BOOK REVIEWS

Organic illness is diminishing. The well-nurtured child often presents psychosomatic problems. Clinical and psychiatric views must be correlated. The book convinces one that the good doctor must understand psyche and soma.

The first edition of this well-known book was published in 1945 and a new edition has appeared almost every three years. The whole book has been revised and the chief alterations are to be found in the chapter on complications, so that sections on atelectasis, kernicterus, staphylococcal infections and antibiotics have been rewritten, as also the chapter on mortality due to prematurity.

There are eight chapters dealing with definition and characteristics, management and care, hospital care, home care, clothing, feeding, complications liable to occur in the premature baby, and prevention of mortality due to prematurity; and finally there is an Appendix with statistics from the Sorrento Maternity Hospital. The titles sound simple, but there is a wealth of information, and for those who want more there are good references at the end of most chapters. This book is small, well printed and very easy to read, and reasonably priced; and all those many people interested in and working with small babies should possess this new edition.

Since it is hoped that there will be new hospitals, it would be most helpful if someone like Dr. Mary Crosse would devote a chapter to the problem of the creation of a new premature or special baby care unit, perhaps in the next edition.

This excellently produced book contains over 100 scientific papers from 40 countries, presented at an international goitre conference. As indicated in the title, the stress is heavily on research; and nowadays in the thyroid field that involves the use of isotopes, mainly $^{131}$I. Paper after paper deals with some investigation carried out with this material, and this makes for difficult reading by those unfamiliar with the necessary techniques. A great deal of the work is concerned with the biochemistry of the iodine-containing compounds present in the thyroid, and this is wellnigh unintelligible except to the experts who use this vocabulary as an everyday tool. The book is intended for specialists and for them it will be invaluable. No need to search the ‘relevant literature’, it is all here. A good deal of the research reported is repetitive; and this enhances its value to the expert, for similar results obtained from three or four widely separated countries are very unlikely to be at fault. It is a measure of the complexity of the subject, that, in spite of the massive endeavour herein documented, so much still remains to be discovered, e.g. we still do not know just how thyroxin exerts its specific effect.

There are a few papers of interest even to the clinical paediatrician: two of them are on simple goitre with congenital deafness (Pendred’s syndrome); a perplexing contribution on the persistence of hyperthyroidism even after complete destruction of the pituitary; a study of exophthalmos in Graves’ disease, demonstrating that thyrotoxicosis and the eye changes are entirely independent of each other; an interesting series of papers on endemic goitre from different regions: Sheffield, Argentine, Switzerland, Jugoslavia; a collection of 556 thyroid carcinomata in children, and a couple of fascinating (but difficult) articles on endemic cretinism, which show that lack of iodine and aplasia of the thyroid are by no means the whole story and that somecretins are actually euthyroid.

In addition to the scientific contributions, the book includes the presidential address, an historical survey by the late president of the American Goiter Association, and the Dunhill Memorial Lecture. This latter, by Sir Geoffrey Keynes, is a labour of love and a joy to read.

In order to keep its public abreast of recent developments in therapeutics, the British Medical Journal has for some time contained a weekly contribution dealing with some aspect of newer drugs and their administration. These have now been brought together in one volume obtainable for 35s. Without being exhaustive, the contributors have contrived to cover a large section of the treatment of medical conditions. This collection of papers, therefore, will find a ready public which can bring itself up to date with the minimum of trouble on the treatment of a great number of conditions with many therapeutic agents. Of particular interest to paediatricians are articles on ‘Sedatives for Children’ by R. S. Illingworth, ‘Pneumonia in Children’ by W. F. Gaisford, and ‘Paediatric Prescribing’ by the latter. While they will not benefit in their speciality by reading the article on ‘Prescribing for Old People’, they will, nevertheless, in most of the sections find a great deal that bears on their subject or which has direct application to children and childhood diseases.

This book from the Gothenburg obstetric hospitals illustrates the benefits of sharing a complex problem between various disciplines. Four differently treated large groups of pregnant diabetic women are compared; the best results, both for mothers and children, were obtained by team work, with consistent and strict supervision and meticulous control of the diabetic state