Supplemental Table 3: Associations between demographic characteristics or BMI category and attempts to lose weight

<table>
<thead>
<tr>
<th></th>
<th>OR</th>
<th>95% CI</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Year of survey</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.01</td>
<td></td>
<td></td>
<td>&lt;0.001</td>
</tr>
<tr>
<td><strong>Age</strong></td>
<td>1.14</td>
<td>1.12</td>
<td>1.15</td>
</tr>
<tr>
<td><strong>BMI category</strong>*</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Underweight</td>
<td>0.12</td>
<td>0.05</td>
<td>0.27</td>
</tr>
<tr>
<td>Overweight</td>
<td>2.94</td>
<td>2.60</td>
<td>3.31</td>
</tr>
<tr>
<td>Obesity</td>
<td>6.96</td>
<td>6.31</td>
<td>7.69</td>
</tr>
<tr>
<td><strong>Gender</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls</td>
<td>1.73</td>
<td>1.63</td>
<td>1.84</td>
</tr>
<tr>
<td><strong>Ethnicity</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Asian</td>
<td>1.56</td>
<td>1.38</td>
<td>1.75</td>
</tr>
<tr>
<td>Black</td>
<td>1.59</td>
<td>1.34</td>
<td>1.89</td>
</tr>
<tr>
<td>Other &amp; mixed</td>
<td>1.22</td>
<td>1.05</td>
<td>1.42</td>
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<tr>
<td><strong>Household income levels</strong></td>
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</tr>
<tr>
<td>Q1</td>
<td>1.36</td>
<td>1.22</td>
<td>1.53</td>
</tr>
<tr>
<td>Q2</td>
<td>1.27</td>
<td>1.13</td>
<td>1.43</td>
</tr>
<tr>
<td>Q3</td>
<td>1.19</td>
<td>1.06</td>
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<tr>
<td>Q4</td>
<td>1.07</td>
<td>0.94</td>
<td>1.21</td>
</tr>
</tbody>
</table>

*BMI for age z-score; CI, confidence interval; OR, odds ratio; Q1(<=GBP11,676.65), Q2(>GBP11,676.65<=GBP19,117.65), Q3(>GBP19,117.65<=GBP27,704.92), Q4(>GBP27,704.92<=GBP47,794.12) and Q5(>GBP47,794.12). Estimates from univariate logistic regression model. Each coefficient shows the OR of trying to lose weight compared with the reference category. Reference groups for categorical variables; boys, Whites, >GBP47,794.12, and normal BAZ classification. For age and survey year, the OR is per increasing year. P < 0.05 to denote statistical significance.