LETTERS TO THE EDITOR

ECG and echocardiographic diagnosis of pulmonary thromboembolism associated with central venous lines

Error,—Pollard et al retrospectively studied 21 children with central venous lines for parenteral nutrition by electrocardiography and eight by echocardiography.1 They state that visualization of microemboli on V/Q scans has a low sensitivity for detection of major pulmonary emboli based on the PIOPED investigators’ study of 933 adult patients.2 The echocardiogram (ECG) criteria used by Pollard et al were based on a study of 49 adult patients of whom half were diagnosed by V/Q scan alone.3 Pollard et al describe their ECG findings as diagnostic of embolism and dismiss use of the V/Q scan. Their ECG based method cannot be regarded as more accurate than the technique used to validate it.

The study of Pollard et al presents ECG criteria for right ventricular strain as diagnostic of embolism without any validation. Corroboration of the diagnosis is available in only two children who had emboli at necropsy. In addition ECG criteria based on adult normal values were applied to paediatric patients, for example the frontal QRS axis at 5–7 years was +11 to +143 allowing a normal child to achieve a positive criterion.4 The V/Q scan has however been validated in paediatric populations,5,6 and one also suspects that the pulmonary angiogram is of limited usefulness in chronic microemboli, while most authorities regard it as the gold standard.7

Pollard et al assert that the echocardiogram is very sensitive in establishing the diagnosis of pulmonary embolism, whereas the originator of the echocardiographic criteria suggests that it is an initial investigative tool.7 Pollard et al’s reference to our own study8 is inaccurate in stating that 12 of 34 children had thrombosis visualised on echocardiography. In fact of the 12 children who had thromboemboli four were diagnosed only by V/Q scan with unremarkable echocardiograms, while eight had echocardiograms showing right atrial thrombus or pulmonary hypertension; in five of the eight V/Q scans showed clots. In two patients with indirect echocardiographic evidence of pulmonary embolism as the sole abnormality pulmonary embolism was diagnosed at necropsy.

Pulmonary embolism secondary to long term parenteral nutrition has been ignored too long. An increased awareness of this complication will improve patient care but only if a clear diagnostic and management strategy is available. Pollard et al’s study confines this issue and has given inappropriate prominence to ECG and echocardiographic diagnosis. These are valuable initial investigations which should lead on to V/Q scanning and if necessary to pulmonary angiography.

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Drs Pollard, Sreeram, Wright, Beach, Booth, and Kelly comments:
We are pleased that Dollery et al found our paper so stimulating but are disappointed that they seemed to have missed the point and are left confused by the use of the ECG and echocardiogram. Dollery et al draw attention to an important study comparing the sensitivity of ventilation perfusion scanning (V/Q), ECG and ECHO.1 Further scrutiny of this paper revealed that while the V/Q scan correctly identified only 29 out of 49 patients with pulmonary embolism, ECG and echocardiograms may pick up more cases than a V/Q scan we used echocardiographic information to draw attention to the fact that pulmonary thromboembolism is common in children with long term indwelling central venous lines and to advocate evaluation of preventative strategies. This view is supported by work previously published by Dollery et al,8 although we found a greater incidence of pulmonary embolism. We are grateful for the clarification of their study.
We have not dismissed the use of V/Q scanning or pulmonary angiography as they suggest and it is our practice to use these techniques in children. Without V/Q scan and echocardiography in appropriate clinical situations to establish a diagnosis of pulmonary thromboembolism. We think that the EEG and echocardiogram is helpful and possibly more sensitive than current ‘gold standards’ but there have been no prospective studies comparing these techniques with V/Q scanning and pulmonary angiography in children to confirm this. Without echocardiographic information we were unable to make recommendations regarding the place of any of these tests in routine investigation of such cases. We suggest that Dollery et al should also await results of prospective comparative studies before pronouncing judgment on our observations.
We agree that ECG and echocardiographic diagnosis of pulmonary thromboembolism requires further validation in children and Dollery et al will find this clearly stated in our paper. We did use age appropriate paediatric reference values for the analysis of ECGs and echocardiograms and again, this is stated in the methods. Use of adult normal values would have been inappropriate. Until prospective data are available, we believe that clinicians may well find information from these readily available, non-invasive investigations helpful.
We had hoped to stimulate interest in the prevention of pulmonary embolism in parenteral nutrition dependent children with small bowel. Our goal was to alert others to the problem and to use Dollery and her colleagues.9


Persistent nocturnal cough in childhood: a population based study

Editor,—The study by Ninan et al accepts that ‘it is now well established that in some cases isolated persistent cough may be the sole presenting manifestation of asthma’.1 However, this is a fact proved in two studies that the article refers to.2,3 However, at the same time Ninan et al try to discount isolated persistent nocturnal cough as a marker of asthma.2,3 This is clearly incorrect as this has been defined as a condition that has been present for at least three months.1 Consequentially those children with persistent nocturnal cough should have been defined as those who have had it for at least three months and not four weeks.

The second problem is relying on the parents’ history of persistent nocturnal cough. This is simply unreliable in our experience and has been proved in the small study by Falconer et al.4 This means that the reported persistent nocturnal cough is underestimated and inevitably has biased the results.

As we have suggested the diagnosis of asthma is easier when cough is associated with wheeze, shortness of breath and tightness in the chest, although, in fact, none of these symptoms individually or collectively is specific for asthma. For example, cystic fibrosis, bronchiectasis, tuberculosis, and other rarer conditions may present in a similar way. Detailed history including type of cough may help in the differential diagnosis. For example, dry cough is more suggestive of asthma. Other studies have relied on diagnostic tests to confirm or refute the diagnosis of asthma rather than relying on history alone.2,3

Unfortunately in this study no diagnostic tests were applied to the children with reported persistent nocturnal cough. We also would have liked to know if the symptoms of the 12% of the 27 children with it had been controlled by the preventative sadg medication for asthma.1 We therefore think it is rather misleading to discount persistent nocturnal cough as a marker of childhood asthma.

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Drs Ninan and Russell comment:
We thank Drs Madlon and Inglis for their comments. We would like to point out that the publication here is only a small part of a