Successful treatment with interferon alfa in infiltrating angiolipoma: a case presenting with Kasabach-Merritt syndrome

C Akyüz, S Emir, M Büyükpamukçu, N Büyükpamukçu, M Çağlar, G Kale, Ü Çalışkan

Arch Dis Child 2003;88:67–68

We report a case of infiltrating angiolipoma who presented with a large mass on the shoulder and the signs of Kasabach-Merritt syndrome. She improved dramatically within one month and the mass completely disappeared after six months of interferon treatment.

Infiltrating angiolipoma is a rare benign tumour characterised by infiltration of skeletal muscle by adipose tissue combined with angiomatous elements.\(^1\)\(^2\) Infiltrating angiolipomas are usually unresectable surgically. Curative surgery is very mutilating in most cases. There is no well known alternative treatment for such unresectable infiltrating angiolipomas.

Interferons have been used therapeutically in a number of angiomatous diseases such as hemangiomas. A beneficial response to interferon therapy in life threatening hemangiomas has been reported.\(^3\)\(^4\) We present a case of infiltrating angiolipoma who presented with thrombocytopenic purpura; interferon alfa was used to shrink the large mass on the shoulder.

CASE REPORT

A 2 year old girl was admitted to Selçuk University Hospital with painful swelling on the right shoulder and several ecchymotic lesions on her body. On examination, there was a 4x5 cm soft tissue mass surrounding the right shoulder and axillary region. The mass was tender and caused significant limitation of arm movement. There were many various sized purpuric and ecchymotic lesions over the trunk and extremities.

Complete blood count revealed significant anaemia and thrombocytopenia (haemoglobin 77 g/l, white blood cells 7.6×10\(^9\)/l, platelets 27×10\(^9\)/l). Blood smear findings were normal except for the absence of platelets. Bone marrow examination showed normocellular with an increase in megakaryocytes and erythroid hyperplasia. The coagulation profile revealed prolonged prothrombin and partial thromboplastin time, decreased fibrinogen, and increased fibrin degradation products. (prothrombin time 14.1 seconds; partial thromboplastin time 46.3 seconds; fibrinogen 2.7 \(\mu\)mol/l; fibrin degradation products >2000).

High dose methylprednisolone was initiated with the presumptive diagnosis of acute idiopathic thrombocytopenic purpura. The platelet count gradually increased after the first week of steroid therapy. The steroid dose was tapered and discontinued within two weeks. One month later she represented with complaints of a progressively enlarging mass on her shoulder and ecchymotic lesions on her body. Magnetic resonance imaging (MRI) showed an ill defined infiltrating solid mass with high signal intensity involving the anterior part of the right scapula, extending into the proximal metaphysis of the right humerus (fig 1). On pathological examination of incisional biopsy, the mass was seen to be composed of mature adipose tissue, fibrous bands, skeletal muscle cells, and vascular tissue. She was referred to our hospital for further evaluation and treatment. Pathological findings led to a diagnosis of angiolipoma.
Since the mass was considered unresectable, high dose methylprednisolone was restarted to shrink the tumour. Although the size of the mass and thrombocytopenia improved dramatically within two months, all the symptoms reappeared when the steroid dose was reduced. Interferon alfa-2a (Roferon) 3 million units/m³ three times a week was started. The platelet count increased gradually and the coagulation profile improved within one month. The mass reduced to 50% of its initial size within three months of treatment and completely disappeared after six months (fig 2). Interferon was discontinued in the ninth month of treatment. No recurrence was observed on follow up.

DISCUSSION
Infiltrating angiolipoma is a very rare subgroup of angiolipomas that shows infiltration to the skeletal muscle and fibrocollagenous tissue. Gonzalez-Crussi et al first described six cases of unencapsulated lipomatous lesions containing blood vessels, skeletal tissue, and deep peripheral soft tissue, called “infiltrating angiolipoma”. It is usually non-encapsulated or partially capsulated, and much more deeply located than other non-infiltrating forms. In the series of Lin and Lin, there were only two reported cases of infiltrating angiolipomas among 459 cases with various lipomatous tumours. The prognosis of infiltrating angiolipomas depends mainly on the site of the tumour. Since they usually infiltrate vital structures, complete resection of the mass is too mutilating in most cases.

It has been reported that some exceptional cases with angiolipoma could be misinterpreted as a hemangioma infiltrating the fat. The differential diagnosis of infiltrating angiolipoma should be made mainly with hemangiomas of the soft tissue. The former contains mature fatty tissue whereas there is no lipomatous component in the latter.

Some large, usually solitary, hemangiomas cause an entity known as Kasabach-Merritt syndrome. This is a coagulopathy characterised by a profound thrombocytopenia caused by platelet trapping within the lesion. It generally occurs early in the proliferating phase of a hemangioma and decreases when the hemangioma regresses. Our case had the clinical and laboratory properties of Kasabach-Merritt syndrome such as thrombocytopenia, purpura, and ecchymoses. It is known that Kasabach-Merritt syndrome appears mostly in large hemangiomas. The most striking difference in this case is the occurrence of Kasabach-Merritt syndrome in a different pathological diagnosis such as infiltrating angiolipoma. Systemic corticosteroid therapy is the classical treatment for problematic hemangiomas with associated Kasabach-Merritt syndrome. However, the response rate has been variable and complications have been common. The use of interferon alfa as a valid alternative therapy has been suggested for hemangiomas that are unresponsive to corticosteroids. It has been reported that many infants with hemangiomas responded to interferon after failing steroid therapy.

In conclusion, interferon may be considered in the treatment of various benign tumours containing vascular elements such as angiolipomas.

Authors’ affiliations
C Akyüz, S Emir, M Büyükpamukçu, Department of Pediatric Oncology, Hacettepe University Faculty of Medicine, 06100 Ankara, Turkey
N Büyükpamukçu, Department of Pediatric Surgery, Hacettepe University Faculty of Medicine
M Çağlar, G Kale, Department of Pediatric Pathology, Hacettepe University Faculty of Medicine
Ü Çalışkan, Department of Pediatrics, Selçuk University Faculty of Medicine, Konya, Turkey
Correspondence to: Dr S Emir, 58.sokak 41/6 Emek, 06510 Ankara, Turkey; emirs@ttnet.net.tr
Accepted 30 July 2002

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