Improving the quality and safety of the paediatric team handover

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Background Guidance on clinical handover states that handover of care is one of the most perilous procedures in medicine and can be a significant contributory factor to subsequent error and harm to patients if done improperly. Following a local departmental paediatric quality and safety meeting in June 2020, concerns were raised about team handover; it was often rushed and disorganised, with lack of verbal or visual aides to support a structured handover. Ultimately there was concern that salient pieces of information relating to patient care risked being overlooked or missed in handover.

Objectives The aim of this quality improvement project was to assess the quality and structure of daily paediatric team handovers from July to September 2020 on one paediatric ward.

Methods As a result of the concerns raised in the quality and safety meeting, discussion was generated amongst two paediatric trainees about current handover practice. A fishbone diagram was completed, highlighting the potential causes, and contributing factors as to why handover was deemed unsafe. The RCPCH handover assessment tool (HAT) was used to make handover assessment sheets and handover practice was assessed. Following the collection of baseline data the extent of the problem was shared with the ward doctors at another quality & safety meeting. The decision was made to add safety points to the bottom of the handover list, comprising key areas including, safety briefing, ward management, and interesting/complex cases.

Results Baseline measurement showed a median percentage compliance of 36% with safe handover points. Safety briefing points were added to the bottom of handover lists, following this intervention, reassessment of handovers showed an increase in compliance to 45%. Shortly after this there was a noticeable drop in compliance, which was felt to be attributed to a changeover of staff. An active reminder given by the senior incoming clinician to the doctor leading handover to use the safety briefing points, saw the compliance increase to 95%, with consistency. During this process, key issues were highlighted, including patients with the same forename, transfers out to paediatric intensive care and staff shortages amongst doctors and nurses. Of particular importance, patients with the same forename were moved away from each other on the ward to prevent any errors when delivering care. Using the safety handover points also generated group discussion and learning, particularly from cases transferred to intensive care.

Conclusions Assessing several factors within the paediatric team handover was an ambitious task but clearly highlighted the problem that safety points were not delivered or conveyed in a safe or structured manner. Introducing safety briefing points at the bottom of the handover lists helped to provide a structured handover and ensured that the team were well informed when sharing the care of patients and transferring clinical responsibility. However, it was difficult to maintain consistency with the rotational nature of staff and emphasis on the use of the safety briefing points may often be needed.

Child Protection Special Interest Group

The impact of COVID-19 on child sexual abuse referrals seen at an urban sexual assault referral centre

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Background Medical professionals working within child sexual assault and safeguarding have publically raised concern regarding the hidden harm children and young people (CYP) are exposed to during the COVID-19 pandemic lockdown. This retrospective review of cases seen at a CYP sexual assault referral centre (SARC) analyses the impact of the pandemic on case numbers, type of assaults seen and suspect demographics, and considers whether lockdown has impacted on the nature of cases referred.

Objectives To compare the impact of COVID-19 on child sexual assault cases seen at a SARC during 2020, with the non-pandemic period in 2019.

Methods Case notes were analysed between March and December 2019 and March and December 2020 for a direct comparison of the impact of lockdown and restricted activity due to the COVID-19 pandemic on case characteristics seen at a CYP SARC. Cases were seen for either a Forensic Medical Examinations (FMEs); defined as cases seen within a forensic timescale or Child Sexual assault medicals (CSA); those seen outside of forensic timescale. All children seen were under 13 years of age as this is the cut off for referral into the service.

Results The analysis of cases seen by CYP SARC in 2019 and 2020 demonstrated a decrease in absolute numbers in 2020 (n=59) compared to 2019 (n=99). The mean age of cases were the same in 2019 and 2020 (6 years vs 7 years). Approximately 30% of total cases seen in either 2019 or 2020 involved an alleged perpetrator who was under 16 years of age. Further analysis demonstrated a 75% decrease in peer on peer (extrafamilial) assault seen. Conversely, the proportion of alleged perpetrator who was under 16 years old and a sibling increased to 44% in 2020 from 28% in 2019.

The nature of assaults changed from 2019 to 2020 with a significant decrease in vaginal rape from 25 cases in 2019 to 9 in 2020. There was also a decrease in anal rape from 22 cases in 2019 to 9 in 2020.

Conclusions The decrease in cases seen at the SARC from 2019 to 2020, given the restrictions of lockdown is unlikely to be surprising. The NSPCC report a decline in calls from adults with concerns regarding child sexual abuse. The 75% decrease in peer on peer assault is likely to reflect the