Paediatric services

Managed clinical networks
S Cropper, A Hopper, S A Spencer

Multilateral collaboration as a basis for the future organisation of paediatric services?

The NHS plan1 opened by affirming the value placed on the NHS, while also casting a warning shadow: “The NHS is the public service most valued by British people . . . In an age when our lives and jobs are undergoing constant change, it is reassuring to know that the NHS is there and will take care of us in times of need . . . Yet, despite its many achievements, the NHS has failed to keep pace with changes in our society . . .”

Recent experience in the NHS has been of radical organisational change: acute trust mergers; the formation of primary care groups and primary care trusts; changes in commissioning arrangements. As policies set out in the NHS plan are translated into practical effect, changes to the structure and functions of NHS organisations are continuing apace. But the organisation of health service delivery is also changing, with improved access to care, clinical outcome, and patient experience of care as primary objectives.2

Within secondary health care in particular, one powerful tendency has been a movement toward subspecialisation in medicine, backed up by evidence that access to specialist opinion and skills improves quality of clinical outcome.3 Specialisation of function and concentration of activity tend, together, to indicate a centralisation of services, but the scale at which it becomes viable to provide specialist services varies. The redesign of organisations and services is made less sure because of a lack of relevant evidence or because evidence is inconclusive.4 As Smith reports “. . . it doesn’t make sense for hospitals serving 150,000 to try to provide all acute services . . . The surgeons are keen on hospitals that serve 500,000 . . . But such hospitals cannot make sense everywhere . . . Although there are no solutions, there are principles that can be agreed. Firstly, the whole exercise is about trading access, quality and cost. Each will have its own geography, existing services, problems, trade offs and values, making a universal solution impossible. Local decision makers must be free to create their own solutions, . . . and to think differently.”

Although merger of acute hospitals and of community health services has continued despite warnings that the intended benefits may not accrue,5 alternative approaches to service organisation are also being pursued. In Scotland, a review of acute services6 provided a strong vision and mandate to promote the development of what it termed “managed clinical networks”7. The Review sees the development of managed clinical networks as the most important strategic issue for acute services in the NHS in Scotland. Such distributed networks offer the best basis for equitable, rational and sustainable acute services, are flexible and capable of evolution, and allow greater emphasis to be placed on service performance and effectiveness. The concept is . . . presented here as an extension of a process of organisational change which has already begun.8

The purpose of this paper is to examine whether the concept of managed networks may be of value in planning the future development and organisation of paediatric services. The paper briefly reviews the concept and then draws on the experience of Partners in Paediatrics (PiPs), a group of paediatric service providers serving the area between the tertiary centres of Birmingham, Manchester, Liverpool, and Nottingham, to explore what is required to take the idea into practice.

MANAGED CLINICAL NETWORKS: WHAT ARE THEY AND WHAT IS THEIR RATIONALE?

Baker and Lorimer9 define a managed clinical network as “A linked group of health professionals and organisations from primary, secondary, and tertiary care, working in a coordinated way that is not constrained by existing organisational or professional boundaries to ensure equitable provision of high quality, clinically effective care . . . The emphasis is on the development of what it termed “managed clinical networks”7. The Review sees the development of managed clinical networks as the most important strategic issue for acute services in the NHS in Scotland. Such distributed networks offer the best basis for equitable, rational and sustainable acute services, are flexible and capable of evolution, and allow greater emphasis to be placed on service performance and effectiveness. The concept is . . . presented here as an extension of a process of organisational change which has already begun.8

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services management, including a less proprietary attachment to organisations, localities, and resources, development of cooperative thinking about service improvement, and a changed focus for performance assessment, a willingness to contribute to network development, and to tolerate uncertainty about precisely when and how investments will mature.\textsuperscript{31}

WHERE ARE THEY IN USE AND WHAT DO WE KNOW ABOUT THEIR VALUE? The reorganisation of cancer services,\textsuperscript{19} conceived originally in terms of a hierarchy (of cancer centres, cancer units, and other non-specialist providers), has led to a series of managed networks of provision. Resourced as a priority, the cancer networks have highlighted the need for strong leadership, clear management arrangements, widespread clinical involvement and support, and the formalisation of agreed arrangements for care.\textsuperscript{17 18} Key elements include an attempt to balance resources throughout the care route, so that the patients do not experience delay as a result of a shortage of resource at one point in the pathway—for example, imaging. Secondly, there is a major emphasis on using the skills of a wide range of different professionals with much more emphasis on nurse led care. The principle of managed networks has been applied to other services, such as cardiology, diabetes, and vascular surgery, including both acute and continuing care services. In each case, the intention is to ensure appropriate access to the range and level of specialist knowledge and practice required to ensure consistent quality of care. Little is yet known about the value of managed clinical networks as a means of improving care. In the case of cancer networks, the effectiveness of the policy in enabling the integration of multiprofessional inputs and the concentration on care of specialist practitioners by cancer site is currently being evaluated jointly by the Commission for Health Improvement and the Audit Commission.\textsuperscript{1}

WHAT IS KNOWN ABOUT THE ESTABLISHMENT OF MANAGED CLINICAL NETWORKS? Experience of establishing managed clinical networks suggests that, even where there is a strong rationale and mandate, “developing the network is . . . challenging”.\textsuperscript{14} Ferlie and Pettigrew\textsuperscript{14} emphasise the importance of network “animateurs”: for managed clinical networks, the lead clinician(s); and those involved in management support are likely to form a core executive group taking responsibility for the network management, including communication, project support, and management, and keeping a critical eye on purpose, action, and performance. For those concerned or charged with establishing a network, there are a number of issues to be considered.

An early, and potentially recurring, decision concerns the point at which boundaries should be drawn around the managed network. For specialist services, it may be appropriate to designate either local and/or regional networks. For complex care requirements, where a variety of health, social, and other care inputs are required, local networks may be of most appropriate—for example, Child & Adolescent Mental Health Services (CAMHS). Where care requires vertical links from general paediatric care to subspecialists, then the region may be the only viable scale at which all elements of the service can be included—for example, paediatric intensive care.

The structure of a network derives from definition of points of entry to care, points of care delivery, and the connections between. A key task is to set out the mechanisms and principles governing the relationships between points of care, as care pathways and guidelines. All professionals concerned and involved with care delivery are de facto members of the network. A key task for management of the network is to create a sufficient variety of opportunities for involvement in the planning/review of the network and the services it supports so that the network is maintained and developed. Indeed, the network should develop identity and visibility, although no one network is maintained and developed.

In the following section, we take the work of PiP, a wide area partnership of paediatric service providers, as a means of illustrating the possibilities for collaborative managed clinical networks for paediatrics.

PARTNERS IN PAEDIATRICS: A FRAMEWORK FOR COLLABORATIVE SERVICE DEVELOPMENT PiP covers the area bounded by the regional centres of Birmingham, Manchester, Liverpool, and Nottingham, and a total population of about 2 million (about 400 000 child population). Eighteen NHS trusts are subscribing members

### Table 1 Participating NHS Trusts

<table>
<thead>
<tr>
<th>Number</th>
<th>Trust Name</th>
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<tr>
<td>1.</td>
<td>Birmingham Children’s Hospitals NHS Trust</td>
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<tr>
<td>2.</td>
<td>Burton Hospitals NHS Trust</td>
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<td>3.</td>
<td>Cheshire Community Health Services NHS Trust</td>
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<td>4.</td>
<td>East Cheshire Hospitals NHS Trust</td>
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<td>5.</td>
<td>Manchester Children’s Hospitals NHS Trust</td>
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<tr>
<td>6.</td>
<td>Mid Cheshire Hospitals NHS Trust</td>
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<td>7.</td>
<td>Mid Staffs Hospitals NHS Trust</td>
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<tr>
<td>8.</td>
<td>North Staffs Combined Health Care NHS Trust</td>
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<td>9.</td>
<td>North Staffs Hospital NHS Trust</td>
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<td>10.</td>
<td>Princess Royal Hospital, Telford NHS Trust</td>
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<td>11.</td>
<td>Robert Jones &amp; Agnes Hunt Orthopaedic Hospital NHS Trust</td>
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<td>12.</td>
<td>Royal Liverpool Children’s Hospitals NHS Trust, Alden Hey</td>
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<td>13.</td>
<td>Royal Shrewsbury Hospitals NHS Trust</td>
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<td>14.</td>
<td>Royal Wolverhampton Hospitals NHS Trust</td>
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<td>15.</td>
<td>Shropshire Community &amp; Mental Health Services NHS Trust</td>
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<td>16.</td>
<td>Stoke North Primary Care Trust</td>
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<td>17.</td>
<td>Walsall Hospitals NHS Trust</td>
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<td>18.</td>
<td>Wolverhampton Health Care NHS Trust</td>
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</table>
The partnership was initiated in 1997 out of frustration with a health policy that encouraged competition between providers, and with the lack of service oversight. Regional planning had been very limited, local commissioners had had little time for, or understanding of, specialist paediatric services, and there had been few opportunities for involvement of paediatricians in the strategic planning of services. This remains the case—for example, the coding of specialist care as general paediatrics makes it difficult for purchasers to grasp the complexity of the services they are purchasing. Within this context, NHS trusts have maintained and developed services as they can. Service planning and development has been fragmented: for example, appointments to specialist posts, mainly in teaching hospitals, have tended to be made without asking what the effect would be on the delivery of local services. Even formal shared care arrangements, using a hub and spoke model such as in paediatric oncology, has often resulted in developments driven by the hub, leading to funding difficulties for the spokes.

Shortly after inception, PIP developed a statement of purpose and more detailed aims (table 2). Pooling information about the state of services provided within the partnership area led to identification of a short list of services that were shared priorities for improvement and which might be susceptible to joint action (table 3). After a year of informal working, PIP was formally constituted with a steering committee, officers, a business plan, and a working group for each project identified in the plan.22 PIP also has a budget, raised by subscription paid by member trusts.

Table 2 Partners in Paediatrics: Statement of Purpose and Objectives

<table>
<thead>
<tr>
<th>Purpose</th>
<th>The driving purpose of the partnership is to improve the quality and accessibility of services for children across the area served by the participating trusts</th>
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| Objectives | • to ensure the balance between general and specialist and local and centralised services is appropriate (service by service)  
  • to increase the likelihood of attracting and retaining high calibre clinical staff  
  • to develop a strategic, coordinated approach to commissioning and providing high quality children’s services |

Table 1 with both acute and community child health services involved.

Table 3 “Top six” service review priorities

1. Neonatal intensive care
2. Child protection
3. Child & adolescent mental health
4. Paediatric neurology, including epilepsy
5. Children’s surgery & anaesthesia
6. Paediatric gastroenterology

As its agenda essentially concerns the strategic development of services, PIP has sought commissioner involvement from an early stage. Although commissioners have shown a keen interest in the development of PIP current planning, mechanisms for commitment of resources—Health Improvement Programme & Service and Financial Framework—relate almost exclusively to service priorities and expected benefits to the populations served within districts. Mechanisms for funding service developments for managed clinical care across wider areas, especially when developed bottom up rather than top down have not yet been clarified. The further devolution of purchasing budgets to primary care trusts4 may mean it is still more problematic for wide-area initiatives, although the change in organisational arrangements indicated in Shifting the Balance of Power25 may provide an opportunity for PIP to have greater influence over the commissioning of specialist services.

One example of a PIP project is a review of the problems facing paediatric general surgery and anaesthetics within the PIP area.26 Clinical governance and lack of surgical training in paediatric surgery mean that children are increasingly referred from district general hospitals to regional centres where there is limited capacity to cope. Having examined the local situation, PIP was able to make a number of recommendations, including a managed approach across a large population. Subsequently the tertiary centres became actively involved in PIP and now there is joint ownership of the problem across secondary and tertiary care providers. A business case is under development to develop a model for the future of this service. Possible options under discussion include the possibility of appointing a specialist surgeon to a regional centre in order to develop outreach day case surgical lists.

It is in paediatric gastroenterology that PIP’s work is most advanced. The Royal College of Paediatrics and Child Health recommends a minimum of 2.00wte paediatric gastroenterologists for a population of the PIP area (over 2 million).27 At the outset, PIP had one specialist gastroenterologist, with very limited time available for the subspecialty and facing a very high demand for service. Having canvassed commitment to shared use of a specialist paediatric gastroenterology service across trust and...
district boundaries, PiP’s working group produced a business case for development of a “specialist paediatric gastroenterology centre” split between two trusts. With a survey of service users indicating willingness to travel for specialist investigations, but a preference for local access, a model of service was developed in which specialist services (providing centralised endoscopy and specialist outreach clinics) would overlay existing (but strengthened and specifically earmarked) general service provision in each locality. The business case was circulated to trusts and health authorities in the PiP area; responses were positive, although no financial support was forthcoming. An agreement between two member trusts to jointly host the specialist activity led to the use of existing resources to replace two consultant posts with joint appointments, each with specialist gastroenterology as a substantial component of the post. These posts include responsibility for the development of the service across the partnership area in the job plans.

Good, local access to endoscopy is a key feature of the proposed gastroenterology service and was the rationale for collaborative development of a business case. The business plan also argued that an appropriate mix of expertise in specialist nursing, dietetics, and psychology was a requirement within each local service. In a multidisciplinary conference to launch the network, staff from these groups had no difficulty in cataloguing problems with the existing service provision and in giving suggestions for improvement. Existing and future pathways of care for a number of common gastroenterological problems, such as constipation, abdominal pain, and failure to thrive, were taken as examples of the way local work may be developed. The workshop marks the beginning of this initiative. Each locality has been invited to elect lead professionals to interface with the new consultants. The idea is to create a more visible local network, or extended team of professionals, providing input to the specification of care pathways and guidelines. These must be appropriate to local circumstances. Unfortunately there is still a shortage of therapists in most localities to support the initiative. Showing where therapists are needed as part of managed care, and the consequences of not providing this, will help to argue the case for funding of these resources. Involvement of primary care trusts and primary care teams will be attempted at a local level.

CONCLUSION

PiP is developing into an organisation that can support the development of managed clinical networks. Balancing resources, multiprofessional working, crossing organisational boundaries, and developing appropriate guidelines and auditing practice are all central to current thinking about managed clinical networks.11 PiP has been able to champion such developments, but funding is still a real difficulty. Using gastroenterology as a worked example, PiP is moving towards the aspiration stated in the NHS plan “to develop health services around the patient” as an integrated package of care unconstrained by organisational boundary.

ACKNOWLEDGEMENTS

We thank all the trusts who are members of PiP members of the steering group, project leaders, and all those who have contributed to PiP events over the past four years. Without the cooperation of a huge number of people, this article could not have been written.

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with the 3 principal tertiary centres to which their geographical area relates. PiPs has developed as a framework of collaborative service planning, and has sensibly started by listing the service review priorities, and then proceeding to develop care pathways and guidelines which are essential pre-requisites of a clinical network. They have moved on to prepare a full business case for paediatric gastroenterology, replacing 2 existing consultant posts with joint appointments of 2 gastroenterology sub-specialists in spite of a lack of financial support. It is not clear whether the development in gastroenterology is part of a wider network with the regional centre(s). Paediatric surgery and anaesthesia have also been reviewed as part of a contribution to a wider regional review of children's surgery.

PiPs now includes the 3 tertiary centres, and one of the primary care trusts. The authors do not state whether other primary care trusts will participate, or if a lead commissioner for children's services is to be located in one of the primary care trusts. PiPs will need the support of the lead commissioning body/bodies if it is to set up effective managed clinical networks. Unfortunately in England the future arrangements for commissioning specialised services are at present unclear. The Department of Health document “Shifting the Balance of Power” describes a major change in commissioning arrangements in England with the abolition of the 95 District Health Authorities and their replacement by 28 Strategic Health Authorities, and delegation of the great majority of commissioning to primary care trusts. The 8 NHS regional offices will also be abolished. Most of the paediatric sub-specialities are relatively small, and need to be planned and commissioned for populations greater than those of an average Strategic Health Authority (1.5 million). The Department of Health has not so far indicated who will be responsible for commissioning such services, which will be too large for primary care trusts to commission, but too numerous to be commissioned through national specialised commissioning arrangements.

The development of a range of managed clinical networks, covering a range of paediatric sub-specialties presently appears to offer a solution to this problem.

However it will require the establishment of clear commissioning arrangements, and the appointment of strong, authoritative, but respected leaders for each managed clinical network, as well as the goodwill and sense of common purpose which presently drives the collaborative arrangements of PiPs.

I see the development of managed clinical networks as an exciting opportunity for clinicians to work together with other health professionals and the public to improve the quality and accessibility of services for children. However it must not be seen as a panacea or as a replacement for the current inadequate specialised commissioning arrangements. If an increasing number of specialised services are provided through managed clinical networks, a mechanism will be needed to ensure the development of sensible inter-relationships between networks, for example between Maternity Services and Neonatal Intensive Care, between Children’s services and Surgical and A & E services, and between individual paediatric sub-specialities and their corresponding adult specialities. In Scotland, Wales, and Northern Ireland there are separate arrangements for planning and commissioning specialised services, but in England it is presently not clear who will take responsibility for co-ordinating the complex inter-relationships required of specialised services.

Perhaps regional authorities would fit the bill?

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