National training surveys (GMC/Scottish training survey) have highlighted the need for an inclusive approach and collaborative culture. The aim of the TLs is to engage trainees, promoting better communication and model a positive environment for learning and quality improvement (QI).

How we did it There are nine TLs across the divisions of Medicine, Surgery, Women's and Children and Support Services. The role of TLs is to engage with trainees within their Divisions by having regular meetings with trainees and feeding back to the medical education team within the health board. By participating in medical education and managerial meetings, TLs have developed management skills and driven quality improvement projects.

The monthly Trainee Forum was set up to raise awareness of the roles and structure of the management team. Guest speakers from the management Divisions have provided trainees with an insight into how the health board functions and provided a platform to raise issues directly with the management team.

Some examples of initiatives include trainee-led QI projects to enhance teaching opportunities include rota restructuring, development of hospital at night for surgery to ensure safe and adequate cover out of hours, involvement of trainees in organisation of morbidity and mortality meetings.

Furthermore, a monthly Trainee Newsletter was set up to signpost trainees on upcoming forums and advertise QI sessions and workshops.

Outcomes The TL initiative is an ongoing project with regular feedback in the form of TL meetings, forums and trainees. As TLs we have shared methodologies that have worked well to create a supportive and nurturing environment.

The initiative has resulted in increased awareness of management and their vital role in the running of the National Health Service. This in turn has led to improved trainee engagement. On a fundamental level, trainees have been able to raise issues and be part of implementing change.

The future Through collaboration between trainees, across Divisions and with management, we will continue to engage trainees, sustain change and build resilience.

G400(P) AN INTEGRATED 'ONE-STOP' MULTI-DISCIPLINARY (MDT) CLINIC FOR CHILDREN AND YOUNG PEOPLE WITH TUBEROUS SCLEROSIS COMPLEX (TSC)

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10.1136/archdischild-2018-rcpch.389

TSC is a complex, genetic disorder characterised by growth of benign tumours in various organs leading to epilepsy, renal, cardiac, skin, lung, liver and eye manifestations. Thus, patients affected attend multiple clinic appointments with different specialists. Developmental delay and TSC-associated neuropsychiatric disorders (TANDS) are common but often not addressed.

Aims

- To improve the care of children and young people affected by TSC by an integrated multidisciplinary team (MDT) 'one-stop' clinic.

- To provide psychological assessment of TANDS.

Method The MDT TSC clinic was launched in April 2016 by coordinating neurology, nephrology, oncology, psychology consultants with the Rhoald Dhal Rare Disease (RD) Specialist nurses and Tuberous Sclerosis Advisor (TSA) on same visit. Psychology input was funded by a Pharma Joint Working Agreement. The RD nurse provides Information Packs and calls families to discuss what their main concerns are, thereby enabling clinicians to address what is relevant to patients.

Results The TSC MDT clinic has:

Improved coordination of specialists and investigations.

Feedback from Patient

Questionnaires:

'this should have been started a long time ago', 'this is a fabulous idea, saves us time', 'having all the specialists together makes so much sense -they can explain in a way that we can understand'.

55% of families were not aware of the TSA

98 patients identified with TSC by joining lists kept by each specialty. Average patient age 10.3 years. (range: 1.6–21.1 years.). 38% had previous renal input; 42% had not had a renal ultrasound. 66% had neurology input but 33% had no brain imaging.

The Appointment Burden before TSC clinic was reviewed: showed average appointment number/patient was 5.3/year (range 0.6–11.7/yr.).

40% of Patients in TSC clinic required further psychology input 20% referred for formal CAMHS review.

Patients above age of 16 years. reviewed by the adult TSC transition nurses from adult sister hospital.

Conclusion The MDT TSC clinic has improved coordinated patient care including ensuring imaging is regularly carried out. It has identified high burden of psychological need. Overall, this 'one-stop' clinic system has improved the care the patients and families with TSC.

G401(P) DEVELOPMENT OF A PAEDIATRIC SPECIALIST MULTIDISCIPLINARY DOWN SYNDROME CLINIC

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10.1136/archdischild-2018-rcpch.390

Background Down syndrome (Trisomy 21) is a chromosomal condition with special health care needs and single most common identifiable cause of learning difficulties. Medical conditions such as thyroid dysfunction, structural heart disease, problems with hearing, vision and growth are significantly higher in these patients. Evidence suggests that early screening, diagnosis and medical management of these problems can significantly reduce secondary illnesses resulting in improved quality of life. Therefore children with Down syndrome requires long-term follow-up in dedicated specialist clinics. This Quality Improvement (QI) project was undertaken as medical care for most Down syndrome children were not met in line with national standards.

Aims To develop a patient centred high quality service in a specialist multidisciplinary Down syndrome clinic to ensure standardised, evidence based medical care in line with national standards.