Abstracts

- 3 with developmental delay

New Diagnoses - neurodevelopmental and behavioural conditions:
- 10 children: Significant learning disabilities, often patchy, involving language, non-verbal skills, and memory.
- 1 child with ASD
- 2 children with ADHD
- 2 with anxiety
- 2 with sleep difficulties

New Diagnoses - additional conditions and physical health:
- tics
- chromosomal abnormalities
- sensorineural hearing loss
- obesity

Education and Health Care Plans (EHCPs) - changes after assessment:
- 3 children had EHCPs at time of referral; 2 were significantly modified
- 2 completed, 1 in process
- 10 requests supported

Impact

The clinic was well received by carers. Families needed time and sensitivity to tell complicated stories and to find and interpret their family and health information. Explanation and advocacy were also needed and appreciated. An understanding of the impact of abuse and neglect on child development and liaison with colleagues in many agencies and disciplines were core.

Introduction

NHS figures have shown an increasing number of children undergoing tooth extractions in the UK with 170 children a day having decayed teeth removed with an estimated cost per year to the NHS of £36 million.

Objectives

To identify if links exist between neglect, complex physical health needs and dental extractions in our population

Methods

Review of all cases of dental extractions in paediatric patients in a 12 month period at a busy London district general hospital, identifying the patient’s past medical history, whether or not they were known to social services and how many times they had presented to A&E previously.

Results

There were 87 cases identified that fitted the inclusion criteria. The age range of cases was 2–17 years, with an average age of 5.37 years; 38 were female and 49 male. 41 of the patients had no known medical history. 19 had one condition and 27 had more than one condition. Of note, 23 of the individuals had a diagnosed behavioural condition (attention deficit hyperactivity disorder, autism and non-specified developmental disorder) accounting for 50% of the patients with a medical condition; 27% of the total study population. Only 8 (9%) of the total cohort were known to social care. More than 25% had not presented to the emergency department before whereas 16 had had one presentation and 47 had more than one presentation. Notably, there were 4 patients who had 20 or more presentations suggesting this cohort had difficulties in accessing routine health care.

Conclusions

Whilst a link between neglect and dental extraction is well established, an alternative area to be targeted for intervention has been highlighted during this retrospective study noting that children with behavioural conditions account for more than 25% of children undergoing dental extraction. Further work should look into the reasons underpinning this, whether this is related to poor diet, poor dental hygiene, a reluctance to visit the dentist or a mixture of the three. This data could then help to provide a targeted public health message to promote dental health in children with additional learning needs.
guidelines. The majority of children screened did not have a BBI. This data highlights that we do not know the incidence of BBI in LAC. Larger data sets would be needed to investigating this further to determine the incidence and help guide our screening practice.

G287(P) CHILDREN’S FEARS OF THE HOSPITAL ENVIRONMENT AND THE EFFECTIVENESS OF TEDDY BEAR HOSPITAL

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4Medical Statistics and Medical Education, Institute for Medical and Biomedical Education

Aims Children attending hospital have fears and concerns, often due to a lack of familiarity with the medical environment. Medical students are often unconfident when interacting with children. Poor communication can adversely affect patient care and patient experience.

Teddy Bear Hospital (TBH) is an international scheme where medical students run interactive clinics teaching healthcare topics at local schools in south London. There is currently limited research on its effectiveness. This study aims to evaluate the effect of TBH on:

- Children’s knowledge and anxiety regarding the medical environment in hospitals
- Medical students’ confidence in interacting with children

Methods This prospective study was conducted over six months in 2018. Three questionnaires (designed with input from a Clinical Child Psychologist) were completed:

- Knowledge before and after clinic
- Matched Likert scales for ‘worry’ before and after clinic
- Volunteer questionnaire after clinic

The McNemar-Bowker test of symmetry was used to test for change in the children’s subjective feelings.

Results 153 children were encountered at 4 interactive clinics. Knowledge of all topics tested increased after the TBH clinic. Fewer children felt ‘worried’/very worried’ after the clinic in all topics with the most significant decrease noted in going to the hospital (83.6%, P<0.05) (Table 1). All volunteers had increased confidence in interacting with children.

Conclusion TBH reduces children’s fears while increasing their knowledge of the hospital medical environment and improving medical students’ confidence in interacting with children. Adding a TBH clinic to the medical school curriculum may be a worthwhile consideration.

G288(G) ABSTRACT WITHDRAWN

G289(P) PARENTAL EVALUATION OF A COMMUNITY PAEDIATRIC CLINIC FOR CHILDREN AND YOUNG PEOPLE WITH DEVELOPMENTAL DIFFICULTIES FOLLOWING ADOPTION AND SPECIAL GUARDIANSHIP ORDER

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Aims There is growing appreciation of the evolving difficulties for children placed in adoptive/special guardianship order (SGO) families, and the need for specialist input. Previous local service review identified 7/51 children adopted with no initial developmental difficulties recognised who were subsequently re-referred to community paediatrics. Consequently, an innovative service was established to enable review by a consultant with expertise in adoption and looked after children. This evaluation aimed to examine parental perspectives on the value of this service.

Methods 27 parent/guardian questionnaires were posted following clinic review and initial actions. Parents were asked to report on a 5-point scale (‘strongly agreed’ to ‘strongly disagreed’) if being reviewed in the clinic: a) helped their child, b) benefited from seeing a professional with adoption expertise, or c) offered opportunities to discuss concerns. Free text responses were also encouraged to ascertain what was helpful, and suggestions for improvement. 12 families were additionally asked to complete PedsQL and SDQ forms.

Results A high proportion of questionnaires 16 (59%) were returned. Of these, 13 (81%) agreed/strongly agreed the clinic had helped their child. 13 (81%) agreed/strongly agreed their child benefitted from review with a professional with expertise in adoption. 16 (100%) agreed/strongly agreed that they, as parents, benefitted from discussing concerns with an adoption professional.

14 questionnaires had additional comments, thematic analysis of which revealed that parents largely appreciated the consultation style and professional understanding of the different complex aspects of their child’s life. Suggestions for improvement included: direct liaison with school, and the ability to have direct consultant contact.

Conclusion This evaluation demonstrated positive parental experience from this innovative clinic for children and young people following adoption/SGO. This value is especially important given the unmet need in this group around unidentified developmental difficulties, the complexity/heterogeneity of these issues, and the need for improved information gathering. These findings will be used to advocate for increased resources locally and may provide evidence for other services to offer a similar pathway.

Abstract G287(P) Table 1 Children’s change in anxiety post TBH clinic (P = <0.05)

<table>
<thead>
<tr>
<th>Healthcare Event</th>
<th>No change</th>
<th>Increase</th>
<th>Decrease</th>
</tr>
</thead>
<tbody>
<tr>
<td>Going to hospital</td>
<td>18(13.4%)</td>
<td>40.0%</td>
<td>112(83.6%)</td>
</tr>
<tr>
<td>Going in an ambulance</td>
<td>23(17.2%)</td>
<td>53.7%</td>
<td>106(79.1%)</td>
</tr>
<tr>
<td>Having an X-ray</td>
<td>18(13.4%)</td>
<td>86.0%</td>
<td>108(80.6%)</td>
</tr>
<tr>
<td>Having surgery</td>
<td>29(21.6%)</td>
<td>13(9.7%)</td>
<td>92(68.7%)</td>
</tr>
<tr>
<td>Visiting the dentist</td>
<td>42(31.3%)</td>
<td>107(5.5%)</td>
<td>82(61.2%)</td>
</tr>
<tr>
<td>Someone using a stethoscope on you</td>
<td>41(30.6%)</td>
<td>21(15.5%)</td>
<td>91(67.9%)</td>
</tr>
</tbody>
</table>