Survey of use of Melatonin

1[a] How many of your patients are currently taking MELATONIN? ____________ Patients.
[c] How many were started by:

<table>
<thead>
<tr>
<th>Community Paediatrician</th>
<th>Child Psychiatrist</th>
<th>General Practitioner</th>
<th>Other (Specify)</th>
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</thead>
</table>

2 Have you prescribe Melatonin in the last year? YES/NO
[a] If YES, how many new prescriptions issued over this period? ____________ /Year
[b] If NO, why not?

3 How old are your MELATONIN-TREATED patients?
Youngest 6-10yrs 11-15yrs 16+yrs Eldest

4 What are your PRINCIPAL INDICATIONS for this treatment?

5 Please list by frequency the THREE most common disorders in your melatonin group?

1. ________________ 2. ________________ 3. ________________

6 What measures do you normally try BEFORE melatonin? __________________________________________
________________________________________________________________________________________

7 How/Why do you usually stop melatonin? _______________________________________________________
________________________________________________________________________________________

8 Clinical use
[a] Usual starting dose ____________ mg
[b] Usual maintenance dose range ________ to ________ mg/day
[c] Highest Effective dose used ________ mg
[d] Minutes before USUAL SETTLING time given ________ minutes
[e] Formulation used immediate release; slow release; both (circle)
[f] Name if melatonin preparation (if known) __________________________

9 Have any of your patients experienced any side effects? YES/NO
Describe these __________________________________________________________________________

10 What information do you give parents? _______________________________________________________
(if written information provided please attach copy)

11 Do local GP’s prescribe melatonin under your supervision?

<table>
<thead>
<tr>
<th>Always; usually; sometimes; rarely; never</th>
</tr>
</thead>
<tbody>
<tr>
<td>circle</td>
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</table>

12 Is melatonin EXCLUDED by your local formulary? YES/NO

13 Please circle the phrase that best sums up your view concerning the overall efficacy of melatonin
always effective; usually effective; rarely effective; ineffective; not applicable

14 Any other comments or further information?