Methods Retrospective data was collected on all children attending emergency department with triage complaint of chest pain using the Emergency department Information system.

Results 134 children were identified

Mean age: 11.66 years [range: 3–16 years], 80 (60%) were male and 54 (40%) were females. Median duration of chest pain was 2 days and half of children presented within 48 hours of pain onset.

Documentation was poor with no recorded history of cough, fever or shortness of breath in almost half of the presentations. The following specific cardiac symptoms were not recorded: radiation to arm (73.9%), Radiation to back (76%), Dizziness (82%), Collapse (88%) and Palpitations (73%). No mention drug abuse in 100%

Examination findings revealed 95% had no murmur and 99.3% had normal O2 Sats on arrival.

Investigations – ECG in 82% and was abnormal in 6%. Chest X-ray in 77% and it was abnormal in 10%. FBC was abnormal in <1% of patients. Troponin was done in 17% and none of these had abnormal result. D-Dimer was raised in only 2 out of 6 patients (1.5%).

Most Common Diagnoses were Musculoskeletal 26.9%, Costochondritis 23.1% Idiopathic 14.1% and Pneumonia 8.2%. Only 1 child had cardiac diagnosis 0.8% required admission while 92% were discharged home.

Conclusions Review of 1 year of ED visits revealed that CP in children is a reasonably common complaint and is associated with tremendous anxiety and resource utilisation. There is a need for better documentation of history and examination findings. Yield from Investigations is low and should be reserved for at risk patients.

BRIDGING THE GAP BETWEEN FAMILIES, PRIMARY AND SECONDARY CARE

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Children’s Emergency Department’s (CED) are seeing an increasing number of primary care problems. The most worrying group are the febrile young children and the concern of a serious occult bacterial infection. We set out to analyse this group as a tool for future targeted education and support for our department, parents and primary care.

Methods 100 patients aged 0–5 years with a temperature of > 38.0°C at presentation were reviewed. They were analysed using the febrile young children and the concern of a serious occult bacterial infection. We set out to analyse this group as a tool for future targeted education and support for our department, parents and primary care.

Results (see table)

The majority 61% were LR (59% 1–3yrs, 29% < 1yr).
68% were self referrals. 32% were the GP referrals a third being LR and 82% were discharged home. 14% presented via ambulance, 57% were LR and 71% were discharged home.

The majority had no investigations; a third of children in the intermediate and high risk still had no investigations.

Of all diagnoses made, 46% were viral illnesses of which 74% did not receive antibiotics.

75% were discharged home with no investigations. The younger the children and the higher the risk group, the more likely that investigations would be performed. Of the 25% requiring admission 73% had no investigations.

The majority of patients required review.

Overall the commonest diagnosis was viral infection (46%) of which 26% still received antibiotics.

Surprisingly there were almost 100% of patients that were vaccinated.

Conclusions Parents are concerned about fever in young children and present frequently straight to CED. GPs also refer many patients with fever whom are LR category. However, in CED these children still require senior review although the majority do not get investigated and are discharged. This study has helped instigate a change in practice of the local GP practices to prioritise the <5 year olds and to re-open the primary care unit within the hospital grounds. It has also enabled us to provide more senior cover in CED for review and timely discharge of patients without inappropriate investigations.

CAN A COMBINED TOOL WITH PEDIATRIC ILLNESS SEVERITY ASSESSMENT AND PEDIATRIC EARLY WARNING SCORE BE USED AS A SAFETY TOOL FOR DISCHARGE OF PATIENTS FROM OBSERVATION AND ASSESSMENT UNIT?

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Aim Our aim was to evaluate if Paediatric Illness Severity Assessment (PISA) and PEWS can be used as a combined tool for safe discharge of patients from Paediatric Observation and Assessment unit (POAU).

Method We reviewed the PISA and PEWS scoring on patients attending our POAU over a busy winter on three randomised days. All patients routinely had PEWS assessed by nursing staff at the time of admission, discharge and as needed in between these two. PISA was calculated from the clinical notes. The combined tool was used to assess whether patient needed admission or discharged home. If discharged home, data was collected if there were any complications or readmissions.

Results A total of 52 patients were studied. Their age range varied from 1 day to 15 years. 37 patients were discharged home and 15 were admitted to the hospital. All of the children who were discharged had an initial PEWS score of or less than 4 or had good response with the PEWS score dropping to 0 to 2 with intervention, while their PISA grading suggested mild or moderate risk. There were no major complications in those who were discharged home. One patient was readmitted, which the parent was already cautioned. 5 patients who were admitted to the hospital had PEWS score of 0 to 2 but their PISA grading was moderate to severe risk, indicating the need for hospital admission. All those with an initial PEWS scoring above 4 or those with persistent score above 5 needed hospital admission and their PISA grading suggested moderate risk.

The combined PISA and PEWS tool, in our study, when used for discharge, had a sensitivity (the probability of the child being discharged) of 100% and specificity of 97.3% with a PEWS scoring below 2 and PISA grading of mild risk.