Acute lymphoblastic leukaemia presenting with raised intracranial pressure

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**Summary** A child presented with raised intracranial pressure for which no cause was established. Five months later a further cerebrospinal fluid examination showed lymphoblasts expressing the common acute lymphoblastic leukaemia phenotype. Bone marrow infiltration was not present. This case illustrates the difficulties that may be encountered in establishing the diagnosis of central nervous system leukaemia.

The central nervous system is a common site of relapse of childhood acute lymphoblastic leukaemia.

These patients frequently present with features of raised intracranial pressure and excessive weight gain—the 'hypothalamic syndrome'. The diagnosis is usually made on clinical grounds and by the presence of lymphoblasts in the cerebrospinal fluid, although occasionally no cellular infiltrate is found. We describe a child presenting with features typical of central nervous system leukaemia in whom the diagnosis was not initially established due to the absence of leukaemic cells in the cerebrospinal fluid or peripheral blood.

**Case report**

A 10 year old boy presented with a six week history
of frontal headache, vomiting, blurred vision, and ataxic gait with a tendency to fall to the right. Physical examination showed papilloedema, bilateral VI cranial nerve palsy, generalised limb weakness, and symmetrically diminished limb reflexes. The peripheral blood count and white cell differential count were normal; haemoglobin was 11.8 g/dl; white cell count 10.8 x 10^9/l; platelets 260 x 10^9/l; and differential white cell count: neutrophils 9.4 x 10^9/l, lymphocytes 1.3 x 10^9/l, monocytes 0.1 x 10^9/l. A skull radiograph showed some splaying of the coronal suture with loss of definition of the anterior aspect of the dorsum sellae consistent with raised intracranial pressure. Two cerebral computed tomograms were performed and showed no abnormality. Other investigations including a myelogram, nerve conduction studies, blood lead estimation, and urinary delta amino laevulinic acid excretion were all normal. Examination of the cerebrospinal fluid showed a raised protein value at 6 g/l, but a normal glucose concentration (4.5 mmol/l) and normal white cell count (2/µl). A cytopsin examination of the cerebrospinal fluid showed only a few neutrophils and lymphocytes. Bacterial and acid fast cultures were negative. No definitive diagnosis was made.

The raised intracranial pressure was treated symptomatically with a four week course of dexamethasone (8 mg/day) which alleviated the headache and ataxia. The patient was observed regularly as an outpatient and two further computed tomograms were performed; both were normal. Four months after the initial presentation the symptoms of headache and vomiting recurred. Physical examination now showed early optic atrophy, grossly reduced visual acuity, and proptosis of the right eye. He had had an excessive weight gain of 10 kg in the previous four months. A lateral skull radiograph showed complete erosion of the pituitary fossa with diastasis of the coronal suture but a further computed tomogram was again normal. A second cerebrospinal fluid examination showed a turbid fluid with a raised protein concentration (5 g/l), a decreased glucose concentration (1.5 mmol/l), and a white cell count of 3090/µl. Cytologic examination indicated that most of the cells were lymphoblasts.

Surface marker analysis of the cerebrospinal fluid blasts was performed. More than 90% of the cells expressed the phenotype of common acute lymphoblastic leukaemia (cALL+; TdT+ Ia+). Other laboratory investigations included: haemoglobin 14.3 g/dl, white cell count 6 x 10^9/l, and platelets 242 x 10^9/l. The differential white cell count was normal with no blasts present. Bone marrow aspirate and biopsy showed a normocellular marrow with no evidence of leukaemia. Surface marker analysis of the bone marrow showed the complete absence of TdT+ cALL+ cells.

The patient was treated with remission induction therapy according to the Medical Research Council UKALL VIII schedule for acute lymphoblastic leukaemia presenting with central nervous system involvement; this included intrathecal methotrexate followed by craniospinal irradiation (24 Gy). Treatment was accompanied by the rapid relief of symptoms and an improvement in gait and visual acuity. Lymphoblasts disappeared from the cerebrospinal fluid. The patient remains in continuous complete remission on standard maintenance treatment 24 months after diagnosis.

Discussion

This child had an unusual presentation for common acute lymphoblastic leukaemia and the diagnosis proved difficult. The initial presentation was with a six week history of symptoms of raised intracranial pressure. At that stage examination of the cerebrospinal fluid showed no cellular infiltrate, although there were minor biochemical abnormalities. The correct diagnosis was only established five months later after a second cerebrospinal fluid examination showed large numbers of common acute lymphoblastic leukaemia positive, TdT positive lymphoblasts. At this stage there was no evidence of bone marrow infiltration either by morphological or immunological analysis.

Evidence of central nervous system involvement at presentation is found in about 5% of children with acute lymphoblastic leukaemia, and it is frequently associated with a high peripheral blast cell count. This patient is unusual in that he developed features of central nervous system leukaemia in the absence of identifiable lymphoblasts in the cerebrospinal fluid or in the peripheral blood.

Despite the finding of a normal peripheral blood and white cell differential count, we cannot exclude the possibility of bone marrow involvement by acute lymphoblastic leukaemia at the initial presentation, and can only surmise that this child may have had purely extramedullary disease. Steroids alone can induce a remission in approximately 50% of these children and it is possible that the four week course of dexamethasone given to relieve the symptoms of raised intracranial pressure could have induced a bone marrow remission. Despite these reservations, this case raises interesting questions concerning the nature of extramedullary leukaemia which is normally regarded as occurring secondary to haematogenous spread which in this particular case was never documented.
This patient illustrates that neurological problems can occasionally be the presenting feature of acute lymphoblastic leukaemia. The diagnosis of central nervous system leukaemia should be considered in cases of unexplained raised intracranial pressure or cranial nerve palsies, even in the absence of a cerebrospinal fluid infiltrate. In these cases a thorough and if necessary repeated examination of the cerebrospinal fluid is required, which should include membrane marker studies, as it was only these diagnostic techniques that enabled us to make a precise diagnosis in this case.

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References

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Investigation of the ‘satisfying’ quality of infant formula milks

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SUMMARY The ‘satisfying’ quality of a typical, current formula milk was compared with that of an earlier type with higher protein and mineral content in a double blind, cross over trial in 10 infants. There were no significant differences in the amount of crying or volume consumed which meant that there was a higher sodium and protein intake but no associated improvement in ‘satisfaction’.

Feeding problems in infancy are among the most common encountered in baby clinics and paediatric departments. Many infants seem dissatisfied with their feeding and cause distress by their frequent crying. Although this kind of behaviour often results from a variety of different disturbances of mothering, it is usually perceived by the mother to be a problem of inadequate or unsuitable feeds. She therefore changes the type of feed, often several times,1 sometimes encouraged in this by professional health workers. There is also a ground swell of opinion, unrefereced but recognised by all who work in the field, that the older infant formula milks were more satisfying than the current highly modified low solute formulas, perhaps because of their higher protein content, or because their protein was predominantly casein. With this in mind we designed a study to investigate infant feeding behaviour on two different formulas, one an example of current manufacturing practice and one from the previous generation—safely low in solute content but still containing notably more protein (mainly casein) and electrolytes than is the current fashion.

Patients and methods

Infants. Ten infants were studied in a double blind, cross over experiment. The infants were term and of normal birthweight. They were recruited on the postnatal ward on the basis that their mothers wanted to bottle feed them and were willing to take part in the study. Their mothers gave fully informed consent and the study had ethical approval. The infants were started on one or other of the trial formulas before discharge home.

Formulas. Details of the two formulas are given in Table 1. They were supplied as ready to feed liquid preparations in containers marked only with a week number (from 1 to 8). Unconsumed feed was retained for measurement so that daily intakes could be calculated.