BackChat.....

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Pain

For the past two years I've felt pain,
The last few months being the
main.

Why does it come but never go,
I don't think that I'll ever know.

Why has it took and destroyed my life?
Slowly cutting me down like a knife.
Why is there no pill or magic cure?
Why can't there be just something
more?

I'm 16 years old and my life has
disappeared,
With everyone looking at me as if I'm
weird.

I want to be positive but how can I be,
When even writing this, the pain is still
flowing through me.

No one told me that life would be so
hard,
For this illness has left me mentally
scared.

My family see me like this all the time,
Seeing everything taken away from me
that's rightly mine.

This pain I feel eats you up inside
It makes me feel sick,
I'm a time bomb waiting to burst
Tick, Tick, Tick.

Don't feel pity and remorse,
Don't make it be known.

Because you don't know what it feels
like,
Until you've been shown.

Other people out there are going
through the same thing,
But I hope the pain won't always
win.

We can't just let this go on forever,
As I'm nearly at the end of my tether.
Please God let everything turn out
alright,
Please shine upon us some of your
light.

For what we need is some support,
Our lives are here for you to sort.

What can I do, what can it be,
For my future I can not see.

All I know is that I'm not alone,
But my life is no longer my own.
I want to get on with my life and
work,
But my illness will always be there to
lurk.

Now you know how I feel,
And that this illness can take away my
will.
But I still have my family's love,
Either from down here or the sky
above.

Now it's time for me to go,
But first there's something you need to
know.
When you see someone in pain,
Don't look and stare and think they're
insane,
Look deeper into their eyes,
Look at them and think,
About the pain that's been inflicted on
their lives,
And your heart will sink.

Anne-Marie Evans (aged 16)

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