Results We identified 7373 potential participants, of which 4360 were eligible.

The maximum number of presentations was seen in 2020 (810) with a steady rise seen every year; 2011 (187), 2012 (178), 2013 (253), 2014 (321), 2015 (376), 2016 (351), 2017 (478), 2018 (666) and 2019 (740).

The median age at presentation was 14 years (range 7–17 years), 3248 (74.5%) were female, and 3593 (82.4%) were White British. Most (4178, 95.8%) were first time attendees, with 178 (4.1%) being unplanned reattendances; the median number of presentations per patient was one (range 1–57).

All patients included in the data set presented with a mental health condition but the coded diagnosis was the primary reason for the mental health attendance. The most common coded diagnoses were Paracetamol overdose (714), Depression (615), Anxiety (343) and Alcohol intoxication (310) and NSAID overdose (101).

The median ED length of stay (LOS) was 216 minutes (range 1–1037 minutes), and median hospital LOS was 1 day (range 0–62 days).

Triage category was predominantly category 3 (1562, 35.8%).

Conclusions We have described that the number of mental health conditions presenting to our emergency department are rising and at a younger age group than expected. The presentations are predominantly higher in females and white British which was unexpected in a department which serves a multicultural city. It would be interesting to see if our trends are found throughout other sites in the UK. Assessing trends is essential in highlighting problems that could be met with alternatives.

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