

## Appendix 2: CASP Checklists (Critical Appraisal Skills Programme (2018))

### CASP Qualitative Checklist

1. Was there a clear statement of the aims of the research?
2. Is a qualitative methodology appropriate?
3. Was the research design appropriate to address the aims of the research?
4. Was the recruitment strategy appropriate to the aims of the research?
5. Was the data collected in a way that addressed the research issue?
6. Has the relationship between researcher and participants been adequately considered?
7. Have ethical issues been taken into consideration?
8. Was the data analysis sufficiently rigorous?
9. Is there a clear statement of the findings?
10. How valuable is the research

### CASP Cohort Study Checklist

1. Did the study address a clearly focussed issue?
2. Was the cohort recruited in an acceptable way?
3. Was the exposure accurately measured to minimise bias?
4. Was the outcome accurately measured to minimise bias?
5.
  - a. Have the authors identified all important confounding factors?
  - b. Have they taken account of the confounding factors in the design/ analysis?
6.
  - a. Was the follow up of subjects complete enough?
  - b. Was the follow up of subjects long enough?
7. What are the results of this study?
8. How precise are the results?
9. Do you believe the results?
10. Can the results be applied to the local population?
11. Do the results of this study fit with other available evidence?
12. What are the implications of the study for practice?