
This 2nd edition of Paediatric Endocrinology in the 'clinical paediatrics' series acknowledges the many recent advances in this field that have necessitated an expanded new version. In the foreword the reader is reminded that 35 years ago paediatric endocrinology in the USA was practised by only 15 paediatric endocrinologists from two training centres as opposed to over 500 certified paediatric endocrinologists from multiple training centres at present. In addition, the broad base of endocrinology is noted with skills in genetics, nutrition, gynaecology, and auxology being needed in addition to those in paediatric endocrine disease.

The book is divided into six parts dealing with aspects of childhood endocrine disease covering growth and growth disorders, adrenal and sexual development, thyroid disorders, problems related to calcium and phosphorus, diabetes mellitus and hypoglycaemia, and other endocrine disorders. The latter section contains seven chapters covering areas such as autoimmune endocrinopathies, neuroendocrine disorders, childhood obesity, and low renin hypertension in childhood.

There is a very welcome testing in children which provides extensive details of various endocrine procedures. Several of the protocols noted are for tests that are not used frequently and should provide a useful reference source. The final chapter on reference charts is also extensive but many of them are based on American standards. However, there are useful reference charts for penile length, muscle size in various stages of puberty, and a useful selection of disease specific charts for conditions such as Down's syndrome, Prader-Willi syndrome, achondrosplasia, and other skeletal dysplasias.

Having used this book as my main paediatric endocrine reference source for several weeks, I am impressed by the breadth of the information provided on several common and some restricted paediatric problems. This is a comprehensive review of the section on growth and growth disorders. The initial chapter on short stature gives a comprehensive review that would be valuable to the non-specialist paediatrician as well as to the specialist paediatrician for use as a source book. This chapter is based on the diagnostic work-up of the child with short stature. The section on short stature has become a major problem in our clinic in recent years. It is a very thorough review of topics of great interest to the specialist paediatrician in growth disorders.

The remaining chapters in this section covering areas such as psychosocial short stature, intrauterine growth retardation, failure to thrive, and excessive growth syndromes would be of interest to both specialist and non-specialist practitioners. The chapter on the psychological issues of short stature covers a subject that is rarely addressed in paediatric endocrine textbooks and provides a comprehensive review of the topic. It is also a reminder that the psychiatric appraisal and treatment of short stature has perhaps been overlooked and overshadowed the immense psychological problems that can occur with restricted height.

The main sections of the book cover their subjects in both a wide ranging and detailed manner making it difficult to comment on these in a short space. The chapter on phosphate homeostasis followed by a chapter on calcium/phosphate homeostasis is welcome.


This is a second edition of a magnum opus on ear, nose, and throat diseases and allied subjects in children. It is a fairly massive two volume, seven section, 1458 page work, almost entirely from North America. Of the two sections only one is of interest to the nephrologist. This one is Japanese. The remainder represent individuals with a wealth of otorhinolaryngological and paediatric experience from almost every centre of excellence in the United States. Interestingly, it is said to be aimed at all levels of medical staff from students, through house staff, paediatricians, and otolaryngologists, and there is certainly something for everyone in this edition. There is a bias in relation to otological disease, said by the authors to represent the most commonly occurring conditions treated by those who care for children. In many ways the otological emphasis also reflects the long term and wide ranging interest in ear diseases in children, originating in the Pittsburgh department where the authors are based. Few centres have contributed so much to the literature in relation to children’s ear disease as have Professors Bluestone and Paradise. There are new and interesting chapters on the very topical subjects of sleep apnoea and snoring and also on subacute stenosis and perilymphatic fistulae.

Generally speaking, each chapter is very well referenced and there are many selected references related to key figures which are annotated. This provides the reader with a means to explore more fully the surgical management of conditions that are discussed in the text. On occasion the discussions are not described in detail and are felt to lie outside the scope of the book. Most of the text is supported by clear, distinc-
tive, and helpful line diagrams and the medical artist deserves acknowledgment for this.

The text is arranged in a problem-oriented way and combined with an authoritative and comprehensive review of each subject. There are 100 page sections on craniofacial growth and on the neck and communication disorders. There are sections of 200 pages each on the nose and sinuses; on the face, orbit, mouth, pharynx and oesophagus; and finally on the larynx, trachea, bronchus, and oesophagus. More than 500 pages are devoted to ear and related structures. Within this section is a very comprehensive review of congenital anomalies of the ear.

There is absolutely no doubt that every ear, nose, and throat department must have this edition within their medical library. It is an essential reference book and, as claimed by the authors, it will provide points of interest and a means of stimulating the reader towards appropriate references for all aspects of ear, nose, and throat disease in childhood. Despite my enthusiasm for this book I was left wondering why not a single contributor was gleaned from the United Kingdom, Scandinavia, Australasia, or other centres where undoubtedly important contributions could have been found.

A RICHARD MAW
Consultant ear, nose, and throat surgeon


This book is destined to be a standard reference on the topic of graft versus host disease (GVHD) for the 1990s. The editors have drawn together from America, Europe, and Australia many of the foremost experts on GVHD to produce an attractive, well indexed, up to date book. At $210 it is expensive but good value for those working in bone marrow transplant units. As the number of paediatric disorders amenable to treatment with bone marrow transplant slowly increases, many paediatricians have become familiar with the chronic GVHD which sometimes ensues. For most paediatric department libraries this book would be an extravagance, but it would be worth a trip to the main library to consult if a question on the detailed management of GVHD arose.

The book is divided into two sections, each preceded by an introduction of eight pages which succinctly reviews the contents of each chapter. The first section of 300 pages, divided into 15 chapters, comprehensively reviews the animal experimental models which have perhaps proved more relevant to clinical transplantation than any other area of human disease. The next 400 pages deal with clinical aspects of GVHD in 24 chapters, providing a mine of information.

Is there nothing wrong with this book? Perhaps a lack of perspective, both in terms of the lack of an overview—the brief foreword by this year’s Nobel laureate for medicine might have been expanded to do this—and also from a paediatric viewpoint. The incidence and severity of GVHD is inversely correlated with age but its treatment with immunosuppressants has particular implications for children, especially in terms of growth. These aspects are well covered in separate chapters but a chapter bringing these and other aspects of GVHD related to childhood would have complemented this book nicely.

GARETH MORGAN
Senior lecturer and consultant immunologist


I approached this book with mixed feelings. Is there a place for yet another pocket handbook of paediatrics? On the other hand, the title suggested that this book might occupy an unfilled niche in paediatric libraries.

The book is mainly grouped into problems according to systems, but there are also sections on the approach to the healthy child, general problems, and behavioural problems. The book seems to be aimed much more towards acute problems rather than chronic outpatient disorders. Thus abdominal pain is considered largely under surgical diagnoses with little mention of chronic abdominal pain. Furthermore, in this, as in most of the sections there is no indication of the relative importance of conditions in a differential diagnosis.

There were a number of minor irritations in this book. Some of the diagrams, such as the one on the evaluation of anaemia, would be well beyond the visual acuity of anybody with incipient presbyopia. I also found some of the American terms rather obtuse, for example, stooping for defaecation.

Some of the recommended investigations reveal a definite difference in practice on the other side of the Atlantic, for example, recommending obtaining a catheter specimen of urine before suprapubic aspiration in infants with a suspected urinary tract infection. I was also surprised that electroencephalography was advised for all children presenting with seizures. Equally odd was the omission of the measurement of peak flow in the assessment of asthma. I doubt if many British paediatricians would advocate parents administering ipecacuanha unsupervised to their children at home, and yet this advice is given under the parental instruction guide.

Overall I found this an unhelpful book. There are many other pocket handbooks of paediatrics that I would recommend rather than this book. Despite the criticisms I gleaned at least one new fact from this book—that the black widow spider is a cause of abdominal pain, but, alas, the pathogenesis of this was not explained in the text!

ANDREW BOON
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