

Liquid gold: the cost-effectiveness of urine sample collection methods for young precontinent children

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ABSTRACT

Background Urinary tract infection (UTI) is a common childhood infection. Many febrile children require a urine sample to diagnose or exclude UTI. Collecting urine from young children can be time-consuming, unsuccessful or contaminated. Cost-effectiveness of each collection method in the emergency department is unknown.

Objective To determine the cost-effectiveness of urine collection methods for precontinent children.

Methods A cost-effectiveness analysis was conducted comparing non-invasive (urine bag, clean catch and 5 min voiding stimulation for clean catch) and invasive (catheterisation and suprapubic aspirate (SPA)) collection methods, for children aged 0–24 months in the emergency department. Costs included equipment, staff time and hospital bed occupancy. If initial collection attempts were unsuccessful subsequent collection using catheterisation was assumed. The final outcome was a definitive sample incorporating progressive dipstick, culture and contamination results. Average costs and outcomes were calculated for initial collection attempts and obtaining a definitive sample. One-way and probabilistic sensitivity analyses were performed.

Results For initial collection attempts, catheterisation had the lowest cost per successful collection (GBP£25.98) compared with SPA (£37.80), voiding stimulation (£41.32), clean catch (£52.84) and urine bag (£92.60). For definitive collection, catheterisation had the lowest cost per definitive sample (£49.39) compared with SPA (£51.84), voiding stimulation (£52.25), clean catch (£64.82) and urine bag (£112.28). Time occupying a hospital bed was the most significant determinant of cost.

Conclusion Catheterisation is the most cost-effective urine collection method, and voiding stimulation is the most cost-effective non-invasive method. Urine bags are the most expensive method. Although clinical factors influence choice of method, considering cost-effectiveness for this common procedure has potential for significant aggregate savings.

INTRODUCTION

Urinary tract infection (UTI) is a common infection in early childhood, with a prevalence of 7% among febrile children aged 0–24 months.¹ UTI is the most prevalent bacterial infection in children with fever of unknown origin,² but clinical signs in young children are often non-specific. Urine collection is therefore required to diagnose or exclude UTI and is part of the diagnostic work-up for many febrile children in primary care and hospital settings. Collecting urine from young precontinent children can be challenging.

What is already known on this topic?

- Obtaining a urine sample from young precontinent children can be challenging.
- Samples can be collected using non-invasive (urine bag, clean catch and voiding stimulation for clean catch) or invasive (urethral catheterisation and suprapubic aspirate) methods.
- Collection attempts can be time-consuming or unsuccessful, and samples may be contaminated and therefore not diagnostically conclusive.

What this study adds?

- Catheterisation is the most cost-effective method of urine sample collection from precontinent children.
- Voiding stimulation is the most cost-effective non-invasive method, and urine bags are the most expensive method.
- Time occupying a hospital bed is the most significant determinant of cost.

Common collection strategies include non-invasive (urine bag and clean catch) and invasive (catheter and suprapubic aspirate (SPA)) methods (figure 1). Each method has different limitations, clinical practice guidelines have differing recommendations^{3–5} and clinicians have different preferences for the preferred method.^{6,7} Non-invasive methods can be convenient but are time-consuming and have higher contamination rates.⁸ Invasive methods are more reliable, but require expertise and equipment to perform and are painful for the child.⁹ Collection success also varies between methods, so multiple attempts may be required to actually collect a sample.^{10,11} Recent studies have demonstrated that voiding stimulation techniques performed for 5 min such as bladder–lumbar manoeuvres and the Quick-Wee method can expedite clean catch collection,^{12,13} though not all studies are randomised.^{14,15}

Difficulties collecting urine samples can be costly and detrimental to patient care. Delayed collection will increase resource use and prolong hospital bed occupancy. Poor quality samples lead to missed diagnoses, unnecessary follow-up and investigations. Misdiagnosis leads to inappropriate antibiotic prescription. Complications and morbidity of



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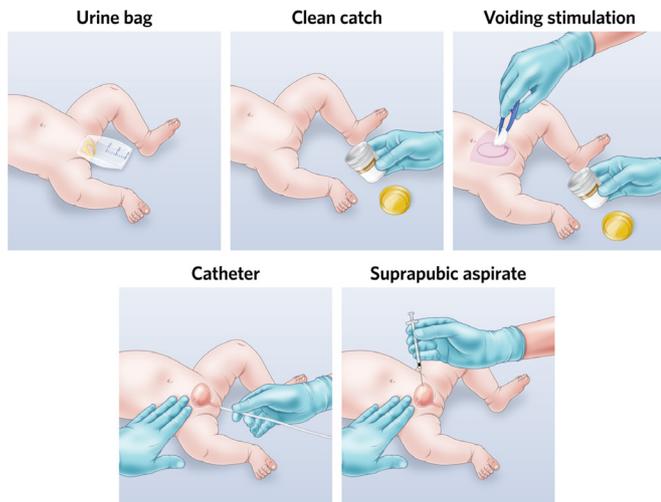


Figure 1 Urine sample collection methods for precontinent children. Images by Dr Jonathan Kaufman and Bill Reid, Royal Children's Hospital. Voiding stimulation figure from Kaufman *et al.*¹⁵

untreated UTI are uncommon^{16 17} but can be significant.¹⁸ It is therefore important to efficiently obtain samples that are likely to be clinically definitive. Initial UTI screening uses bedside dipstick results.¹⁹ However, the gold standard for diagnosis is a positive culture in the presence of pyuria.²⁰ Sample contamination corrupts these results. Choosing the appropriate collection method balances the clinical context, resource availability, speed, invasiveness, likelihood of success, contamination, parental preferences and costs.

Collection costs are potentially modifiable depending on the method used, but economic evidence regarding collection methods is scarce.²¹ Downs estimated urine bags cost an additional US\$429 compared with catheterisation, based on unnecessary treatment of false-positive and contaminated samples rather than collection costs.²² Hollingworth *et al* estimated collection, testing and doctor time in general practice to cost GBP£33, based on clean catch and urine pad collection for children under 5 years in the Diagnosis of Urinary Tract infections in Young children (DUTY) study, not incorporating sample reliability.²³

Current guideline recommendations for urine collection methods do not incorporate evidence of cost-effectiveness.^{20 23} No previous studies directly compare resource use and cost-effectiveness for different collection methods. While costs to collect a single sample may not be high, as a common procedure aggregate costs may be significant.

METHODS

This economic evaluation includes detailed costing and decision analysis of common urine collection methods used for precontinent children in the hospital setting, using an emergency department (ED) health service perspective. The analysis evaluated the costs of sample collection, acknowledging that selecting the appropriate method is influenced by other clinical factors and resource availability. Average and incremental cost-effectiveness estimates are derived for each approach relative to catheterisation.

Diagnostic approaches

These include non-invasive (urine bag, clean catch and 5 min voiding stimulation) and invasive (catheter and SPA) collection methods.

Setting

The population of interest was precontinent children aged 0–24 months requiring urine sample collection in ED to evaluate fever or potential UTI. The Royal Children's Hospital (RCH) is a tertiary paediatric hospital in Melbourne, Australia, with an annual ED census of approximately 90 000 patient contacts.

A probabilistic decision analytic model was constructed using TreeAgePro 2017.²⁴ The model consists of three stages of attempting and collecting a urine sample and then reaching a definitive decision to exclude or diagnose UTI (figure 2). The three-stage modelling for each method is summarised as:

1. Choice of urine collection method (first collection attempt).
2. Urine collection success (if first attempt unsuccessful, then sample collected by catheterisation).
3. Definitive UTI diagnosis (incorporating dipstick, culture and contamination results).

All children progress through the model until a urine sample is collected and sufficient information is available to reach a conclusive decision regarding UTI diagnosis. Cost-effectiveness is presented for stage 1 of the model only, as subsequent collection by catheter in stages 2 and 3 was assumed to be 100% effective after unsuccessful initial attempts. Further costs were added for stages 2 and 3.

Model parameters

Best estimates for model values and probabilities were obtained from a review of the published literature (table 1). Where multiple data were available, larger studies or those most reflecting the research setting were prioritised.

Outcome assumptions

Some assumptions were required to complete the modelling, and these were based on usual local practice. We assumed non-invasive collection was performed by nurses, and invasive collection was performed by senior trainee level doctors with nursing staff assistance. Urine collection pads are not used in our hospital and were not included in the model. We assumed ultrasound guidance was not used. We assumed after failed initial collection attempts clinicians would go directly to successful catheterisation, consistent with the reported 100% success of catheterisation after failed SPA in previous studies.²⁵ We assumed bedside dipstick testing was performed on all samples, with a binary positive/negative result, with all positive dipsticks sent for culture and some negative dipsticks sent for culture depending on collection method (table 1). We assumed cultures had a binary positive/negative or contaminated result, where contamination was heavy mixed growth and an uninterpretable outcome. We assumed consultant level doctors reviewed culture results, and if patients with contaminated samples were recalled that subsequent catheterisation would be successful and definitive.

Resource use and costs

Resource use was determined using prospective process mapping, directly observing 10 episodes of each collection method, to identify equipment use and staff time (nursing and medical) for each method. Mean equipment and staff costs for each method were calculated from these data (online supplementary appendix 2). Costs are presented in 2016 GBP£ (equivalent to \$A2.08) using the 2016 Purchasing Power Parity from the Organisation for Economic Co-operation and Development Statistics (table 2).

We assumed standardised cleaning used one dressing pack and chlorhexidine ampoule. We assumed dipstick testing required equipment plus 3 min nursing time (£0.98), and culture testing

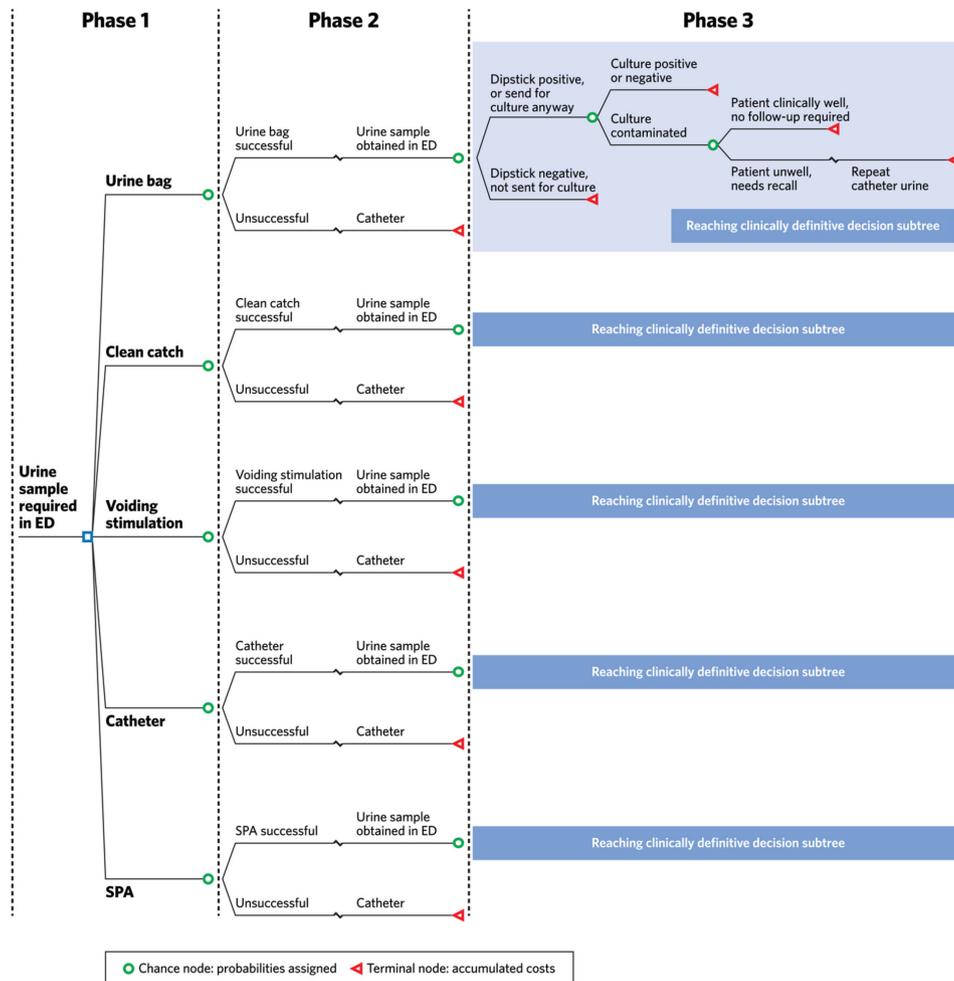


Figure 2 Decision tree for urine sample collection and UTI diagnosis. ED, emergency department; SPA, suprapubic aspirate.

required laboratory costs (which already incorporate microbiology scientist and clinician time) plus 6 min consultant doctor time checking results and contacting some families to revise prescriptions or recall patients with contaminated specimens if they remained unwell (£18.61), consistent with previous studies.²³ For patients requiring recall, we assumed another 30 min ED presentation with repeat catheter urine collection plus dipstick and culture to clarify the diagnosis (£73.30). We observed all collection methods except urine bag, which is not routinely performed in our ED. We therefore assumed standard cleaning plus one urine bag and 5 min of nursing time was required for bag collection attempts.

Model validation using clinician survey

We surveyed 20 senior clinicians (consultant paediatricians and paediatric emergency physicians, mean 17 years clinical experience) to determine the face validity of the model and elicit expert opinion for probabilities not available from the literature (online supplementary appendix 1).

We first asked clinicians to estimate critical values used in the model for each collection method (table 1) including time, collection success, contamination, likelihood samples would be sent for laboratory processing after dipstick testing, and likelihood patients would be recalled for review if samples were contaminated.

We then revealed the values obtained from the literature review and asked the clinician if each data point was acceptable and plausibly reflected their local departmental practice. Where <80%

of clinicians felt the data plausibly reflected local practice, we performed counterfactual scenario analyses using the mean clinicians' estimate to determine the importance of that variable.

Analysis

Data from survey and process mapping forms was entered into Microsoft Excel (2017). Costs and probabilities were then assigned to the decision tree model in TreeAgePro (2017).²⁴ The study followed the Consolidated Health Economic Evaluation Reporting Standards reporting guidelines.²⁶

Sensitivity analysis

To determine the robustness of model assumptions, and describe the impact of uncertainty in parameter values, we performed sensitivity analyses for the complete model (stage 3). One-way sensitivity analyses were performed on the following key variables and assumptions (online supplementary appendix 1):

- ▶ Staff, equipment and hospital bed costs each increased and decreased $\pm 20\%$.
- ▶ Non-invasive collection procedures performed by doctors rather than nurses.
- ▶ All procedures performed by senior doctor (consultant level).

One-way analyses based on survey counterfactuals were also performed (appendices 1 and 3):

- ▶ Urine bag effectiveness decreased from 96% to 67%.

Table 1 Model inputs: time, success and urine test results

Parameter	Estimate (mean)	Number of data estimate derived from (N)	SD	Distribution	Source
Urine bag					
Procedure time	85 min	23	67 min	Log normal	McKune ³⁵
Success	96%	169	48%*	Beta	Alam <i>et al</i> ³⁶
Contamination	46%	13	23%*	Beta	Tosif <i>et al</i> ⁸
Send sample for culture	72%	504	36%*	Beta	Schroeder <i>et al</i> ³⁷
Recall patient if culture contaminated	33%	20	23%	Beta	Expert opinion†
Clean catch					
Procedure time	31 min	218	42 min	Log normal	Tosif <i>et al</i> ¹¹
Success	64%	218	45%	Beta	Tosif <i>et al</i> ¹¹
Contamination	26%	202	13%*	Beta	Tosif <i>et al</i> ⁸
Send sample for culture	80%	160	40%*	Beta	Tosif <i>et al</i> ¹¹
Recall patient if culture contaminated	40%	20	25%	Beta	Expert opinion†
Voiding stimulation (Quick-Wee method)					
Procedure time	5 min	N/A‡	N/A‡	Fixed	Kaufman <i>et al</i> ¹⁵
Success	30%	174	47%	Beta	Kaufman <i>et al</i> ¹⁵
Contamination	27%	44	47%	Beta	Kaufman <i>et al</i> ¹⁵
Send sample for culture	85%	52	42%*	Beta	Kaufman <i>et al</i> ¹⁵
Recall patient if culture contaminated	37%	20	20%	Beta	Expert opinion†
Catheter					
Procedure time	12 min	45	7 min	Log normal	Baumann <i>et al</i> ³⁸
Success	90%	148	45%*	Beta	Poonai 2015 ^{39¶¶}
Contamination	12%	97	6%*	Beta	Tosif <i>et al</i> ⁸
Send sample for culture	95%	1030	47%*	Beta	Schroeder <i>et al</i> ³⁷
Recall patient if culture contaminated	60%	20	23%	Beta	Expert opinion†
Suprapubic aspirate					
Procedure time	8 min	20	4 min	Log normal	Expert opinion†
Success	44%	38	22%*	Beta	Munir <i>et al</i> ¹⁰
Contamination	1%	84	0.05%*	Beta	Tosif <i>et al</i> ⁸
Send sample for culture	100%	N/A§¶	N/A§¶	Fixed	RCH ⁵
Recall patient if culture contaminated	72%	20	26%	Beta	Expert opinion†

Procedure time: from starting collection process to when urine voided or collection attempt stopped.

¶¶Personal correspondence with author to clarify data.

*SD or data distribution not available; SD estimated using Briggs assumption.⁴⁰

†Where published data were unavailable, we used expert opinion from surveying 20 senior paediatricians and paediatric emergency physicians.

‡Assumed fixed 5 min duration for all voiding stimulation attempts.

§Personal correspondence with author to clarify data.

¶Based on Clinical Practice Guideline recommendation.

RCH, Royal Children's Hospital.

- Probability of bag samples sent to laboratory where dipstick negative reduced from 72% to 48%.
- Clean catch time increased from 31 min to 83 min.

We considered any factor affecting the hierarchy of results or shifting final results by >25% to be meaningful.

Probabilistic sensitivity analysis was performed to examine the impact of the joint uncertainty of the model parameters. One thousand simulations were performed using Monte Carlo sampling to randomly sample from relevant parameter distributions (online supplementary appendix 3).

RESULTS

For initial collection attempts, catheterisation had the most favourable average cost-effectiveness with a cost per successful collection of £25.98, and for non-invasive methods voiding stimulation had the most favourable cost-effectiveness with cost per successful collection of £41.32 (table 3).

To obtain definitive samples, catheterisation had the lowest average cost per definitive sample obtained (£49.39) and for

non-invasive methods voiding stimulation had the lowest cost per definitive sample obtained (£52.25) (table 3).

Sensitivity analysis

The results of one-way sensitivity analyses of key variables are presented in online supplementary appendix 3. These analyses did not alter the hierarchy of model conclusions, indicating results were robust to changes in key parameters. Having consultant level doctors perform all procedures had the greatest impact, increasing costs by 6%–21% depending on method.

One-way analyses based on survey counterfactuals were also performed (online supplementary appendices 1 and 3). Increasing clean catch time by 170% increased the cost of collecting a definitive sample by clean catch from £64.82 to £118.15, indicating that time occupying a hospital bed is a significant driver of collection costs. Other counterfactuals did not substantially affect conclusions.

When simulated 1000 times, the average costs per definitive sample obtained were £48.60 catheterisation (95% CI £33.54

Table 2 Costs used in economic model

Unit prices per unit of care			
Item	Unit cost (GBP)	Distribution	Source
Equipment			
Cleaning fluid (chlorhexidine)	0.76	Fixed	RCH Procurement
Dressing pack	0.2	Fixed	RCH Procurement
Gauze pack	0.09	Fixed	RCH Procurement
Specimen jar	0.05	Fixed	RCH Procurement
Syringe	0.02	Fixed	RCH Procurement
Urine bag	0.43	Fixed	RCH Procurement
Saline ampoule	0.04	Fixed	RCH Pharmacy
Bluey	0.06	Fixed	RCH Procurement
Lubricant sachet	0.31	Fixed	RCH Procurement
Catheter tube	0.14	Fixed	RCH Procurement
Needle and syringe	0.03	Fixed	RCH Procurement
Sterile gloves	0.67	Fixed	RCH Procurement
Non-sterile gloves	0.03	Fixed	RCH Procurement
Specimen bag	0.02	Fixed	RCH Procurement
Tests			
Dipstick	0.07	Fixed	RCH Procurement
Laboratory culture	9.89	Fixed	Medicare benefits scheme

Costs related to time per test

Item	Value (GBP) (mean)	Distribution	Source
Staff*			
ED nurse	18.26/hour	Min 16.96/hour, max 30.89/hour	Victorian Public Sector Nursing Award 2016–2020†
ED senior trainee doctor	27.45/hour	Min 19.95/hour, max 37.19/hour	AMA Victoria Doctor In Training Award 2013–2017†
ED consultant doctor	87.07/hour	Min 73.56/hour, max 95.87/hour	AMA Victoria Medical Specialists Award 2013–2017†
Hospital			
ED bed (total cost per presentation)	60.66/hour	95% CI 8.09 to 121.31/hour	Department of Health & Human Services, RCH average cost 2015/2016

*Mean staff level based on estimate of RN grade 2 year 3 nurse, registrar year 3 doctor, specialist year 5 senior doctor.

†Base salary plus 23.62% hospital on-costs.

AMA, Australian Medical Association; ED, emergency department; RCH, Royal Children's Hospital.

to £131.71), \$50.67 SPA (95% CI £39.72 to £97.93), £51.21 voiding stimulation (95% CI £40.97 to £105.95), £65.03 clean catch (95% CI £30.27 to £313.48) and £126.43 urine bag (£59.92 to £323.38). Uncertainty in these results reflects some variability in the published data used to inform the model (table 1).

DISCUSSION

Summary of findings

This study evaluated the cost-effectiveness of urine sample collection from an ED healthcare system perspective. Invasive methods were more cost-effective than non-invasive methods although with some simulated uncertainty. Catheterisation was the most cost-effective approach to obtain both initial and definitive samples. Catheterisation is highly effective, with moderate procedural costs and low contamination.⁸ SPA has even lower procedural costs and ultra-low contamination⁸ but is less effective at obtaining a sample.²⁵ These invasive methods require equipment and technical expertise to perform. Resource availability and clinician experience may limit their utilisation in some settings. Use of invasive methods is also strongly influenced by clinical factors, discomfort caused to the child and parental preferences.^{9 27 28} Usual care will vary according to these factors, though in some settings urethral catheterisation or suprapubic aspiration is already the dominant practice.²⁰ Quality of life

was not included in this study, but children's pain and parents distress are important considerations.²⁹

For non-invasive collection, voiding stimulation was the most cost-effective approach to obtain both initial and definitive samples. It is less effective but uses a shorter timeframe when performed for the recommended 5 min. We modelled voiding stimulation based on the published Quick-Wee method,¹³ as bladder-lumbar manoeuvres require multiple operators, and there are no randomised studies in the ED setting.¹² Urine bags were the most expensive method for all stages of the model, reflecting their time-consuming nature and that high contamination means that samples are often not definitive.

Time spent occupying a hospital bed was the most significant determinant of collection cost. Therefore, expedient methods performed more favourably from this study's costs perspective. Sample contamination also contributes to cost-effectiveness but was not the major determinant in the hospital setting. However, in the general practice context where parents may collect urine samples at home, contamination is likely to be a much greater determinant of costs.

The 2016 RCH costing data showed non-admitted UTI patients aged <24 months had a mean time in ED of 240 min, with 156 min occupying an ED cubicle, with a cost of £211.34 per episode. National data showed average costs for UTI patients aged <24 months of £261.40 per non-admitted ED episode.³⁰

Table 3 Average costs and incremental cost-effectiveness of urine sample collection

Stage 1: first collection attempt						
Collection method	Cost (GBP)	Incremental cost versus control (catheter) (GBP)	Effectiveness	Incremental effectiveness	ICER (GBP)	Average cost-effectiveness (cost per successful collection by designated method) (GBP)
Catheter	23.38		0.9			25.98
SPA	16.63	-6.75	0.44	-0.46	14.67	37.80
Voiding stimulation	12.40	-10.98	0.3	-0.6	18.30	41.32
Clean catch	33.81	10.43	0.64	-0.26	Dominated *	52.84
Urine bag	88.90	65.52	0.96	0.06	1091.98	92.60
Stage 2: sample collected by catheterisation if initial attempt unsuccessful						
Initial collection method	Cost (GBP)	Incremental cost per successful sample obtained versus control (GBP)				
Catheter	25.72					
SPA	28.76	3.05				
Voiding stimulation	29.72	4.01				
Clean catch	42.23	16.51				
Urine bag	89.83	64.11				
Stage 3: obtaining an ultimately definitive sample						
Initial collection method	Cost (GBP)	Incremental cost per definitive sample obtained versus control (GBP)				
Catheter	49.39					
SPA	51.84	2.45				
Voiding stimulation	52.25	2.86				
Clean catch	64.82	15.43				
Urine bag	112.28	62.89				

*Dominated refers to an intervention that is more costly and also less effective than the comparator.

ICER, incremental cost-effectiveness ratio; SPA, suprapubic aspirate.

Urine sample collection therefore accounts for approximately 20%–50% of these costs, depending on collection method.

While ultrasound evaluation of bladder volume can increase the success of invasive collection attempts,^{31 32} its use is not routine for non-invasive collection, and the required equipment and expertise is not universally available.

Strengths and limitations

This is the first study directly comparing cost-effectiveness of urine sample collection by collection method. Model inputs were based on comprehensive data from the published literature, prospective process mapping and survey of expert clinicians. This is the first study to include all costs of collecting a sample, and the pragmatic considerations of progressively available dipstick and laboratory results used to reach a clinically definitive decision.

We made certain model assumptions, including that if the first collection attempt was unsuccessful, the clinician would proceed to catheterisation. This may not reflect all clinical scenarios but was a necessary simplification. We assumed non-invasive collection was performed by nurses and invasive collection performed by doctors; however, in some settings, non-invasive collection may be performed by doctors and vice versa. In sensitivity analyses, having all procedures performed by doctors did not change model conclusions. Our study was conducted in a tertiary paediatric ED. Results will not be directly generalisable to non-hospital settings such as general practice.

We did not include parental costs such as travel and time off work, although these would likely strengthen conclusions given parental costs likely reflect time taken. Quality of life was not

included, but children's pain and parents' distress are important considerations.^{28 29}

Clinical implications

Urine sample collection from young children is common in paediatrics, general practice and emergency medicine. Our findings provide new cost-effectiveness data to inform future guideline recommendations. Where invasive collection is indicated, these methods are cost-effective.

Where non-invasive collection is indicated, voiding stimulation methods are cost-effective and also expedite patient care. UK and European guidelines recommend clean catch as the preferred method of urine sample collection,^{4 33} although urine bag collection is frequently performed.³⁴ In 2016, in our local setting at the RCH ED, 1776 urine samples from children aged 0–24 months were sent for laboratory processing from 87797 patient presentations from all ages. This represents collecting urine for culture from a young precontinent child in 2% of all paediatric ED presentations. Samples were collected by clean catch (78%), catheter (11%), SPA (7%) or method unstated (4%). Using voiding stimulation in preference to standard clean catch in the ED could save £12.57 per sample and over £17 000 annually.

CONCLUSION

From a healthcare system costs perspective, the most cost-effective invasive and non-invasive urine collection methods are catheterisation and voiding stimulation, respectively. Urine bags are the most expensive method. Time spent occupying a

hospital bed was the most significant determinant of cost. While clinical and patient factors strongly influence the choice of urine collection method, considering cost-effectiveness for this common paediatric procedure has the potential for significant cost savings.

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Contributors JK was the lead author of the manuscript. All authors contributed to the initial study design. JK completed the literature review and acquired all data for the clinician survey, process mapping and cost analysis. JK designed the economic model and completed the analysis with substantial input from AK and KD who supervised the modelling and interpretation of results. PAB and FEB contributed to clinical aspects of the model. JK wrote the first draft of the manuscript, and all authors contributed to revising the manuscript. All authors had final approval of the version to be published. JK and KD take responsibility for the paper as a whole.

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