Aims A target of this article is showing benefit of karate training in preschool ages on asthma management and course of disease. More effort needs to be dedicated to developing methods that enable Children involvement.

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Background Examples of semi-contact sports include karate and its benefit influence on asthma in childhood. Specific treatment for asthma will be determined by pediatrician based on children age, overall health, medical history, extent of the disease, tolerance for specific medications, procedures, or therapies and expectations for the course of the disease.

Aims A target of this article is showing benefit of karate training in preschool ages on asthma management and course of disease.

Methods To verify the efficacy of karate on asthma, a complex psychomotor activity that enhances pulmonary capacity and lungs volume, and breathing regulations, as an intervention for asthma psycho-motor activity that enhances pulmonary capacity and lungs volume and breathing regulations, as an intervention for asthma, ten children with asthma, ranging in age from five to seven years, and meeting diagnostic criteria for children asthma disorder were studied during two years period 2010–2011.

Results A higher prevalence of asthma has been reported in athletes specially in karate clubs for younger children but with better control of asthma. Risk asthma decreased with number of years of training (odds ratio 2.02; 95% confidence interval 1.60–3.03; p<0.0001), number of hours per week (odds ratio 1.74; CI 1.11–2.21; p=0.015) and rank, specifically brown belt versus lower belts (odds ratio 3.53; CI 2.82–6.28; p=0.007).

Conclusions Karate is a relatively safe sport for preschool children and younger schoolers when properly taught and optimize for asthma management. These training principles are perhaps most useful early in a children patient’s course when the setting of appropriate expectations is important in minimizing restrictions from treatment and karate activity.
in developmental vascular patterning in humans. NEAT4 expression decreased significantly and NEAT2 expression remained unchanged, requiring further research. These results suggest that NEAT is involved in fetal vascular development.

**1701**

**DOPLER ECHOCARDIOGRAPHIC EVALUATION OF PULMONARY ARTERY PRESSURE IN LOW BIRTH NEWBORN WITH ABDOMINAL COMPARTMENT SYNDROME AFTER ABDOMINAL SURGICAL**

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In this prospective study 16 newborn (ranging 1 day - 28 day) with severe compartment abdominal syndrome were evaluated by Doppler echocardiography for the presence of pulmonary hypertension (PH). The goal of this study was to determine the frequency of PH in newborn with severe compartment abdominal syndrome because the diagnosis of PH influenced the treatment of pneumonia in these newborns. The patients who had more than 25.4±1.2 mmHg (mean ± SD) of systolic pulmonary arterial pressure were considered to have PH. In our study PH was found in 13 (81.25 %) of 16 newborn. We did not find any significant difference for the parameters including the age, weight, height, clinical symptoms, signs (tachycardia and tachypnea), and laboratory findings such as hemoglobin, PCO₂, HCO₃ and PO₂ between the patients with and without PH (p=0.01). However, there was a significant difference in cyanosis, cardiac failure, blood pH level, intra-abdominal pressure and O₂ saturation measured by pulse oximetry between the patients with and without PH (p<0.01).

**1702**

**INCREASE PLASMA ENDOTHELIN-1 LEVELS ARE ASSOCIATED WITH LUNG HYPERTENSION IN LOW BIRTH NEWBORN WITH OMPHALOCELE**

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**Objective** Increased pulmonary vascular resistance in low birth newborn with omphalocele is suggested, and endothelin-1 plays an important role in pulmonary vascular reactivity in newborns.

**Methods** We determined plasma (second sample) levels of endothelin-1 in 12 low birth newborns with omphalocele and 14 without omphalocele (gestational ages: 26.2±1.4 and 25.4±1.6 weeks, respectively). Blood and a second blood sample taken 18 to 40 hour after birth were used for endothelin-1 determination by enzyme immunoassay.

**Result** Plasma levels ET-1 concentrations were higher than second sample ET-1 levels in both groups (p<0.001). There was a significant positive correlation between second sample ET-1 and SNAPPE II (r = 0.32, p<0.001). There were no correlations between plasma ET-1 levels first sample and second sample ET-1 concentrations and 5-min Apgar score < 6. Duration of mechanical ventilation had a significant positive correlation with second sample ET-1 (r = 0.46, p<0.02). Plasma level ET-1 levels did not differ between control and omphalocele (13.0 and 14.6 pg/mL, respectively, p=0.80). Second sample ET-1 levels had significantly higher ET-1 levels than controls (1.32 and 0.64 pg/mL, respectively, p<0.001).

**Conclusion** Our low birth newborn with and without omphalocele had similar plasma ET-1 levels, whereas ET-1 levels were higher in omphalocele than in control newborns 18 to 40 hour after birth. The increased vascular resistance in omphalocele may be related to high ET-1 levels.

**1703**

**THE USE OF INHALED NITRIC OXIDE IN A TERTIARY PAEDIATRIC INTENSIVE CARE UNIT (PICU)**

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**Aims** Inhaled nitric oxide (iNO) is used to reduce pulmonary vascular resistance and improve ventilation-perfusion mismatch. This study investigates the use of iNO in a tertiary PICU - Looking at evidence of objective assessment of its benefit (important for weaning/cessation of treatment), iNO costs £40/hour for the first 96 hours and free thereafter. Total spend in this tertiary Children's Hospital in the UK was approx £240,000 per annum in 2010–11

**Methods** All patients receiving iNO were identified. Data was collected prospectively from the bedside (hours on iNO) and retrospectively from case notes/electronic patient records.

**Results** 107 patient episodes were analysed; 63% were admitted for cardiac surgery and 66% received iNO for < 96 hours. Analysis focused on 52 patients over 6 months. Indication for iNO was documented in 75% of cases; 48% of these patients had an echocardiogram prior to iNO. Of those in whom the indication was Pulmonary hypertension 65% had an echo, 35% had no echo. 52% of these were cardiac surgical patients. In those in whom the indication was low oxygen saturations 36% had an echo and 64% no echo. Oxygen saturations and objective improvement measures were not routinely recorded in patient records pre/post iNO.

**Conclusions** Main indications for iNO were pulmonary hypertension (36%) or low oxygen saturations (27%). 48% of patients didn’t have an echo and oxygen saturations were not documented pre/post iNO. The use and effect of an expensive though potentially beneficial drug needs to be assessed and documented to justify its continued use.

**1704**

**CEREBRAL OXYGEN SATURATION AND EXTRACTION IN NEONATES WITH PERSISTENT PULMONARY HYPERTENSION DURING THE FIRST 72 HOURS OF LIFE**

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**Background and Aim** Persistent pulmonary hypertension (PPHN) is a life-threatening condition treated with high oxygen concentrations in inspired air (fiO₂). Little is known about the course of cerebral oxygen saturation (rSO₂) and extraction (FTOE) in neonates with PPHN. Our aim is to explore the course of rSO₂ and FTOE in neonates with PPHN during the first 72 hours of life.

**Methods** In term neonates with PPHN, rSO₂ was measured with near-infrared spectroscopy. Simultaneously, arterial oxygen saturation (SaO₂) was measured and FTOE was calculated. (SpO₂-rSO₂)/SpO₂; We obtained clinical factors such as pH, pCO₂, blood pressure, NO-therapy, sedatives and inotropics. We used Wilcoxon test and Spearman’s correlation to test significance.

**Results** We included six neonates (median GA 40+2wk, BW 3900g). RSO₂ increased from day 1 to day 2 (p=0.028) and FTOE decreased from day 1 to day 2 (p=0.027).

**Abstract 1704 Table 1** The course of rSO₂, SpO₂ and FTOE (median, range)

<table>
<thead>
<tr>
<th>Day 1</th>
<th>Day 2</th>
<th>Day 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>rSO₂</td>
<td>77.5 (50–88)</td>
<td>82 (54–94)</td>
</tr>
<tr>
<td>SpO₂</td>
<td>97 (92–99)</td>
<td>97 (88–99)</td>
</tr>
<tr>
<td>FTOE</td>
<td>0.19 (0.10–0.43)</td>
<td>0.12 (0.0–0.35)</td>
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</tbody>
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