

Birth weight and hospital admission before the age of 2 years

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Abstract

Admission rates to hospital of children born weighing 1500 g or less were compared with those born with birth weights over 1500 g in a retrospective analysis of routinely collected data from the Oxford Record Linkage Study. The children were born in the three five year periods 1968-72, 1974-8, and 1979-83 to women resident in Oxfordshire and West Berkshire. The main measures of the study were survival rates to 28 days after birth and hospital admissions of survivors up to the age of two years.

Among babies weighing 1500 g or less, neonatal survival rates rose from 350.2 per 1000 total births in 1968-72 to 577.4 per 1000 among births in 1979-83. Over the same period, the proportion of children admitted to hospital at least once before the age of 2 years rose from 218.6 per 1000 survivors to 444.4 per 1000. In the children with birth weights over 1500 g, survival rates rose from 985.5 to 995.9 per 1000 births and hospital admission rates rose from 98.2 to 144.4 per 1000 survivors over the same time period.

Although very low birthweight children did not contribute significantly to total hospital bed occupancy, because their numbers were small in relation to the total number of children in the population, their contribution increased between the five year periods 1968-72 and 1979-83. It should therefore be continuously monitored using routine systems.

Over the past 20 years, the survival rates of very immature babies have increased dramatically. As a result, many children who would have died in the past are now surviving and living healthy normal lives. Nevertheless, there has been speculation about the consequences of this increased survival in terms of overall levels of morbidity among the survivors. There is already evidence that the prevalence of cerebral palsy among low birthweight children is rising^{1 2} and also of an increase in less dramatic forms of morbidity among these vulnerable babies.³⁻⁵

Ideally, routine child health surveillance systems should be able to provide the information that is required to monitor the evolving situation in the light of continuing increases in the survival rates. Unfortunately, despite considerable investment of resources in planning and piloting these systems in the UK, those in use in England are not yet able to generate the standard information that is required on a national basis.

Five years ago, we reported the results of an

investigation which made use of the Oxford Record Linkage Study to examine trends in admission rates among very low birthweight and heavier children born in the two five year periods 1968-72 and 1974-8 in Oxfordshire and West Berkshire, to women living in those areas.⁴ Our analysis demonstrated a rise in the absolute and relative risks of hospital admission among very low birthweight children. The increase in absolute risk was largely accounted for by increased admission rates of babies with respiratory infections, structural defects, such as hernia, trauma and poisoning, and miscellaneous other conditions. In this paper we report an extension of our earlier analysis to the children born during the period 1979-83, during which there was a further increase in survival rates among low birthweight babies.

Methods

A detailed account of our study methods has already been published.⁴ The study used the Oxford Record Linkage Study to obtain routinely collected data.⁶ The database includes records of all births, deaths, and hospital admissions occurring in Oxfordshire and West Berkshire. Records relating to *all* babies weighing 1500 g or less at birth, together with those for random samples of heavier babies, were extracted from the maternity file. The analysis was restricted to babies born to women who both lived and delivered in the study area during the five year periods 1968-72, 1974-8, and 1979-83. In each of these quinquennia, approximately 6% of births to residents of Oxfordshire and West Berkshire took place outside the study area. These were not included in the analyses. In addition, it was not possible to trace admissions of children to hospitals outside the Oxford region. Copies of death certificates were obtained for all children who died under the age of 2 years.

An episode of hospitalisation was defined as an inpatient stay or a day case admission occurring after the initial discharge from hospital after birth, and at any time between 28 days and 2 years. Data on hospital discharges were extracted manually from listings of records of all discharges of children admitted before the age of 2 years, by matching on names and dates of birth. The data extracted included age at admission, duration of stay, and the diagnoses recorded on discharge from hospital. The hospitalisation rate was calculated as the number of discharges per 1000 children surviving 28 days after live birth. The diagnoses recorded on discharge from hospital were grouped into 11 cate-

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Table 1 Changes between 1968-72 and 1979-83 in the numbers of deaths and mortality rates among babies born to women living and delivering in Oxfordshire or West Berkshire, by birth weight

	Birth weight of 1500 g or less				Birth weight over 1500 g			
	1968-72	1974-8	1979-83	% Change in rate between 1968-72 and 1979-83	1968-72	1974-8	1979-83	% Change in rate between 1968-72 and 1979-83
Total births	614	379	433		67863	52751	56039	
Live births	523	295	354		67393	52468	55894	
Stillbirths*	191	84	79		470	283	145	
Early neonatal deaths†	(311.1)	(221.6)	(182.4)	-41	(6.9)	(5.4)	(2.6)	-62
Late neonatal deaths†	(470.5)	(335.6)	(242.9)	-48	(6.3)	(5.0)	(3.0)	-52
Postneonatal deaths†	9	15	18		90	76	60	
Deaths 366-729 days†	(21.2)	(50.5)	(50.8)	+140	(1.3)	(1.4)	(1.1)	-15
Deaths 730-900 days†	8	12	4		327	217	218	
Deaths 901-1095 days†	(18.9)	(40.6)	(11.3)	-40	(4.9)	(4.1)	(3.9)	-20
Deaths 1096-1290 days†	0	1	1		72	40	23	
Deaths 1291-1485 days†	(0.0)	(3.4)	(2.8)		(1.1)	(0.8)	(0.4)	-64
Live born babies surviving to 28 days†	215	181	250		66880	52132	55665	
	(350.2)	(477.6)	(577.4)	+65	(985.5)	(988.3)	(995.9)	+1

*Rates per 1000 total births shown in parentheses.

†Rates per 1000 live births shown in parentheses.

gories based on codes from the eighth and ninth revision of the *International Classification of Diseases*.^{7 8} As up to four diagnostic codes could be recorded for each episode, rates were based on the number of times a diagnostic grouping was mentioned.

It is possible that there were changes over time in the predisposition among paediatricians to admit children to hospital, their use of diagnostic labels, and the way that these were recorded. In an attempt to control for this, the admission rates of the very low birthweight babies were compared with those of the samples of bigger babies by estimating the odds ratios and their 95% confidence intervals.⁹

Results

CHILDREN BORN WEIGHING 1500 G OR LESS

Table 1 shows that the chance that a baby born weighing 1500 g or less in the years 1979-83 was 65% more likely to survive until the end of the neonatal period than a baby born in the period 1968-72. In contrast, table 2 shows that over the same period the rate of admission to hospital before the age of 2 years doubled, from 218.6 to 444.4 per 1000 survivors. As noted in our earlier paper the increased rate of admission between 1968-72 and 1974-8 was accounted for by an increase in the rate of admission of babies with infections, structural defects, trauma and poisoning, and miscellaneous 'other' conditions, among which, asthma predominated.⁴ Table 3 shows that, with the exception of structural

defects other than hernias, the same categories, and in particular infections and miscellaneous other conditions, contributed to the more substantial rise between 1974-8 and 1979-83 in the overall rate of hospitalisation. In addition, there were statistically significant rises in the admission rates for nutritional disorders, convulsions, and 'perinatal' conditions, which included bronchopulmonary dysplasia, the sequelae of necrotising enterocolitis, and haemolytic disease.

CHILDREN BORN WEIGHING MORE THAN 1500 G

Table 1 shows that between 1968-72 and 1979-83, there was a 1% increase in survival to 28 days after live birth among children born weighing over 1500 g. The overall rate of hospitalisation among such children born in the period 1974-8, shown in table 2, was somewhat lower than for similar children born during 1968-72. This change was largely explained by reduced rates of admission for congenital malformations, structural defects and other anomalies, and convulsions, shown in table 3. For children born from 1979-83, however, the overall rate of hospitalisation was 143.3 per 1000 survivors, substantially higher than the rate of 89.4 for children born in the period 1974-8. This rise reflected increases in all but two of the diagnostic categories, but was mainly seen in increased mentions of diagnoses of infections, malformations, convulsions, perinatal and other conditions, notably non-specific symptoms and signs.

Table 2 Numbers and rates of readmission by period of birth and by birth weight

	Birth weight of 1500 g or less			Sample of children with birth weight over 1500 g			Odds ratios associated with being very low birth weight (95% confidence interval)		
	1968-72	1974-8	1979-83	1968-72	1974-8	1979-83	1968-72	1974-8	1979-83
Total births	614	379	433	1202	742	924			
No of liveborn babies surviving up to 28 days*	215	181	250	1181	738	921	0.0096	0.0090	0.0044
	(350.2)	(477.6)	(577.4)	(982.5)	(994.6)	(998.7)	(0.0060 to 0.0152)	(0.0018 to 0.0135)	(0.0014 to 0.0140)
No of children rehospitalised†									
Once	47	49	111	116	66	132	2.57	3.78	4.77
	(218.6)	(270.7)	(444.4)	(98.2)	(89.4)	(143.3)	(1.76 to 3.74)	(2.50 to 5.72)	(3.50 to 6.51)
Twice	21	12	34	20	12	23	6.28	4.30	6.15
	(97.7)	(66.3)	(136.0)	(16.9)	(26.3)	(25.0)	(3.34 to 11.8)	(1.90 to 9.73)	(3.55 to 10.6)
Three or more times	12	12	24	5	2	7	13.3	26.1	13.87
	(55.8)	(66.3)	(96.0)	(4.2)	(2.7)	(7.6)	(4.62 to 38.0)	(5.79 to 11.8)	(5.9 to 32.59)

*Rate per 1000 live births shown in parentheses.

†Rate per 1000 babies surviving to 28 days shown in parentheses.

COMPARISONS BETWEEN TRENDS FOR CHILDREN WITH VERY LOW AND HIGHER BIRTH WEIGHTS

Table 4 shows that the overall odds ratio for rehospitalisation among low birthweight children compared with those born with higher birth

Table 3 Numbers of mentions of diagnostic categories on discharge records by birth weight (rates per 1000 survivors)

	Birth weight of 1500 g or less			Birth weight over 1500 g		
	1968-72	1974-8	1979-83	1968-72	1974-8	1979-83
Neonatal survivors	215	181	250	1181	738	921
No of children readmitted at least once	47	49	111	116	66	132
Diagnostic category						
Malformation	20 (93.0)	12 (66.3)	21 (84.0)	21 (17.8)	7 (9.5)	31 (33.7)
All structural defects	17 (79.1)	23 (127.1)	29 (116.0)	19 (16.1)	5 (6.8)	10 (10.9)
Hernia	14 (65.1)	18 (99.4)	27 (108.0)	13 (11.0)	2 (2.7)	6 (6.5)
Other anomalies	9 (41.9)	5 (27.6)	12 (48.0)	11 (9.3)	1 (1.4)	4 (4.3)
All infections	21 (97.6)	28 (154.6)	98 (392.0)	41 (34.7)	29 (39.3)	89 (96.6)
Upper respiratory infection	1 (4.7)	4 (22.1)	7 (28.0)	3 (2.5)	1 (1.3)	4 (4.3)
Chest infection	7 (32.6)	12 (66.2)	37 (148.0)	15 (12.7)	9 (12.2)	17 (18.5)
Trauma/poisoning	2 (9.3)	4 (22.1)	10 (40.0)	32 (27.1)	21 (28.5)	24 (26.1)
Nutritional deficiency/disorders	10 (46.5)	6 (33.1)	30 (120.0)	4 (3.4)	8 (10.8)	6 (6.5)
Convulsions	5 (23.3)	3 (16.6)	14 (56.0)	11 (9.3)	3 (4.1)	19 (20.6)
Perinatal conditions	4 (18.6)	2 (11.0)	27 (108.0)	2 (1.7)	1 (1.4)	8 (8.7)
Other/or-not known	15 (69.8)	21 (116.0)	64 (256.0)	22 (18.6)	14 (19.0)	35 (38.0)

Table 4 Odds ratios and 95% confidence intervals of readmission for very low birthweight children compared with heavier children for each diagnostic category

	Year of birth		
	1968-72	1974-8	1979-83
For all children admitted	2.57 (1.76 to 3.74)	3.78 (2.50 to 5.72)	4.77 (3.50 to 6.51)
For children admitted with:			
Congenital malformation	5.67 (3.01 to 10.65)	7.42 (2.8 to 19.12)	2.63 (1.48 to 4.67)
Structural defects	5.25 (2.68 to 10.28)	21.34 (7.99 to 56.99)	11.95 (5.74 to 24.90)
Hernia	6.25 (2.90 to 13.51)	40.62 (9.34 to 176.87)	18.46 (7.53 to 45.26)
Other anomalies	4.65 (1.90 to 11.35)	20.94 (2.43 to 180.35)	11.56 (3.69 to 36.16)
All infections	2.29 (1.74 to 5.20)	4.47 (2.59 to 7.74)	6.03 (4.31 to 8.43)
Upper respiratory infection	1.83 (0.19 to 17.72)	16.66 (1.85 to 149.93)	6.60 (1.92 to 22.74)
Chest infection	2.62 (1.54 to 6.49)	5.75 (2.34 to 13.87)	9.24 (5.10 to 16.72)
Trauma/poisoning	0.34 (0.08 to 1.42)	0.77 (0.26 to 2.28)	1.56 (0.73 to 3.30)
Nutritional deficiency/disorders	14.35 (4.46 to 46.20)	3.13 (1.07 to 9.13)	20.80 (8.55 to 50.58)
Convulsions	2.53 (0.87 to 7.36)	4.15 (0.83 to 20.74)	2.82 (1.39 to 5.70)
Perinatal conditions	11.18 (2.03 to 61.40)	8.23 (0.74 to 91.32)	13.82 (6.19 to 30.83)
Other	3.95 (2.02 to 7.75)	6.79 (3.38 to 13.64)	8.71 (5.60 to 13.54)

Table 5 Changes over time in the number of episodes and length of stay by birth weight

	Year of birth		
	1968-72	1974-8	1979-83
Average No of episodes/child			
≤1500 g	1.8	1.8	1.9
>1500 g	1.2	1.2	1.2
Median length of stay/episode (days)			
≤1500 g	4.8	3.5	4.2
>1500 g	3.6	2.8	2.1
Median length of stay/child (days)			
≤1500 g	7.6	4.9	6.1
>1500 g	4.5	3.1	2.3

Table 6 The contribution of very low birthweight children to total hospital inpatient stays by children aged between 28 days and 2 years

	Year of birth		
	1968-72	1974-8	1979-83
Birth weight 1500 g or less:			
% Of all children admitted	0.9	1.0	1.4
% Of all admission episodes	0.7	1.0	2.0
% Of all days spent in hospital	1.5	1.9	4.4

weights rose from 2.57 for those born in 1968-72 to 3.78 for those born in 1974-8 and 4.77 for those born in 1979-83. Among births in 1979-83, the diagnostic categories for which the odds ratios were highest, were structural defects and other anomalies, hernia, perinatal conditions, nutritional deficiency/disorders, and chest infections. Only in the case of nutritional and deficiency disorders was there a greatly increased risk of admission in 1979-83 compared with 1974-8 but this was still no greater than would be expected by chance. Within this category the most common diagnoses were 'failure to thrive' and 'feeding problems'.

For children born weighing 1500 g or less, table 5 shows no clear trends over time in the average number of episodes of rehospitalisation per survivor, or in the median length of stay, whether expressed per episode or per child. Among the children with higher birth weights, the average number of episodes of hospitalisation remained constant at 1.2 over the whole of the period studied. In contrast to the lack of any clear trend among children with very low birth weights, the median length of stay, per episode and per child, fell progressively. As a consequence of this, the contribution of children with very low birth weights to the overall numbers of inpatient stays has increased over the three periods as table 6 shows.

Discussion

Our results confirm that surviving very low birthweight babies are a vulnerable group of children who experience substantially higher levels of subsequent hospitalisation than heavier babies. Others have reported readmission rates of between 32 and 53% in the first year of life^{3 10 14} against a background of admission rates of between 10 and 15% for all children.^{14 15} Our findings are consistent with this range.

Between the five year periods 1968-72 and 1979-83 the rate of hospitalisation of very low birthweight babies who survived the first 28 days of life doubled, while their neonatal mortality fell by 65%. The rate of hospital admission among heavier survivors fell between the first two cohorts, but then rose in the cohort born in 1979-83. This latter finding is consistent with the results of a cross sectional study covering a much larger proportion of the population of the Oxford region but restricted to the two years 1975 and 1985.¹⁶ That study reported an increase in admissions of all children aged 0-14 years. This was mainly accounted for by a rise in admissions to *medical* as opposed to surgical specialities.

The contribution of very low birthweight

babies to the total use of hospital beds by children between the ages of 28 days and two years is small, as table 6 shows. It is increasing, however, and there is a possibility that this increased bed use may also continue beyond the second year of life. In 1979–83, 34% of the lighter babies were readmitted in the first year of life, compared with 9% of the heavier babies. In the second year of life, 10% of the smaller children but only 5% of the heavier group were readmitted for the first time. Data from the 1946 national cohort suggested that the higher rate of admission for very small babies did not persist after the second year of life.¹⁷ More recent data from the Scottish low birthweight study (L. Mutch, in preparation) shows a continued high rate of hospital admission between 2 and 4.5 years of age. By the age of 2 years, 23% of children who weighed under 1500 g at birth had been readmitted, but by 4.5 years this figure had reached 65%.

The contribution of children born weighing under 1500 g to all hospital admissions rose by 1.5 times from 0.9% in 1968–72 to 1.4% in 1979–83. This increase was lower than the 2.9-fold rise in their contribution to the total number of days spent in hospital.

There are several possible explanations for the increased rates of readmission among the cohorts of children born during the early 1980s. It has been suggested that the increase in the rate of hospital admission may reflect greater pressure from parents or general practitioners for inpatient care, or 'lower thresholds for admission resulting, in part, from the increased availability of beds because of the diminishing lengths of stay'.¹⁶ Although our study was designed to take account of changes in the threshold for admission within each of the paired cohorts, the data do not allow us to investigate changes in the threshold over time. It seems to us that this issue could only be addressed in studies that explore reasons for the decision to refer a child to hospital, and the admitting doctor's decision to admit the child. This cannot be ascertained retrospectively from routinely collected data.

Another possible contribution to the trends might be that doctors are referring and admitting to hospital children suffering from conditions that were not previously thought to be amenable to treatment. This notion does not receive support from the observed pattern of diagnostic categories, among which infections of the upper and lower respiratory tract dominated.

Lastly, the rising readmission rates may partly reflect a real increase in the prevalence of illness in these children. Even if this is so, it seems unlikely that child health has deteriorated to the extent implied by the rise in hospitalisation rates, particularly among the heavier group of children. As far as the very low birthweight children are concerned, however, this increase would be consistent with trends seen in other relevant data. Although the increasing survival of very low birthweight babies has been accompanied by an increase in the number of neurologically intact children in the population, the number of these children who have cerebral palsy has also been increasing.¹⁸ Furthermore it

has been reported that the chances of readmission are likely to be higher among children with a handicapping condition.¹⁴

Our analyses are set against the background of increased rates of admission for all age groups in the Oxford region¹⁹ and the debate about how these should be interpreted. For all children, it has been shown that although the number of admissions has increased, the total time spent in hospital has decreased.²⁰ Table 5 shows that whereas this is true for the heavier children in our study, there is no clear trend for the very low birthweight children.

Like ours, the studies of all admissions were based on data collected routinely and brought together as part of the Oxford Record Linkage Study. In theory, population based district information systems which district health authorities have been told to implement by April 1 1993²¹ should be able to provide similar information. Meanwhile, it has been shown that linkage of routine Körner data about successive hospital admissions is technically feasible,^{22 23} although use of readmission rates as an outcome measure of hospital inpatient care has been challenged.²⁴ Linkage between maternity data and subsequent hospital admission of babies poses an added problem, however, as does the incompleteness of Körner maternity data,²⁵ but the importance of overcoming these difficulties cannot be overemphasised.

CONCLUSIONS

Although very low birthweight children did not contribute significantly to total hospital bed occupancy because their numbers were small in relation to the total number of children in the population, their contribution increased between the five year periods 1968–72 and 1979–83. Future patterns should therefore be monitored continuously using routine systems:

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Pertussis (2): acellular vaccines and household contact

'Oh, come on', I said. 'How can they do it?' I said. 'What parents are going to agree to it? You can't conduct a placebo controlled trial of pertussis vaccine. Well, can you?' Yes, you can; and the reason why is mentioned as a casual passing comment, after five columns of print, by Jan Storsaeter and colleagues (*American Journal of Diseases of Children* 1992; **146**:167-72). Routine pertussis immunisation was stopped in Sweden in 1979 so no child in the trial was denied something the rest of the population was getting. If only they'd said that in their introduction they could have saved me a lot of adrenaline.

Nearly 4000 children aged 6 to 11 months were included in the trial. In each group of eight children three were given a two component Japanese acellular pertussis vaccine (JN1H-6), three were given a monocomponent acellular vaccine (JN1H-7), and two were given placebo injections. Each child received two injections two months apart. Previous studies using whole cell vaccines have shown rates of protection after household contact of 50 to 60% in Britain and 70-90% in the United States, the higher protection in the United States being possibly a consequence of the extended five dose course used there.

On follow up for at least 14 months after the second injection those who received placebo were more likely than those who were given a vaccine to suffer from pertussis. For the JN1H-6 vaccine the difference was highly significant ($p < 0.001$) but for the JN1H-7 vaccine it was less so ($p = 0.09$). After household contact culture confirmed pertussis occurred in 13 of 16 (81%) in the placebo group, seven of 26 (27%) in the JN1H-7 groups, and 10 of 19 (53%) in the JN1H-6 group.

The estimated vaccine efficacy after household exposure for culture confirmed pertussis was 35% for the JN1H-6 vaccine and 67% for the JN1H-7. For clinical pertussis with 21 days or more of paroxysmal cough the estimated efficacies were 58 and 82% respectively. These differences did not reach statistical significance.

Blood samples for serological tests were obtained from children and adults after household exposure but no association was found between serum concentrations of antibodies against pertussis toxin or filamentous haemagglutinin and the degree of protection. The authors conclude that the two component JN1H-6 vaccine is more protective against community exposure but there is no significant difference between the vaccines as regards protection after household exposure.