PS-197 A RANDOMISED TRIAL OF ESTIMATING UMBILICAL CATHETER INSERTION DEPTH IN NEWBORNS USING BIRTH WEIGHT OR SURFACE MEASUREMENTS (ISRCTN17864069)

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10.1136/archdischild-2014-307384.493

Background Incorrect umbilical venous and arterial catheter (UAC and UVCs) tip position is associated with increased rate of complications.

Objective To determine whether using birth-weight (BW), rather than body surface measurement (M), to estimate ID of UVC and UACs results in more correctly placed catheters.

Methods Newborns undergoing UVC and/or UAC insertion were randomised to have ID estimated using BW [UVC: cm =(BW x 1.5) + 5; UAC: cm = (BW x 3) +9] or using shoulder to umbilicus measurement (M). The primary outcome was correct catheter tip position on X-ray (UVC T9–T10; UAC T6–T10).

Results We enrolled 101 newborns. UVC insertion was successful in 97 (96%). There was no difference in correctly placed UVCs between groups (Table). UAC insertion was attempted in 87 infants and was successful in 62 (71%). More infants in the W group had a catheter tip in the correct position (Table). We found no differences in secondary outcomes.

UVC	Weight $(N = 53)$	Weight (N = 53)
T9-T10 ^{# n (%)}	16/51 (31)	13/46 (28)
Too high (<t9)<sup>#</t9)<sup>	11/51 (22)	5/46 (11)
Too low (>T10)#	10/51 (20)	20/46 (43)
UAC	Weight ($N = 46$)	Measure $(N = 41)$
T6-T10 [#]	29/32 (91)	15/30 (50)
Too high (<t6)<sup>#</t6)<sup>	3/32 (9)	0/30 (0)
Too low (<t10)#< td=""><td>0/32 (0)</td><td>15/30 (50)</td></t10)#<>	0/32 (0)	15/30 (50)

Conclusions UVCs often cannot be advanced to the estimated ID or are in the portal venous system on X-ray. Estimating UVC ID using BW did not result in more correctly placed UVCs. When successful, estimating UAC ID using BW results in more correctly placed catheters.

PS-198 TOPICAL GLYCERYL TRINITRATE OINTMENT TO AID UMBILICAL ARTERY CANNULATION IN NEONATES

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10.1136/archdischild-2014-307384.494

Background and aims Umbilical artery cannulation is a common neonatal procedure that is often challenging because umbilical arteries constrict after birth. We aimed to determine whether the topical application of a vasodilating ointment prior to cannulation increases success and decreases the time taken to cannulate. Methods Discarded umbilical cords were collected immediately after delivery and two 3 cm sections proximal to the baby were used for the study. 0.1mL topical Glyceryl Trinitrate (GTN) ointment (0.2% w/w) was applied to the surface of one section for 5 min prior to cannulation, whereas the second section acted as the control. After ointment removal, medical staff blinded to intervention attempted to cannulate one artery in each section.

for ROP screening on the basis of birth weight and/ or gestational age. Only the first screening examination for each baby was considered. Premature babies, were randomised to one of three interventions before their screening examination: group 1 (n = 27) received 24% sucrose oral, group 2 (n = 27) received 24% sucrose with pacifier, group 3 (n = 27) received sterile water with pacifier. Pain responses were scored by using the PIPP.

Results A total of 81 infants (42 males and 39 females) were enrolled in the study. The mean birth weight was 1280 ± 316 g, gestational age was 28.7 ± 2.1 weeks and corrected gestational age at examination was 34.2 ± 2.9 weeks. The mean PIPP scores in group 1, 2, and 3 were 16.7, 11.4 and 15.1, respectively. Sucrose with pacifier (group 2) had a significantly lower mean PIPP score than group 1 and 3 (p 0.014; 0.021, respectively). **Conclusions** Sucrose combined with NNS and NNS itself reduce pain scores during screening examinations for ROP.

PS-195 SUCROSE VERSUS BREASTFEEDING FOR VENIPUNCTURE IN TERM INFANTS. A RANDOMISED, PROSPECTIVE, CONTROLLED STUDY WITH ANALYSIS OF THE SPECIFIC CORTICAL RESPONSE

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10.1136/archdischild-2014-307384.492

Background and aims Sucrose and breast milk during painful procedures are reported to decrease pain behavioural expression in neonates. Recent data showed a persistent cortical pain response while using the sucrose during a painful procedure.

To compare the efficacy of sucrose versus breast milk for specific-pain brain activity relief during a painful procedure in neonates.

Methods Randomised, prospective, controlled study. Each term newborn was randomly assigned to sucrose or breastfeeding group at day 3 during a systematic venipuncture. Change in the total haemoglobin concentration in the controlateral somatosensory cortex (Near Infra-red Spectroscoy, NIRS) was assessed 10 seconds before and after the venipuncture. Neonatal Facial Coding System (NFCS) was assessed 2 min before and at the time of the venipuncture. Groups were compared using Wilcoxon test for the variations in NIRS and Chi-square test for the NFCS scores.

Results 113 newborns were included (sucrose: 56, breastfeeding: 57) with a mean (sd) of 39.3 weeks (0.9) for gestational age and 3370 g (478) for birth weight. 103 were analysed for the NIRS (sucrose: 55, breastfeeding: 48). Median (quartiles) of total haemoglobin concentration change was -8.5 μ mol/L (-34.5; 12.5) for sucrose group and 12.3 μ mol/L (-23.4; 39.3) for breastfeeding group with no statistical difference (p = 0.06). NFCS scores were significantly different with 46.8% with a painful score in the breastfeeding versus 26.8% in the sucrose (p = 0.03).

Conclusions No difference were found between sucrose and breastfeeding on specific-pain brain activity during a venipuncture in term newborns. A discordance was revealed between NFCS scores and NIRS analysis.

