Conclusion Patients with MUS were older and more likely to be female than other referrals to the PPS and typically required twice as many psychology sessions to meet clinical objectives. This evidence shows that children with MUS place greater demands on clinical services, although encouragingly they appear to respond well to psychological support, which suggests a need for clear care pathways and specific funding of psychological provision for this group. More research is also needed on the link between MUS in childhood and in later life. If effective services are provided early on, the potential exists to make substantial gains both in terms of patients' quality of life and in longer-term cost savings in the NHS.

G510(P) ABSTRACT WITHDRAWN

G511(P) INTRODUCTION OF GR8XS INTO LEEDS CHILDREN'S HOSPITAL

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Background Traditional learning from practice via reporting systems has been with the use of the Datix system, reporting incidents and errors. The aim of this project was to highlight learning through areas of good practice (greatex/GR8X). In an era of low staff morale and retention it is important to make staff feel valuable and celebrate good practice. There is some new data to suggest that this practice improves the quality of patient care, staff morale and organisational learning (Kelly et al, 2016).

Method

- This project was led by the Paediatric Chief Registrar and the Junior Doctor Forum (JDF) at Leeds Children's Hospital (LCH).
- A standardised operational procedure was agreed whereby any staff member can award a colleague a GR8X by submitting an online GR8X form. The JDF then email GR8X certificates to the staff member to thank them for their excellent care and also email their line manager.
- The GR8X was piloted on two wards and then launched across the hospital.
- All clinical governance leads were given access to all anonymised GR8Xs in their relevant department to share learning from the excellent care provided.

Results

- 250 GR8Xs have been awarded so far.
- Feedback has been overwhelmingly positive and those receiving GR8Xs have said: 'I feel very honoured to receive this award.' 'That has put a huge smile on my face.' 'It makes an enormous difference just to know that someone...somewhere has noticed.'
- Common themes from GR8Xs identified that staff are: compassionate, supportive, go above and beyond their duty and show excellent leadership and teaching.

Conclusion The role out of a new model for learning has been common part of practice across LCH. It has been well received by staff. We look to secure administrative support to

the JDF who are currently running this project. We are discussing how to expand this as a trust-wide process, and how maximise the learning from GR8Xs in the clinical governance setting.

G512(P) #CHOOSEPAEDIATRICS- CAREER'S FAIR!

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Background With the launch of the #ChoosePaediatrics Campaign, there is national recognition that recruitment and retention are the biggest issues facing the future of the Royal College of Paediatrics. There has been a 30% decline in applications and the drop-out rate is rapidly rising. Resultant rota gaps, poor work/life balance and burnout in a climate of political uncertainty and under-resourced workforce mean trainees feel underappreciated. Career opportunities are being forfeited to provide the high-quality service expected by the public. However, we too deserve the best! Life passes at such a pace, we find ourselves thinking....what if. As a pivotal part of RCPCH, trainees in Northern Ireland decided to host a careers fair. A fun day showcasing the resources and opportunities available, to prepare and improve our futures academically, physically and mentally.

Aims

- To provide support for all trainees to facilitate a smoother transition through training.
- To showcase the available opportunities within paediatric training.
- To provide an enjoyable, networking opportunity for all paediatric affiliations within NI.

Methods

- Designed as a ST1-8 regional teaching day.
- Recruitment of medical director, school tutors and senior trainees collaborating inspirational and informative discussions on leadership, curriculum, governance, careers and wellbeing.
- An afternoon funfair theme emulated via career's stalls featuring paediatric subspecialties, district general hospitals, academia, NI library, BMA and RCPCH, principally creating an opportunity to network.
- Responses evaluated via online feedback

Results NI's inaugural career's fair was a huge success. 70% of trainees attended, all rating it as excellent/very good. Highlights included; 'better understanding of future opportunities', 'great networking environment' and 'the ice-cream'. Further feedback included; 'inspired to be proactive about my goals' and a senior-trainee shared 'I wish I'd attended this earlier'. Participation by trainers was almost 100%, viewed as 'best thing we have done in years'. Suggested improvements were a larger venue and a two-day event.

Conclusions A regional career's day is an excellent opportunity to boost morale, tailor careers advice and network. It was an uplifting day, taking a step back from workload to promote paediatrics and all it has to offer. We are the future of the RCPCH.... #ChoosePaediatrics!!