

Nutrition in Childhood

Considerable deviations in weight from the average do not necessarily indicate malnutrition in children. Several distinct causes may, however, produce severe emaciation. Organic diseases, such as coeliac disease or persistent vomiting, result in symptoms of malnutrition. Weight may be lost rapidly, although only temporarily, by toddlers who go through a phase of refusing food. In a very small proportion of children in this country poverty and malnutrition are still associated. These children who are in poor general condition improve quickly when dietary supplements or optimum diets are given.

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Literature on request

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