Introduction Guidelines on neonatal cardiopulmonary resuscitation (CPR) suggest the provision of coordinated compressions to inflations at a rate of 3:1. However, manikin studies, and human trials have shown that coordinated chest compression/manual ventilation is difficult to achieve. In a manikin study, we aimed to investigate how music might help to control CPR in neonates.

Methods 36 medical professionals were trained in neonatal resuscitation with and without listening to music (Radtetzky-Marsch). CPR was performed using a neonatal lung model and a T-piece resuscitator for manual ventilation. Chest compressions were counted using a mechanical tally counter and the rate of inflations were recorded using a respiratory monitor.

Results A total of 2514 inflations and 7678 chest compressions were analysed, with a median (interquartile range, IQR) number of chest compressions of 213 (196–229) and 70 (66–76) inflations per participant. Without music the median (IQR) rate of chest compressions was 115 (100–129)/min and the rate of inflations was 38 (32–42)/min. While listening to the Radetzky-Marsch the rate of chest compressions decreased significantly to 96 (96–100)/min (p=0.002) and the rate of inflations decreased to 32 (30–34)/min (p=0.001). Furthermore, with music the IQR of chest compression rate decreased by 86% and the IQR inflation rate by 60%.

Conclusion A musical mnemonic has a significant impact on the delivery of neonatal CPR. Listening to music optimizes the rate of chest compressions and inflations and reduces the variability between individuals.
re-intubation was not needed for at least 48h. Brain sonography was done before extubation and after 48h sample size was determined with 95% confidence and 90% power. Data was analyzed with spss 11.5 and Chi-square test.

Results There were no significant differences in clinical characteristics between the two groups at randomization.

Fifty-four percent (14/25) infants were successfully extubated to NSIMV compared with 52% (13/25) to NCPAP (p = 0.78). Infants assigned to NCPAP had higher arterial CO2 pressure level than those assigned to NSIMV (p = 0.002).

Neither procedure induced major adverse effects despite more elevation in IJV grade during SIMV.

Conclusions NSIMV in the post-extubation period is safe, however it’s not more effective than NCPAP in preventing re-ventilation.

THE PREDICTIVE FACTORS IN THE PROGRESS OF TRANSIENT TACHYPNEA OF THE NEWBORN

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Aim To determine the clinical risk factors to predict the progress of TTN in late-preterm and term infants.

Methods The infants with the diagnosis of TTN were evaluated retrospectively. Patients were divided into two groups according to the intensity of respiratory support. Group-1 received any ventilatory support, where group-2 only oxygen. Clinical findings, Richardson and Silverman scores were compared.

Results One-hundred-six (19.1%) infants were evaluated (68 in group-1, 38 in group-2). Mean gestational age and birth weight were lower in group-2. The C/S and male gender rates were similar. Richardson scores, Silverman scores, peak-respiratory rates (pRR) and oxygen need (FiO2) in the first 24-hours were higher, duration of respiratory support and hospitalization were longer in group-1. The cut-off for Richardson score was 5, and patients whose score higher than 3 had a 6.98-fold-risk, the cut-off for Silverman score was 5 and whose score higher than 5 had a 7.46-fold-risk, and the cut-off for pRR in first 24-hours was 75/min and whose pRR was higher than 75/min in first 24-hours had a 1.10-fold risk of receiving ventilatory support (95%CI: 2.30–21.18, 2.54–21.89, and 1.03–5.17, p<0.01, respectively).

Conclusions TTN, is usually a benign and self-limited disease and the prognosis is generally excellent. Assessment of Richardson score, Silverman score, and pRR in first 24-hours of patients may be useful in predicting clinical course of TTN. So by predicting of the intensity of ventilatory support in the patients, it is important to plan and provide the appropriate level of care for these infants.

ENDOTRACHEAL TUBE POSITION IN VENTILATED NEONATES - DOES EVIDENCE INFLUENCE PRACTICE?

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Background Malpositioned endotracheal tubes (ETT) in ventilated neonates are associated with adverse pulmonary outcomes including unequal surfactant delivery, asymmetric lung expansion and air-leaks. Use of gestation age (GA) based guideline to determine the ETT length at lips resulted in reduction of the need for ETT repositioning from 55% to 8%.

Aim To assess adherence to guidelines and need for ETT repositioning.

Methods Ventilated neonates < 24 hours of age, transferred by a regional transfer service during study periods of January to March (3-months) in the years 2008 (pre-publication) and 2011 (post-publication) were included. Demographic data, ETT size, length at upper-lip, position on chest X-ray and need for repositioning were collected.

Results Similar proportion of ETT’s were repositioned during 2008 and 2011 (30% vs 37%, p=0.59). During both periods the proportion of ETT’s repositioned were significantly higher (p<0.05) with greater deviation of ET length insertion from the guideline:

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<tbody>
<tr>
<td>ETT at recommended length</td>
<td>3/15 (20%)</td>
<td>3/20 (15%)</td>
</tr>
<tr>
<td>ETT +/-0.5cm deviation from guideline</td>
<td>9/38 (25%)</td>
<td>7/21 (33%)</td>
</tr>
<tr>
<td>ETT &gt;0.5cm deviation from guideline</td>
<td>9/15 (60%)</td>
<td>16/29 (55%)</td>
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Conclusion Adherence to guideline is associated with significant reduction in need for ETT repositioning. Publication of guideline has had limited effect. There is need for improving dissemination of evidence based guidelines to improve outcomes.

HOW SAFE ARE DELIVERY ROOM MANAGEMENTS TO PREVENT EARLY HYPOCARBIA?

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Background and Aim Clinically determining appropriate respiratory support from the point of delivery to the NICU is difficult and inadvertent overventilation may be common. The aim of the study was to determine whether delivery room management done by skilled team will produce ‘normocarbic’ blood gas values in <29 weeks preterm infants.

Method A prospective cohort study was designed and infants born before 29 weeks’ from January 2009 to December 2011 were enrolled. All infants received 100 mg/kg prophylactic surfactant in delivery room. During resuscitation, stabilization, surfactant administration and transport infants were ventilated with a T-piece resuscitator. If respiratory drive was present, infants were extubated to nasal CPAP through short binalar prong. FiO2 was adjusted to achieve SaO2 of 88–92% which was monitored by pulse oxymeter. Carbon dioxide (CO2) levels on admission and early NICU hours (0–6 hours) were evaluated.

Results Fifty-nine infants were included with a mean gestation age of 26.2±1.7 (23–28.6) weeks and a birth weight of 857±237 (400–1700). The mean pCO2 levels of the first blood gas analysis was 45.3±9.8 (range 30.4–71.2). Four (6.8%) infants had hypocarbia (pCO2 < 35 mmHg).

Conclusion To prevent both hyperoxia and hypocarbia from the point of delivery to the NICU is a challenge. More caution is required to prevent hypocarbia and hyperoxia.

RESPIRATORY MORBIDITY IN TERM INFANTS DELIVERED BY ELECTIVE CAESAREAN SECTION: COHORT STUDY

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