP during the study period. The main indications were increased work of breathing (47.0%), apnoeas (39.2%) and apnoeas (45.45%), CO2 retention (36.36%) and increasing work of breathing (36.36%). Subgroup analysis revealed that 7 out of the 11 infants requiring intubation were ex-preterm (63.6%) and 8 had significant FCO2 rise (>8) prior to the trial of nCPAP (72.72%).

**Conclusions** nCPAP has a good success rate in bronchiolitis. In our study, predictive factors associated with nCPAP failure were prematurity and high CO2 retention prior to trial of nCPAP. The authors recommend the availability of nCPAP facilities in all paediatric units and appropriate training of medical and nursing staff in its optimal use.

**G133(P)** MANAGEMENT OF PROLONGED JAUNDICE IN NURSE-LED CLINICS – 10 YEARS OF A SAFE AND EFFICIENT SERVICE

**Aims** Prolonged jaundice in babies is common and usually harmless but a very small number of cases have serious pathology, such as biliary atresia, in which early detection is vital. Many “well” babies with prolonged jaundice undergo extensive investigations with a very low yield of important positive results. Our aim was to assess the safety, efficiency and cost-effectiveness of a nurse-led prolonged jaundice clinic which has been in operation at our district general hospital for ten years, performing minimal investigations compared to standard practice.

**Methods** We collected data retrospectively for all babies <3 months of age in whom a conjugated bilirubin level was measured at ≥14 days of age (term) or ≥21 days (preterm) from January-August 2011, excluding babies on the neonatal unit. We reviewed clinic proformas completed for each baby seen with prolonged jaundice, medical notes and hospital results system to establish whether the baby was managed in the nurse led prolonged jaundice clinic or elsewhere by doctors, investigations undertaken and clinical outcomes.

**Results** 91% (176) of 194 babies were managed in the nurse led prolonged jaundice clinic; 5.6% (10) had additional investigations which identified one case with significant pathology. Of the 9% (18) of babies seen elsewhere by doctors (A&E/outpatients/infants/daycare), 77% (14) had additional investigations. 3 babies had serious pathology including one case of biliary atresia which presented late (48 days old).

**Conclusion** For the last ten years we have managed the vast majority of babies with prolonged jaundice in our nurse-led clinic, successfully avoiding unnecessary, time-consuming and expensive investigations for well babies whilst promptly identifying cases with serious pathology.

Our district general hospital has recently merged with two local community health services to form an Integrated Care Organisation, providing a unique opportunity to move the nurse-led prolonged jaundice clinic into the community. Based on our well-established model, such clinics could be conducted in local health centres by midwives or community paediatric nurses, supervised by a consultant paediatrician. This would allow further cost savings and be more convenient for families.

**G134(P)** LUMBAR PUNCTURES IN CHILDREN: A SURVEY OF CURRENT PRACTICE

**Aims** Lumbar puncture (LP) is a common procedure in children used to diagnose infection and various neurologic processes. We want to survey current clinical practices, in terms of positioning and use of analgesia, in paediatric LPs.

**Methods** A survey questionnaire was designed for distribution to staff on the wards of 10 paediatric departments in one city. The
survey contained questions about demographics, choice of position during LPs, reasons for that choice, use and frequency of analgesia, LP training background and demand for training. Questions about positions and pain relief were divided into different age groups.

**Results** A total of 84 questionnaires were completed, which demonstrated that the most common position being used in children under the age of 1 was the lateral recumbent position with neck flexion (83% in newborns to 3 months and 59% in 3 months to 1 year). 61% of participants said this position was used to increase the interpsinuous distance, whilst 27% said it was used to hold the child still. Sucrose was the most commonly used for of pain relief in children under one, however 39% of participants never, rarely or only sometimes used pain relief in this age group. 79% of participants would appreciate more training in this area.

**Conclusion** We demonstrated that a painful, uncomfortable and potentially dangerous position to hold children during LPs was the first choice in the majority of cases. We also demonstrated that the use of analgesia in general was either absent or poor. Further education of healthcare staff involved in this procedure is needed.

**G135(P) DEVELOPMENT OF CHILDREN AND YOUNG PEOPLE’S ASSESSMENT SERVICE STANDARDS AND A SUPPORTIVE PEER REVIEW PROCESS ACROSS A REGION**

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**Aims** To develop a set of standards and a peer review process for Children and Young People’s (CYP’s) ambulatory care.

**Methods** Development of the standards involved reviewing national, regional and local policies/best practise. Questionnaires were circulated and focus groups facilitated with multidisciplinary staff involved in CYP ambulatory care across a region. Professionals challenged and tested the standards as they evolved. This included CYP and family feedback and engagement.

All 17 acute trusts involved in CYP acute care in the region performed a self-assessment using the assessment service standard tool and participated in an external peer review visit.

The visit started with informal discussions with staff and service users. The team walked the patient pathway. A whole-system professionals meeting, involving senior Managers/Executives, Clinicians/Senior Nursing team, Play Specialists and Commissioners concluded the visit. The local team presented their self-assessment and the visiting team feedback their findings leading to a discussion/action planning for next steps.

The process was evaluated.

Each organisation showcased the good practise identified at a celebration event.

Re-visits to all trusts are arranged to review progress and assess against the national standards for CYP in the emergency department.

**Results** A supportive process for peer review for children and Young People’s assessment services and emergency and urgent care, including comprehensive standards have been developed and evaluated.

A poster summarises feedback from Children, young people and families. Figure 1

Current practise for ambulatory care across a region has been reviewed and key findings from the visits including the variety of models of care, good practise and recommendations summarised and shared.

The visits were evaluated as supportive and useful in raising the profile of CYP within Trusts. The standards gave a focus for organisations to review their services and plan improvements.

There was evidence the standards had driven improvements and good practise identified in every unit.

**Conclusion** There is already evidence showing standards and peer review improves quality of care.

We have developed a processes and tools that can be used nationally for CYP’s emergency and urgent care.

These visits were not mandatory but 100% of Trusts participated in the self-assessment and peer review and booked re-visits.

**G136(P) IMMUNISATION OF HIV POSITIVE CHILDREN**

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**Aims** To determine if the immunisation schedules of thirty one children attending a tertiary paediatric HIV clinic in 2012 adhered to the Children’s HIV association guidelines on immunisation in HIV positive children.

**Methods** We looked at the immunisation records of the thirty one children attending the tertiary paediatric HIV clinic. A standard pro-forma was used for data collection from the health care records, clinic letters and ‘Red Book’. We also contacted the General Practice (GP) surgeries for those with inadequate information in the health records.

**Results** Children were aged between four and sixteen years with a fairly even distribution between sexes. 25/31 children were born abroad. Children were classed as fully immunised if they were vaccinated according to UK guidelines. Overall 48% received complete primary and 38% received complete booster immunisations. 83% of immunisations were complete in UK born children compared with 28% in non-UK born children. We were unable to obtain immunisation information in 25% of children who were born abroad, there was no information regarding immunisation status in either health records or in GP surgery records.

Figure 1 details the immunisation details for all our children. In addition, Human Papilloma Virus (HPV) vaccine was given in 56% of eligible patients. 52% of patients received a BCG vaccine and all of them were born abroad. 48% received an annual influenza vaccine and 68% of children had received the Hepatitis B vaccine.

**Conclusions** There is poor vaccination of children with HIV, especially those born abroad and there is an urgent need for strategies to be implemented in order to achieve better rates of immunisation. Recommendations include interface between hospitals and GP practises with improved access to immunisation records, reminder letters to GPs and families and possible opportunistic immunisation in hospitals.

**G137(P) HOW TO SAVE A SMILE!**

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**Introduction** Dental caries is entirely preventable, yet remains the most common chronic disease of childhood- affecting 50% of children under five in Wales. It is caused by acid produced by the bacterial metabolism of dietary carbohydrates, particularly refined sugars. Frequent squeal include: pain, infection, poor aesthetics and permanent tooth damage. Basic standards of advice to prevent dental caries exist. Ensuring medical staff have the knowledge to advocate appropriate oral care, and know when to refer to dental colleagues could reduce the burden of dental disease.

**Aims** To audit knowledge of staff regarding dental health care in children against basic dental guidelines.

**Methods** Structured questionnaires were designed by paediatricians and dentists and administered to healthcare staff. These were based upon: dietary advice including limitation of fruit juices,