SEVERE SEPSIS AMONG PAEDIATRIC PATIENTS WITH SICKLE CELL DISEASE: A REGIONAL CASE SERIES

Aims We aimed to conduct a case series review of severe sepsis episodes in patients with sickle cell disease at a large regional paediatric centre in the UK. We aimed to examine sickle cell disease prior to episode, compliance with sepsis prevention, type of infection including the organism isolated, sequelae, and outcome.

Methods Retrospective cumulative case series of severe sepsis admissions over the last 5 years among our cohort of patients with sickle cell disease at a large paediatric regional centre in the UK. Data was extracted from the department’s sickle cell database and from clinical records.

Results We present 5 cases of severe sepsis among our regional cohort of 388 children with sickle cell disease. The patients presented within a 2 year period between May 2015 and May 2017. The ages of the patients ranged from 2 to 11 (median age 3 years). It was the first admission to hospital in 3/5 cases. One patient was on hydroxyurea, and all 5 had a normal TCD. Four out of 5 were compliant with penicillin and had received childhood vaccines, and 3/5 had received the polysaccharide pneumococcal vaccine. The organisms isolated were Strep. pneumoniae (3 cases), E. coli (1 case), and Salmonella durham (1 case). Sepsis was often rapidly progressive and presented atypically. Two of the 5 patients died following sepsis episode. Both had pneumococcal sepsis. There was significant morbidity in survivors. Complications included osteomyelitis (2 cases), pathological fracture (1 case), hearing impairment and central diabetes insipidus secondary to meningoencephalitis (1 case) and necrosis of the fingertips. In the pneumococcal cases, either patient was not covered with vaccination, or the organism had partial resistance to penicillin.

Conclusion Despite advances in recent years following introduction of sepsis prevention measures, sepsis remains an important cause of mortality and morbidity in paediatric patients with sickle cell disease. Sepsis often presents rapidly and atypically in this group of patients.

HAS NICE GUIDELINE FOR SUSPECTED PAEDIATRIC CANCER MADE A DIFFERENCE IN DIAGNOSIS?

Children and young people with possible cancer usually present to their primary care physician first. NICE has published and updated guideline for suspected paediatric cancer referral. The aim of this study is to find out improvement in diagnosis of cancer among those group of patient via 2 weeks wait (WW) referral.

Method This is retrospective review of 2 WW referral forms and outcome from Electronic medical notes. Our POSCU (Paediatric oncology share care unit) 2 WW cancer referral audit was carried out between November 2014 to January 2017.

Results Total of 56 referrals was received during the 27 months. Only 2 children (3.6%) had cancer. Most of the referrals (98%) were seen within 2 weeks. The most common reason for referral is lymphadenopathy (39%) which is similar to other studies. Other reasons for referral include: fatigue, malaise and weight loss, headache/CNS signs, bony, abdominal and soft tissue mass, bruising, and non-specific symptoms.

Conclusion This study confirmed that updated 2015 NICE guideline for cancer referral has not improved in pick-up rate of cancer. The finding from this study is similar to other studies;

- Abomeli et al. (Dec12 to 14) 83 referrals, had cancer
- Mant et al. (2007-2010) 35 referrals, 1 had cancer
- Ling et al. (2009-1012) 118 referrals, 2 had cancer
- Galloway et al. (2012 to 2015) 81 referrals, 2 had cancer.
- Roskin et al. (2004-2014) 93 referrals, 2 had cancer

From the above 5 studies, 6 children (1.9%) were diagnosed with cancer in 317 referrals during 2004 to 2015. In our study, it was 3.6% (2/56). The pick-up rate of cancer hasn’t changed much.

According to the NICE guideline, some of the presentations should be referred very urgently (within 48 hours) for specialist assessment. However, all of the referrals from our study were received for 2 weeks. Regular teaching sessions and development of referral pathway for the local GPs should help in improving the knowledge on early referral and diagnosis. GPs should be able to contact urgently if concerned instead of using referral pathway as a way of jumping the queue.