Conclusion As a core group, we have established a well-functioning general paediatric asthma clinic. The operation of the asthma clinic enabled us to deliver high quality care to our patients by adhering to national standards. The benefits of having ANPs (in permanent posts) to lead the clinics, has ensured its sustainability and efficacy as it is managed by highly experienced and senior clinicians. The clinic was specifically designed with longer clinic time slots, to focus on education and assessment which in turn led to achieving the national targets of Childhood Asthma management. We will continue to assess the asthma clinic, utilising the PDSA cycles, to make improvements and adaptations, thus striving for excellence in delivering paediatric asthma care.

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REACH – SETTING UP A NEW TRAINEE-LED RESEARCH NETWORK

Aims
Background The involvement of trainees in research in paediatrics is dependent on individual enthusiasm and access to appropriate opportunities and support. These are affected by the frequency of rotations, the demands of busy paediatric training jobs and a lack of guidance on how to get involved. The relatively new RCPCH academic tool-kit goes some way to providing support and guidance and the college’s Trainee Research Network initiative aims to support existing trainee research networks and facilitate collaborative working regionally and nationally. Trainee ownership and leadership of collaborative multi-centre governance and research projects provides trainees with research skills mandated by the RCPCH Progress curriculum and as well as opportunities for peer networking and steering of research priorities.

Whilst over the past 5 years several trainee-led research networks have been set up, there are gaps across the country. Arguably, the most successful are those focusing on sub-specialty projects with General Paediatrics falling behind.

Objectives We set out to establish a pan-London, trainee-led network that exists to support the conception and coordination of multi-centre research, audit and service evaluation projects to answer relevant general paediatric clinical questions. Additionally, this initiative provides opportunities for trainees to develop research competencies.

Methods Founding trainees sought experiences of existing trainee network organisations active in research and clinical governance. Subsequently, a working group was assembled by promotion on social media and through the regional trainee network. A group of 16 interested trainees from ST1 through to ST8 was formed and initial meetings were held monthly in May-Dec 2021.

The working group divided into 3 smaller subgroups:

1. Guidance documents & first project development
2. IT & communications
3. Trust network set-up

The group was overseen by a set of co-chairs ranging from ST4-ST8 and senior consultant support.

Results The working group set to work on the 3 main workstreams and developed an initial set of resources which included:

1. Guidance documents & first project development:
   - Constitution
   - Project proposal form
   - Standard operating procedure guidance for projects
2. IT & communications:
   - Branding including network name and logo
   - Social media presence
   - Website 1 and dedicated email address
3. Trust network set-up:
   - Review of regions and hospitals with collation of potential local stakeholders and consultants leads
   - Plan for recruitment of interested trust leads

In parallel the working group conducted successive brainstorming exercises of potential first projects, taking into account the outputs of other trainee networks, feasibility and current views on research priorities. Additionally, in recognition of the need to hear parent and patient as well as pan-region trainee voices, links to patient and public involvement (PPI) organisations are being established and a priority setting exercise is planned for 2023. A central committee was formed in December 2022.

Conclusion The London REACH – Research, Evaluation and Audit for Child Health – network collaborative established its central committee, core guidance documents and communication infrastructure. A first regional trainee-led multi-site project will be conducted in 2022.

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PLAY NICELY: CIVILITY ON THE CHILDREN’S WARD

Gemma Gough, Lynn Diskin. Royal United Hospital NHS Foundation Trust, Bath

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