medication and adverse effects is crucial. Adverse effects on growth, heart rate, blood pressure changes and worsening behaviour may significantly impact the child if left unmonitored.

**Objectives** To review children who are on ADHD medication and to ensure parameters are monitored as per the NICE & Regional GM guidelines in order to improve our patient care.

**Methods** 47 patients who attended clinic in November 2018 and completed a symptom rating scale at this clinic visit were reviewed. The notes for these patients were reviewed for every clinic visit for these patients in the period January 2018 – July 2019.

**Results** In total we reviewed 118 clinic visits in 47 patients. 28% were age under 10 and 72% over 10. Of these 30% of under 10 were seen the minimum of 3 times a year, whereas for the over tens 44% were seen the minimum of twice a year.

Core ADHD symptoms were recorded in 30%. The effectiveness of the medication was discussed in 56% and the side effects in 9%. The ongoing need for medication was only discussed once.

Height and weight were well documented in 97% of cases, yet only 11% recorded the growth centile. 21/118 (18%) clinic visits showed a loss in weight compared with previous visit, 33% of those had a plan to address the problem.

Cardiovascular side effects monitoring was poor, with heart rate measured in 65% and blood pressure in 78%. Heart rate was found to be greater than 120 in one case but no action was taken. Blood pressure was only plotted on the centile chart in 1 case.

Symptoms like tics were discussed in 7%, seizures 0% and Sleep 59%. Worsening behaviour was discussed in 70% cases.

**Conclusions** NICE guidelines recommend that children age under 10 should be reviewed at least 3 times per year and over 10 should be seen twice a year. In our audit only 30% of under 10s were seen three times. Monitoring of patients on medication for ADHD was not good. Height and weight should be checked in all children but this is poorly plotted on the correct growth chart. Blood pressure and heart rate are not always being checked.

The audit highlighted gaps in monitoring of our ADHD patients. Following this audit, a side effect questionnaire was introduced for use at all clinic visits. Rating scale questionnaires were also introduced to assess the effectiveness of the medication. Also we appointed a clinical pharmacist, who completed his prescribing course. Our ADHD specialist nurse also completed the prescribing course to help the paediatricians review medication as per NICE recommendation.

### Abstract 602 Table 1

<table>
<thead>
<tr>
<th>Year</th>
<th>Physical abuse/Hospital (Community)</th>
<th>Neglect medicals</th>
<th>DNA/No consent</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>25+15</td>
<td>9</td>
<td>1</td>
</tr>
<tr>
<td>2020</td>
<td>17+13</td>
<td>25</td>
<td>1 DNA, 4 No consent</td>
</tr>
</tbody>
</table>

**Conclusions** We have seen a decrease in referrals for physical abuse but more CPMAs were done during this period for neglect. There was no significant increase in number of CPMAs done in children less than 2 years of age.

This is an interesting observation and further research and data collection should be encouraged to see the national trend.

### Child Protection Special Interest Group

**602** CHILD PROTECTION MEDICAL ASSESSMENTS (CPMA) DURING FIRST LOCKDOWN- COMPARISON WITH PREVIOUS YEAR

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Background COVID 19 pandemic has caused significant disruption in healthcare and social services nationwide and probably all over the planet. Various national and international agencies have raised concerns that perpetrators may take advantage of school closure and lockdown. Initial reports also have suggested that there was a nationwide increase in number of young infants admitted with abusive head trauma but generally a decrease in CPMA referrals during the first nationwide lockdown in summer 2020.

**Objectives** Objective of our study is to look at the impact of COVID-19 related first lockdown on CPMA referral numbers in Bedford. Paediatric team at Bedford hospital does CPMAs for physical abuse in children who are under the age of 2 years and children presenting in out of hours. Rest of the CPMAs for physical abuse and neglect medicals for all ages are seen at Bedford Community Paediatric services.

**Methods** We looked at total number of CPMA done at Bedford hospital and Bedford community paediatric services between 01/04/2020 to 30/09/2020 (6 months). Total number of CPMA for physical abuse and neglect were collected and compared with numbers during same time period in 2019.

**Results** Number of CPMAs due to neglect was up by 178% when compared to same time frame in 2019 but number of physical abuse was down by 25%. Overall, total number of children who had CPMAs in Bedford was more (12.2%) increase in April to September in 2020 in comparison to 2019 (table 1). There was not much increase in number CPMAs done in children under 2 years of age (4% increase only - 26 in 2020 April to September and 25 in same time frame in 2019).

**Background** Recently there have been high-profile publications about in surge in child abuse cases during the COVID-19

**Conclusions** We have seen a decrease in referrals for physical abuse but more CPMAs were done during this period for neglect. There was no significant increase in number of CPMAs done in children less than 2 years of age.

This is an interesting observation and further research and data collection should be encouraged to see the national trend.