PS-270  BREASTFEEDING SUPPORT IN SPANISH NICUS AND THE BABY-FRIENDLY HOSPITAL INITIATIVE: A NATIONAL SURVEY

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Background The Baby-Friendly Hospital Initiative (BFHI) has a positive effect on breastfeeding but there are few studies examining this association in NICUs.

Aim To compare breastfeeding support in Spanish NICUs at hospitals with any BFHI stage or full accreditation (Group1) with NICUs of hospitals that haven’t begun this initiative (Group2).

Methods Validated questionnaire of breastfeeding support (85 questions) were distributed to head doctors of level II and III in NICUs of hospitals that haven’t begun this initiative (Group2).

Results The response rate was 90%. Seven NICUs were in designated Baby-friendly hospitals and 44 were in some accreditation stage. These 51 NICUs (Group1) had implemented a higher number of breastfeeding support measures with significant differences in the steps 1, 2, 4, 5 and 8 of the NICU BFHI ten steps. The most important results are in Table 1.

Abstract PS-270 Table 1

<table>
<thead>
<tr>
<th>Breastfeeding support measures</th>
<th>Group1</th>
<th>Group2</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Systematic breastfeeding training for staff</td>
<td>35/51 (68%)</td>
<td>33/78 (42%)</td>
<td>0.003</td>
</tr>
<tr>
<td>Identified person responsible for breastfeeding</td>
<td>37/51 (72%)</td>
<td>33/78 (42%)</td>
<td>0.0007</td>
</tr>
<tr>
<td>Written breastfeeding information to parents</td>
<td>47/51 (92%)</td>
<td>58/78 (74%)</td>
<td>0.01</td>
</tr>
<tr>
<td>Breastfeeding classes for parents</td>
<td>21/51 (41%)</td>
<td>19/78 (24%)</td>
<td>0.04</td>
</tr>
<tr>
<td>Mothers advised to start pumping before 6 h after birth</td>
<td>36/51 (70%)</td>
<td>42/78 (53%)</td>
<td>0.057</td>
</tr>
<tr>
<td>Early first kangaroo care</td>
<td>36/42 (85%)</td>
<td>40/66 (60%)</td>
<td>0.01</td>
</tr>
<tr>
<td>Encourage demand breastfeeding</td>
<td>30/51 (58%)</td>
<td>19/78 (24%)</td>
<td>&lt; 0.0001</td>
</tr>
<tr>
<td>Semi-demand feeding as a transitional strategy</td>
<td>31/51 (60%)</td>
<td>21/78 (26%)</td>
<td>0.0001</td>
</tr>
<tr>
<td>Use of pacifier changed during breastfeeding transition</td>
<td>26/51 (50%)</td>
<td>25/78 (32%)</td>
<td>0.03</td>
</tr>
</tbody>
</table>

Conclusions Being in the BFHI way in the Maternity Unit improves the implementation of practices to promote and support breastfeeding in NICU.

Material and methods In 114 samples of milk fed to term infants, IL-1β, IL-2, IL-4, IL-5, IL-10, IFNγ, TGF-β1 and TNF content were determined by flow cytometry. Breastfeeding duration and diagnosis of atopic dermatitis were telephonically recorded at 18 months.

Results Atopic dermatitis appeared in 24 infants (21%). No allergies were recorded in 89 (78%). We found no significant differences in maternal age (34.8 ± 2.7 vs 34.7 ± 3.6 years), maternal allergies (54% vs 46%), birth-weight (3288 ± 512 vs 3270 ± 586 g) or breastfeeding duration (5.7 ± 1.2 vs 5.6 ± 1.4 months). Cytokines studied were detected in the following samples of mature milk: IL-1β 25%, IL-2 42%, IL-4 23%, IL-5 17%, IL-10 28%, IFNγ 25%, TGF-β1 16% and TNF 18%. In milk fed to infants with atopic dermatitis, mean concentration of TGF-β1 was higher (428 ± 221 vs 282 ± 222 pg/ml), while that of IL-1β (2.2 ± 1.1 vs 3.6 ± 7.5 pg/ml), IL-2 (6.7 ± 3.2 vs 9.6 ± 8.8 pg/ml), IL-4 (2.0 ± 0.7 vs 4.0 ± 5.2 pg/ml), IL-5 (0.3 ± 0.3 vs 1.2 ± 0.9 pg/ml), IL-10 (1.8 ± 0.7 vs 3.8 ± 3.1 pg/ml), IFNγ (2.9 ± 4.2 vs 5.9 ± 9.1 pg/ml) and TNF (2.2 ± 0.5 vs 5.4 ± 7.1 pg/ml) was lower, although differences were only significant for IL-10 (p = 0.02).

Conclusions The results suggest a possible relationship between human milk IL-10 content and atopic dermatitis in infants. However, wide variability in cytokine concentration means the sample size must be increased to draw definitive conclusions.

PS-271  CYTOKINE CONTENT OF HUMAN MILK AND ATOPIC DERMATITIS IN BREASTFED INFANTS

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Background The protective effect of breastfeeding has been linked to immunomodulating agents in human milk, including cytokines.

Objective To evaluate the possible relationship between human milk cytokine content and atopic dermatitis in breastfed term infants.

Material and methods In 114 samples of milk fed to term infants, IL-1β, IL-2, IL-4, IL-5, IL-10, IFNγ, TGF-β1 and TNF content were determined by flow cytometry. Breastfeeding duration and diagnosis of atopic dermatitis were telephonically recorded at 18 months.

Results Atopic dermatitis appeared in 24 infants (21%). No allergies were recorded in 89 (78%). We found no significant differences in maternal age (34.8 ± 2.7 vs 34.7 ± 3.6 years), maternal allergies (54% vs 46%), birth-weight (3288 ± 512 vs 3270 ± 586 g) or breastfeeding duration (5.7 ± 1.2 vs 5.6 ± 1.4 months). Cytokines studied were detected in the following samples of mature milk: IL-1β 25%, IL-2 42%, IL-4 23%, IL-5 17%, IL-10 28%, IFNγ 25%, TGF-β1 16% and TNF 18%. In milk fed to infants with atopic dermatitis, mean concentration of TGF-β1 was higher (428 ± 221 vs 282 ± 222 pg/ml), while that of IL-1β (2.2 ± 1.1 vs 3.6 ± 7.5 pg/ml), IL-2 (6.7 ± 3.2 vs 9.6 ± 8.8 pg/ml), IL-4 (2.0 ± 0.7 vs 4.0 ± 5.2 pg/ml), IL-5 (0.3 ± 0.3 vs 1.2 ± 0.9 pg/ml), IL-10 (1.8 ± 0.7 vs 3.8 ± 3.1 pg/ml), IFNγ (2.9 ± 4.2 vs 5.9 ± 9.1 pg/ml) and TNF (2.2 ± 0.5 vs 5.4 ± 7.1 pg/ml) was lower, although differences were only significant for IL-10 (p = 0.02).

Conclusions The results suggest a possible relationship between human milk IL-10 content and atopic dermatitis in infants. However, wide variability in cytokine concentration means the sample size must be increased to draw definitive conclusions.

PS-272  EARLY NUTRITION AND POSTNATAL GROWTH AND THE RISK OF RETINOPATHY OF PREMATURITY (ROP) IN VERY PRETERM INFANTS (VPI)

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Background Retinopathy of prematurity (ROP) is the main cause of visual impairment in very preterm infants (VPI). Several factors contribute to the development of ROP; recently, the relationship between severe grades of ROP and poor early weight gain and nutrition has been investigated. Aim: Evaluation of nutritional supply during the first week of life and in-hospital postnatal growth of very preterm children with and without ROP.

Methods Retrospective study of clinical data from a cohort of VPI (≤32 GA) screened for ROP from 2002–2013 in a tertiary NICU. Collection of information regarding birth weight, postnatal growth, nutritional data and clinical course. ROP was classified according to international guidelines.

Results Of 473 VPI screened, 165 (34.9%) patients developed some degree of ROP; 30 needed treatment with laser therapy. Babies with any degree of ROP and those with severe ROP were of lower gestational age and had a more complicated clinical course. Regarding growth, there were no differences in initial weight loss and recovery or enteral nutrition during the first week. In spite of higher parenteral nutritional supply (1st week), babies who developed ROP had a lower relative daily weight gain between birth and 28 days of life (dol) and deviated from expected intrauterine growth significantly more. This pattern persisted at 36 weeks and at discharge.

Conclusions VPI who develop ROP display stunted growth when compared to non-ROP counterparts. This is in spite of a higher parenteral nutritional supply during the first week of life. Further analysis of nutritional data is under course.
Background and aims Birth weight has been used as a marker of adiposity in neonates. Ponderal index incorporates infant length and is used in place of body mass index (BMI) in infants. Skinfold thickness and anthropometric measurements can be unreliable in the first few days of life. Infant body composition can be measured using air displacement plethysmography. Our aim was to explore the relationship between birth weight and neonatal body composition.

Methods Infant birth weight and anthropometry were recorded. Infant body composition was measured within 3 days of delivery using air displacement plethysmography (PEA POD, Cosmed, Rome, Italy). Term infants born between 37–42 weeks were included in analysis. Data were analysed using SPSS Statistics 19.

Results Measurements were performed on 467 (227 (49%) male and 240 (51%) female) term neonates (37–42 weeks) within the first 72 h of life. Mean birth weight and percentage body fat was 3.58 kg and 9.7% in males and 3.42 kg and 11.3% in females. Infants in the top quartiles of birth weight had higher body fat percentage. A multiple regression was run to predict body fat percentage from birth weight, gestation and gender. 35.7% of variance could be explained by these variables.

Conclusions Birth weight, gestation and gender only have a moderate effect size on infant body fat percentage at birth, therefore birth weight is not a reliable marker of infant adiposity.

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Background and aims The role of GER in the pathogenesis and recovery from BPD in preterm infants is controversial; some Authors suggested symptomatic GER treatment for BPD infants. We tested the hypothesis that BPD predisposes to GER (due to increased respiratory effort, coughing and crying).

Methods We prospectively studied 44 infants born 2-analysis and t-test/Mann-Whitney test were performed to look for differences among the two groups; P value of

Results Demographic and clinical characteristics between BPD and controls were similar: GA 201 vs 202 days, male sex 66.7 vs 46.9%, age at study 51 vs 39 days, orogastric tube feeding 83.3% vs 75%, caffeine administration 33.3% vs 50% (all P > 0.05). The analysis of 1056 h of Ph-MII tracings showed no significant difference between BPD and controls regarding the median number of these parameters: acid (3 vs 2), weakly acid (11 vs 16), non-acid (0 vs 0), gas (7 vs 10) refluxes, ph-only events (21 vs 9), GER >5 min (1.5 vs 3.5); longest GER (11.2 vs 16.5 min), lower ph (1.5 vs 2.1), acid exposure (ph 0.05).

Conclusions In our experience, BPD was not associated with higher reflux parameters as measured by 24 h Ph-MII examinations among preterm infants. Symptomatic GER treatment with drugs should be reserved for confirmed pathologic Ph-MII tests in order to avoid adverse events.
PS-272 Early Nutrition And Postnatal Growth And The Risk Of Retinopathy Of Prematurity (ROP) in Very Preterm Infants (VPI)

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