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RETROSPECTIVE ANALYSIS OF PATIENTS WITH TRANSIENT HYPOTHYROIDISM OF PREMATURE: SINGLE CENTER EXPERIENCE

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Transient hypothyroxinemia of prematurity (THOP) is defined as low level of circulating thyroid hormones, despite low or normal thyroid stimulating hormone (TSH) level and detected in 35-50% of premature infants. There is no consensus on the management of THOP. Our aim was to evaluate the incidence and clinical characteristics of patients with THOP in the tertiary neonatal intensive care unit (NICU), and the rate of L-T4 treatment.

Premature newborns delivered at 24-34 wks of gestation, followed in NICU of Cerrahpasa Medical Faculty between January 2014-December 2019 were involved.

Thyroid function tests were performed between 10-20 post-natal days. Thyroid function tests were evaluated according to the gestational age references.

Among 181 infants, 52.5% (n=95) were male. Mean birth weight was

1424.85±522.58 gr. Mean duration stay in NICU was 45.2±28.7 days. Thyroid function tests were euthyroid in 47.5% (n=86) of the patients.

Hypothyroxinemia of prematurity, primary hypothyroidism and subclinical hypothyroidism were diagnosed in 45.8% (n=83), 4.9% (n=9) and 1.6% (n=3), respectively. The infants were subdivided into gestational age groups as follows: 24-27 wk, 28-30 wk, 31-34 wk. Sixty four% (n=53) of the infants with THOP were male. Mean birth weight and gestational week were significantly lower in the hypothyroxinemic group than euthyroid group. The frequency of THOP was 70% (n=26) in 24-27 wk; 58% (n=28) in 28-30 wk and 35% (n=29) in 31-34 wk. L-T4 was given to 43% (n=36) of the patients with THOP.

Treatment initiation rate was 62% (n=16) in 24-27 wk, 54% (n=15) in 28-30 wk and 17% (n=5) in 31-34 wk. As the gestational week increased; incidence of THOP and the rate of treatment initiation decreased. Serum FT4 levels were lower in the treated group, but no difference was observed in terms of TSH levels. The low limit of FT4 to start treatment was determined as 0.72 ng/dl (specificity 100%, sensitivity 33%). It was observed that the need for supportive treatment was more in the treated group.

In our study, it was observed that the prevalence of THOP increased as the gestational week and birth weight decreased. In addition, it was found that the rate of patients with low FT4 level requiring L-T4 treatment increased as the gestational week decreased and comorbid diseases increased.

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TRANSPORTATION OF CHILDREN BORN WITH SEVERE ASPHYXIA FROM MEDICAL INSTITUTIONS OF THE FIRST AND SECOND LEVEL OF THE PERM REGION TO A SPECIALIZED CENTER

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Objective to evaluate the results of early transportation to a specialized center of children born with severe asphyxia in level I and II medical institutions.

Methods the medical histories and transport maps of 20 children born with severe asphyxia in medical institutions of the first and second level of the Perm Region and transported to the neonatal intensive care unit of the GDKB PR number 13 in 2020 were analyzed. Transportation was carried out by the resuscitation team of the department of emergency advisory medical care of the Perm regional children clinic hospital. **Results** 19 (95% of children) were full – term, 1 – premature (at 35

weeks) – 1 (5%); the average body weight was 3363.9 ± 15.6 g. All patients were on a mechanical ventilation of lungs from the birth. Taking into account the severity of the condition and the need for specialized care, these patients required emergency transportation to a specialized center in Perm. In the first day of life, 16 (80%) children were taken out; 3 (15%) were consulted on the spot due to their non-transportable condition, and later 2 children were transported when their condition was stabilized on the 2nd and 3rd days of life. The fatal outcome occurred in 2 (10%) children, 1 patient died an hour after birth, 1-on the 3rd day. Thus, 18 patients (90%) were transported within the first 3 days. Transportation was carried out after the assessment of the child's condition by the transporting resuscitation team after the necessary preparation and correction of treatment, mechanical ventilation of lungs, inotropic support, infusion therapy with elements of parenteral nutrition. There was no deterioration in the condition of the children during transportation. When studying the catamnesis, it was revealed that among the transported children, the mortality rate was 5.5%.

Conclusion transportation to a specialized center of children born with severe asphyxia in level I and II medical institutions in the first day of life improves the prognosis and helps to reduce neonatal mortality.

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CORD BLOOD LEVELS OF OXIDIZED AND REDUCED GLUTATHIONE IN NEONATES EXPOSED AND NON-EXPOSED IN UTERO TO TOBACCO SMOKE

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Maternal tobacco smoking has been considered as an additional source of oxidant stress in pregnant women and in newborns exposed in utero, leading to perinatal and postnatal health consequences. Glutathione plays a key role in maintaining a physiological balance between prooxidants and antioxidants in human body.

Thus, we examined the relationship between glutathione status (GSH- reduced glutathione, GSSG-oxidized glutathione) and oxidative stress markers (ox-LDL- oxidized low density lipoprotein, TOC – total oxidant status) in the umbilical cord of neonates exposed and non-exposed in utero to tobacco smoke.

The study included a consecutive series of 30 healthy newborns of mothers who smoked minimum 5 cigarettes per day throughout their pregnancy, and a series of 35 neonates of mothers of similar age and age of gestation, who had never smoked and were not exposed to environmental tobacco