

Participating countries were the UK, Germany, Switzerland, Australia and New Zealand. Infants were randomised to receive either hormonal therapy and vigabatrin or hormonal therapy alone. A second stage randomization allowed hormonal treatment to be allocated as either prednisolone or tetracosactide depot. Minimum doses were: vigabatrin 100 mg/kg/day, prednisolone 40 mg per day, or IM tetracosactide depot 0.5 mg on alternate days. Hormonal treatment was continued for 2 weeks and then weaned over 2 weeks. Vigabatrin was continued for 3 months and then weaned over a month. The early primary outcome measure was cessation of spasms on and between days 14 and 42. Analysis is by intention to treat. 377 children were enrolled and early clinical outcome data will be available on 376 (1 case withdrew). 186 were allocated hormonal therapy and vigabatrin and 191 were allocated hormonal therapy alone. We will report on the primary clinical outcome and serious adverse clinical events. Developmental outcome at 18 months of age will be reported in a subsequent paper. To date this is by far the largest treatment study of infantile spasms ever undertaken.

G60 STARTING ANTI-EPILEPTIC MEDICATIONS BY NON SPECIALISTS: WHAT ARE THE HAZARDS?

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Background Initial prescription of antiepileptic drugs (AEDs) for newly diagnosed epileptic children should be done by a specialist. However many new patients start their treatment by paediatrician without expertise in epilepsy.

Aim To study the prescription of (AEDs) in children before they were referred to specialist (paediatric neurologist).

Methods This was a prospective study. Six hundred children referred for the first time to the epilepsy clinic in a tertiary university hospital were recruited. Detailed (AEDs) history was retrieved from the parents in their first visit regarding the number of seizure after which they start treatment, AEDs prescribed at the beginning of diagnosis and in the following 12 months, if the drug has changed and the reasons. Patients were classified as truly epileptic and non epileptic after being reviewed by 2 neurologists.

Results Truly epileptic patients represented 65% of the newly referred patients. Of those, 45% have started one or more of AEDs before referral. Thirty nine percent started after their first seizure. Monotherapy was initiated in 65% of epileptic patients. Sodium Valproate (65.1%) was the most frequently prescribed AED followed by Levetiracetam (41.0%) and topiramate (38.0%). The combination between Sodium valproate and Levetiracetam as a starting therapy was the most common. Twenty five percent of patients have changed the initial (AEDs) in the first 3 months of starting treatment. Worsening of seizures and non availability of the medication were the most common causes of changing (AEDs).

The non epileptic patients included diagnosis of: febrile seizures, breath holding attacks, pallid attacks and self stimulating. When offered to withdraw treatment after explanation of the condition by two neurologists, 28% refused to stop AEDs.

Conclusion Starting AEDs by non specialist paediatrician has the hazards of wrong diagnosis, inappropriate starting and changing of AEDs.

G61 A FIVE-YEAR RETROSPECTIVE REVIEW OF THE MANAGEMENT OF CHILDHOOD ENCEPHALITIS

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Background Early diagnosis and institution of appropriate treatment are key to improving outcomes from encephalitis. This study aimed to review the management of children with encephalitis in South East England.

Methods A retrospective review of clinical notes and electronic patient records (EPR) was conducted in between April 2013 and January 2014 across four hospitals (3 district general and 1 tertiary). Children aged 0–17 years who were admitted between 2008 and 2012 and had a discharge diagnosis of encephalitis were identified through the clinical coding department. Data on clinical features, investigation and treatment were collected.

Findings Medical records of thirty-four children were reviewed. A lumbar puncture was performed in 31 (91%) cases. A complete CSF order set (defined as CSF: white cell count, red blood cell count, gram stain, paired CSF and serum glucose and protein level) was requested in 21/30 (70%) cases. A complete PCR panel (CSF sent for the 3 main viral causes of encephalitis: enterovirus, herpes simplex and varicella zoster virus) was performed in 20/30 (67%) cases. The median time to performing a brain CT scan was 24 h (range 23–168) and 48 h (range 24–240) for brain MRI scan. The first dose of intravenous aciclovir was administered within 48 h for thirty-three (97%) cases. The prescribed aciclovir dose was incorrect in fifteen (44%) cases. The median duration of aciclovir treatment for children with enteroviral (EV) encephalitis was 5 days (IQR 2.5–5). The median length of hospital stay for the EV encephalitis group was 6 days (IQR 5.8–7.3). Six children with EV encephalitis received aciclovir treatment beyond 48 h due to non-availability of PCR test result. Children with EV encephalitis had a further median stay of 1.5 days (IQR 1.0–3.8) after availability of PCR result.

Conclusion The management of childhood encephalitis is heterogeneous. The recently published UK guidelines may help standardise practice. Widespread availability of PCR testing across hospitals and improved turnaround time could lead to early diagnosis and substantial cost saving from reduced hospital stay for infants with enteroviral encephalitis. Urgent steps are needed to reduce intravenous aciclovir prescribing errors.

G62(P) A CRITICAL APPRAISAL OF THE LITERATURE ON THE BENEFITS OF GASTROSTOMY FEEDING, COMPARED TO ORAL FEEDING, IN CHILDREN WITH CEREBRAL PALSY

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Aims To assess whether gastrostomy is a beneficial intervention for feeding children with cerebral palsy, compared with only oral feeding, for:

1. promoting growth and weight gain in children who have dysphagia and inadequate nutrition; and

2. improving the quality of life of the children and their families and carers.

Methods A literature search, with strict inclusion criteria, was done of the Cochrane Library, PubMed, and NICE guidelines, and articles were cross-referenced. The articles included were then critically appraised.

Results There are currently no evidence-based clinical guidelines to advise doctors, patients and their families appropriately about oral feeding versus gastrostomy feeding for children with cerebral palsy. Analysis of the articles included in this review consistently supported gastrostomy as being beneficial compared with oral feeding for most, though not all, of the children in these studies, and their families. Nutritional status, subcutaneous fat deposition, weight gain, limb growth, and the number of hospital admissions for chest infections improved in children with gastrostomy tube insertion, and this improvement was significant and clinically important. Moreover, the majority of carers reported that, after gastrostomy insertion, children felt better, were more sociable, had improved general health, and that family life was improved with feeding being made easier and quicker.

Conclusion Gastrostomy tube feeding remains an important alternative nutritional source for children with cerebral palsy. It has consistently been shown to be beneficial at improving not only weight gain and growth, but also the quality of life for both the child and their carers in the long-term. However, there has been individual variability with regard to carers' perceptions of gastrostomy feeding, and mothers can often initially express a feeling of culpability for their child's poor growth and the need for gastrostomy surgery as a failure on their part. Each case needs to be viewed in the context of the social and cultural belief systems of each child's family, and multi-disciplinary support is therefore needed in order to help families with the decision-making process on a case-by-case basis. Furthermore, in the absence of guidelines currently, clinicians must be aware of the current "best evidence" to inform individual choice on gastrostomy as an aid to feeding.

G63(P) DISEASE PATTERN, BACTERIOLOGICAL PROFILE AND OUTCOME OF CHILDHOOD ACUTE BACTERIAL MENINGITIS

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Aim To determine the disease pattern, etiological agents and outcome of childhood acute bacterial meningitis

Study design Descriptive observational study.

Place and duration of study

The Children's Hospital and Institute of Child Health, Lahore, from Jan, 2012 to Dec, 2012.

Statistical analysis SPSS 16.0 version

Results Out of 199 patients 36% were female and 64% male.

68.4% were between 2 months and 1 year

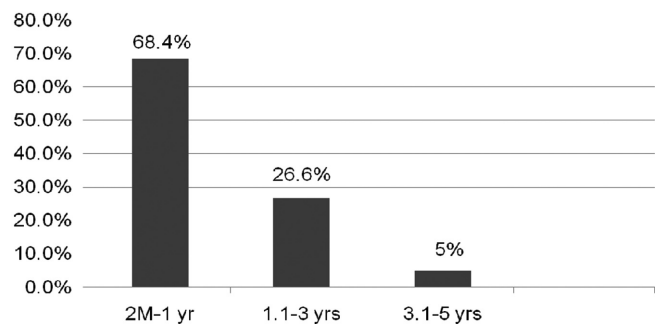
26.6% were between 1.1 and 3 years

10% were between 3.1 and 5 years

97% presented with fever

87% with poor feeding

Age Distribution (n=199)



Abstract G63(P) Figure 1

Age Yrs	CoNS	S.pneumoniae	H.influenzae	S.pyogenes	E. coli	S. aureus	Klebsiella	Total
<1Yr	10	3	1	1	2	1	1	19
1-3Yrs	1	1	1	1	0	0	0	4
3-5Yrs	0	1	0	0	0	0	0	1
Total No.	11	5	2	2	2	1	1	24
%	5.5%	2.5%	1%	1%	1%	0.5%	0.5%	12%

Abstract G63(P) Figure 2 Microbiological diagnosis based on CSF cultures according to age