End stage renal disease due to bilateral renal malakoplakia

S Hegde, M G Coulthard

Malakoplakia typically affects the bladders of immunocompromised adults who have defective intracellular killing of Escherichia coli. Renal malakoplakia is rare in children and generally has a good outcome. In the case presented, however, it caused end stage renal failure in a 5 year old girl. The management dilemmas surrounding renal transplantation are highlighted.

M alakoplakia, meaning soft plaque, is an uncommon chronic granulomatous inflammatory disorder primarily affecting the urinary collecting system in immunocompromised or debilitated adults. It can also affect renal parenchyma and other sites in adults, and rarely in children. The underlying abnormality appears to be defective macrophage lysosomal digestion of phagocytosed bacteria, particularly coliforms. This leads to intracytoplasmic deposition of bacterial fragments within pathognomonic laminated basophilic calcifying bodies called Michaelis-Gutmann bodies.

We are aware of only eight paediatric case reports involving the renal parenchyma in the English literature (see table 1). Escherichia coli was cultured from the urine of all eight, and the blood of four. The first case died, and two with unilateral involvement were successfully treated with nephrectomy. Of the five remaining bilateral cases, three were treated with antibiotics alone, of whom one died and two made a full recovery. Two additionally received prednisolone, plus azathioprine in one case; both recovered fully. We report a unique case of bilateral renal malakoplakia producing end stage renal disease in a 5 year old girl.

CASE REPORT

A 5 year old girl was febrile, shocked, and encephalopathic after three days of bloody diarrhoea and two days of anuria. This presentation, plus her biochemistry (plasma creatinine 7.3 mmol/l, ionised calcium 0.6 mmol/l, and phosphate 3.2 mmol/l) and her haematology results (haemoglobin 88 g/l, white cells 16×10⁹/l, neutrophils 9×10⁹/l, platelets 89×10⁹/l) suggested haemolytic-uraemic syndrome, though she did not have a typical blood film. Investigations six months earlier for poor weight gain had shown normal urinalysis, full blood count, plasma creatinine, and blood pressure. Her older sister had had a ganglieneuroma resected at 5 years of age.

She was treated with fluid resuscitation, and intravenous cefotaxime before transfer to our unit for peritoneal dialysis. Computed tomography of her head, cerebrospinal fluid examination, and metabolic screen were normal. Blood culture grew Escherichia coli, but urine was not obtained before antibiotic treatment. Stool grew no pathogens. C reactive protein was raised at 459 mg/l. Renal ultrasound appearance changed over eight days from being slightly enlarged (78 mm long) with decreased corticomedullary differentiation, to being 88 mm long with a well defined right lower pole hypoechogenic mass which distorted the internal architecture. These findings were confirmed on computerised tomography, and the mass was biopsied. Most of the glomeruli were sclerosed, the tubules contained neutrophils and necrotic debris, and the interstitium was massively expanded by a cellular infiltrate (fig 1A) including abundant large histiocytes with eosinophilic cytoplasm that contained Michaelis-Gutmann bodies, diagnostic of malakoplakia (fig 1B,C). In view of this she underwent the following immunological tests, all of which were normal: plasma immunoglobulin and subclass concentrations, lymphocyte subsets, neutrophil and monocyte oxidative burst tests, and phagocytosis assessments.

Fifteen months later she remains dialysis dependent and is on-call for a renal transplant. She takes daily cotrimoxazole which has intracellular antibacterial activity, but no other specific therapy. She remains clinically well with no signs of malakoplakia elsewhere, nor evidence of susceptibility to other infections.

<table>
<thead>
<tr>
<th>References</th>
<th>Age (y)</th>
<th>Sex</th>
<th>E coli cultured</th>
<th>GFR impaired</th>
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<td>Ravel⁷</td>
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<td>−</td>
<td>+</td>
<td>+</td>
<td>Nephrectomy</td>
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<td>+</td>
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<td>Nephrectomy</td>
<td>Full recovery</td>
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<tr>
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<td>Prednisolone and azathioprine</td>
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<td>Methylprednisolone</td>
<td>END stage renal failure</td>
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*Medical therapy excludes antibiotic treatment, which they all received.
DISCUSSION

Childhood renal parenchymal malakoplakia is rare; our case is only the ninth in the English literature, and the first ever to develop end stage renal failure. Unlike the majority of adult cases, she had no malignancy, immunodeficiency syndrome, or autoimmune disease, and had not been receiving steroids or immunosuppressant drugs. Indeed, analysis of her leucocyte function showed no abnormalities of bacterial killing. Despite that, we felt it appropriate to give prophylactic cotrimoxazole to augment the intracellular bacterial killing.

However, we did not immunosuppress her with steroids or azathioprine as others have reported, because this has been implicated in the genesis of malakoplakia. Indeed, patients who developed malakoplakia while on immunosuppressive therapy for other reasons have been shown to have reversal of their clinical and leucocyte abnormalities after withdrawal of these agents. This poses a difficult management dilemma in our patient; renal transplantation is universally recognised to be the long term treatment of choice in children, but inevitably requires lifelong immunosuppression. If this can induce rare cases of de novo malakoplakia in the transplanted kidney and other organs of patients with no previous history of this condition, we fear that our child may be at particularly high risk of a recurrence of malakoplakia in the graft. Nonetheless, because of the much better quality of life that paediatric renal transplantation provides we plan to undertake this, using minimal immunosuppression, and long term cotrimoxazole.

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