for 4 weeks or 12 weeks. Children were followed up at 1, 3, and 6 months of illness. The primary outcome was proportion of children developing seizure recurrence over 6 months follow up. The secondary outcome was to study factor(s) associated with seizure recurrence.

Results Out of 232 children with Acute Encephalitis Syndrome, 60 children were found to be eligible for randomization in two groups. Baseline demographics were comparable (except duration of illness) between the groups. None of the children developed any seizure recurrences in the follow up period. Although, 8 children had neurological deficits and 9 children had EEG abnormality, seizure recurrences were not seen in any of these children.

Conclusions The present study suggests that a shorter duration (4 weeks) of anti-epileptic drug therapy is comparable with 12 weeks anti-epileptic drugs for preventing seizure recurrences over a six-month follow-up period in this cohort of children with Acute Encephalitis Syndrome.

The trial was registered with Clinical Trial Registry of India (CTRI/2017/06/008783) and Clinicaltrial.gov (NCT03181945).

G303  ACUTE CLINICAL EMERGENCIES ON THE PaEDIATRIC NEUROSCIENCES WARD: CAN WE IMPROVE PREDICTION AND REDUCE RISK?

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Background Paediatric inpatients with complex neurological problems can rapidly deteriorate and arrest on the ward. Various early warning risk-scoring systems are used, but none apply specifically to this patient cohort. The aim of this study was to identify modifiable risk factors and optimise patient safety.

Methods Our tertiary neurosciences unit comprises 24 acute beds (8 HDU) serving children with complex neurological, neurosurgical and craniofacial disorders. All calls to the clinical emergency team (CET) were prospectively audited.

Results Out of 10.2 years the CET responded to 128 calls in 98 children (median age 2.8 y, range 2 d-19 y, 52% female). Diagnoses included epilepsy (37%), hydrocephalus (31%), CNS tumour (14%), craniofacial disorders (8%) and epilepsy surgery (4%). 19% of events followed recent surgery or general anaesthetic. Most recent Children’s Early Warning Score (CEWS) was median 1 (IQR 0–3) at median 56 min pre-event (IQR 29–110).

Events included respiratory arrest (88%) and cardiac arrest (4.7%). Uestein-style categorization was used to classify the primary cause: 72% neurological, including seizure-related apnoea in 41% and raised intracranial pressure in 25% (hydrocephalus 16%, acute haemorrhage 5.5%); 22% respiratory, including central or obstructive apnoea in 9.4%, benzodiazepine-related apnoea in 6.3%, and blocked tracheostomy in 4.7%: 3.1% circulatory (septic shock, hypovolaemia). 33% of events were regarded as potentially preventable by the attending CET.

In addition to basic supportive care, interventions on the ward included endotracheal intubation in 16%, mannitol/hypertonic saline in 9.4% and adrenaline in 2.3%. No shockable rhythms were identified. One death occurred during resuscitation and 33% of survivors were transferred to ICU; all were alive at 24 hours. In 11 consecutive patients prospectively followed up, all survived to discharge at median 11 days (range 3–93) post-event; 86% were alive at 1 year.

Conclusions Respiratory arrests secondary to epileptic seizure, raised intracranial pressure, central or obstructive apnoea and benzodiazepine administration are potentially predictable. CEWS had poor sensitivity for predicting imminent deterioration in paediatric neurosciences patients. Analysis of pre-event clinical observations in cases and controls will enable development of a deterioration-prediction model specific to this patient cohort.

G304  DELPHI CONSENSUS PROCESS FOR THE UK GUIDELINES FOR MANAGEMENT AND SURVEILLANCE OF TUBEROUS SCLEROSIS COMPLEX

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Background Tuberous Sclerosis Complex (TSC) is a multi-systemic genetic disease. The severity of TSC can vary among affected individuals. Complications of TSC can be life threatening, with significant impact on patients’ quality of life. Management may vary dependent on treating physician, local and national policies and funding. There are no current UK guidelines. We conducted a Delphi consensus process to gain consensus on the management of patients with TSC in the UK.

Methods We invited 86 clinicians and researchers to complete an online survey in two rounds. All the people surveyed were based in the UK. Clinicians were identified through the regional TSC clinics, and researchers were identified through publications. In round one, 55 questions were asked. They were related to surveillance and management recommendations for those newly diagnosed, suspected, or already diagnosed with TSC. In round two, 18 questions were asked to obtain consensus on the outstanding points that had been contentious in round one or needed clarification.

Results 51 (60%) responded to the survey. Three rounds were required to achieve consensus. The responders were neurologists, nephrologists, psychiatrists, psychologists, oncologists, general paediatricians, dermatologists, urologists, radiologists, geneticists, neurosurgeons, pulmonologists and neuropsychiatry clinicians. A priori consensus was defined as 70% agreement among participants. The Delphi process is now complete and the consensus management recommendations will be presented at conference.

Conclusions This new UK guideline for the management and surveillance of TSC patients provides a realistic, cost effective, an evidence-based approach for best clinical care delivered for individuals with tuberous sclerosis complex in the UK.

G305  HOW MUCH VARIATION IN PAEDIATRIC EPILEPSY ADMISSION RATES IN ENGLAND CAN BE EXPLAINED BY VARIATION IN UNIT-LEVEL PERFORMANCE IN THE NATIONAL CLINICAL AUDIT (EPILEPSY12)

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Background The National Clinical Audit (Epilepsy12) reports on the variation in seizure admission rates in England across the last ten years. There are potential explanations for this variation. Understanding these explanations would allow better policy and service planning to be made.

Aim To identify the extent to which variation in seizure admission rates across England can be explained by variation in unit-level performance in the National Clinical Audit (Epilepsy12) (NCA).

Results For the three years of the NCA dataset, 103% of epilepsy admissions were included in the analysis. The most significant explanatory variables for admission rates were patient factors, hospital factors, patient hospital interactions, and unit-level factors. The model explained 60% of the variation in admission rates.

Conclusions This study provides evidence that variation in seizure admission rates can be explained by unit-level performance factors. Understanding these factors will help inform future service planning and policy development.