Background and Aims

In contrast, there was no significant relationship between MMP-9 levels or the MMP-9/TIMP-1 ratio and gestational age, gender, severity of wheezing.

Conclusion

Elevated serum MMP-2 and TIMP-1 levels appear to increase the risk for wheezing. Further studies will be required to determine whether therapeutic inhibitors will prevent recurrent lung morbidities in preterm infants.

1712  SERUM ELECTROLYTES VARIATIONS IN TREATED PATIENTS WITH MODERATE ASTHMA EXACERBATION

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ML Neamtu, AC Brumar. Pediatric Clinic Hospital, Lucian Blaga University of Sibiu, Sibiu, Romania

Background

Salbutamol induces stimulation of β₂-receptors resulting in hypokalemia. Corticosteroids also induce plasma electrolytes variations.

Aims

1. To identify blood electrolytes changes following low dose inhaled short-acting β₂-agonists.
2. To evaluate if concomitant inhaled corticosteroids treatment can amplify serum electrolytes changes.

Methods

We analyzed all children admitted for moderate asthma exacerbation during 6 months period. Inclusion criteria: children between 5–18 years of age; PEF >50–75% of predicted value; serum electrolytes normal ranges. Exclusion criteria: previously treated patients with Salbutamol; Salbutamol hypersensitivity; asthma exacerbation severity levels. The patients were divided into 2 groups: 1st group comprised those treated with β₂-agonists and 2nd group is represented by pediatric patients concomitantly treated with β₂-agonists and corticosteroids. Both groups were homogenous regarding age and sex ratio. During hospitalization, patients received standard low dose of Salbutamol by metered dose inhaler (MDI) and inhaled Fluticasone propionate using spacer device with mouthpiece. Included patients were assessed for electrolytes serum levels before treatment and 72 hours after therapy. Data was analyzed statistically using independent sample T-test, skewness, kurtosis.

Results

Among 269 admitted patients, 175 children fulfilled inclusion criteria. Both groups structure: 92 children in 1st group, 83 in 2nd group. Authors found for both groups a significant decreasing of serum kalium after β₂-agonists treatment (p value=0.010). The study didn’t confirm a significant variation of serum electrolytes in 2nd group as compare to 1st group.

Conclusions

Study confirmed significant hypokalemia after 72 hours inhaled treatment with β₂-agonists; corticosteroids didn’t modify kalium level in association with β₂-agonists.

1714  ABILITY OF SELF-INFLATING BAGS (SIB) TO DELIVER SUSTAINED INFLATIONS

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1M Thio, 1,2JA Dawson, 1TJ Moss, 3SB Hooper, 1,2PG Davis. 1Newborn Services, The Royal Women’s Hospital; 3The Ritchie Centre, MIMR, Monash University, Melbourne, VIC, Australia

Background and Aims

In newborn preterm lamb, we compared 4 different SIB devices fitted with a PEEP valve against a T-piece, using a flow of 8 Lpm. Four operators aimed to give 3 targeted SI of 20 cmH₂O (displayed on a manometer) for 30 seconds. The study was repeated with the PEEP valve removed and again with no flow.

Method

In a newborn preterm lamb, we compared 4 different SIB devices fitted with a PEEP valve against a T-piece, using a flow of 8 Lpm. Four operators aimed to give 3 targeted SI of 20 cmH₂O (displayed on a manometer) for 30 seconds. The study was repeated with the PEEP valve removed and again with no flow.

Abstract 1711 Figure 1

Comparison of MMP-2, MMP-9, and TIMP-1 levels between 5–18 years of age; PEF between 5–75% of predicted value; serum kalium after β₂-agonists treatment (p value=0.010). The study didn’t confirm a significant variation of serum electrolytes in 2nd group as compare to 1st group.

Conclusions

Study confirmed significant hypokalemia after 72 hours inhaled treatment with β₂-agonists; corticosteroids didn’t modify kalium level in association with β₂-agonists.

1713  REDUCING ASTHMA CLINIC ATTENDANCE USING POSTAL SURVEY WITH MOBILE TEXTING FEEDBACK

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1LM Perrem, 2P Manning, 3MB O’Neill. 1Mayo General Hospital, Castlebar; 3The Ritchie Centre, MIMR, Monash University, Melbourne, VIC, Australia

Background and Aim

Attempting to reduce unnecessary attendances of well patients at outpatient clinics is prudent. This study evaluated the Asthma Control Test (ACT) t and Respiratory Proforma, with feedback through mobile texts, in children with Asthma, to determine attendance at clinic or not.

Methods

Patients between 4 and 11 years with a diagnosis of asthma were eligible for inclusion. The parent was surveyed, by ppst, 2 weeks prior to the clinic date and asked to complete the Asthma Control Test (ACT) and a Respiratory Proforma which assessed UACS symptoms, medication usage inclusive of intensification episodes and medical concerns. Mobile telephone numbers were requested. Parents mailed their responses in a supplied stamped envelope supplied. Respondents were divided into 2 categories a) ACT score greater than 19 and a non concerning Respiratory Proforma, who were texted not to attend the clinic but supplied with another outpatient appointment and b) the remainder were texted to attend the clinic.

Results

Over 6 clinics the parents of 77 eligible children were surveyed. Fifty eight (75%) replied who of 38 (66%) were well and did not attend the clinic but rebooked. Of 20 who attended, 6 had new symptoms of UACS and 3 had pneumonia. Of 19 who did not reply 7 came to clinic with completed questionnaires, 5 had good control. Ten did not attend the clinic or complete the questionnaire.

Conclusion

Asthma care through postal survey with mobile text feedback is an option in the outpatient setting.