

visitors at a district general hospital as a part of an improvement project.

**Methods** This is an observational study in which 414 children under the age of 18 in the year of 2011 were identified according to a diagnosis of either viral induced wheeze (VIW) or asthma. Database tools were used to parse the data and stratify the repeat visitors. An automated system was established for future use. Patient outcomes and management offered on discharge were noted and compared to British Thoracic Society (BTS) discharge guidelines.

#### Results

1. Out of 414 children, 353 attended accident and emergency (A&E) once, whereas 61 (15%) children attended repeatedly ( $\geq 2$  visits) due to Asthma or VIW. Out of 513 visits there was an average admission rate of 21%.
2. There was no seasonal variation in admission rates between single and repeat visitors.
3. Less than 5% of children with repeat visits were given personalised written plans as recommended by Asthma UK.

**Abstract G164(P) Table 1** Analysis of the data

Frequency of visits to A&E	Number of patients 2011	Total A&E visits	Admissions in individual groups	Non admissions in individual groups
Single	353	353	71 (25%)	282 (75%)
Repeat ( $\geq 2$ )	61	160	34 (21%)	126 (79%)
Total	414	513	105 (21%)	408 (79%)

**Conclusion** Asthma is the most common chronic medical condition affecting childhood in the United Kingdom. A 21% admission rate in repeat visitors is high in comparison to good units and the majority of patients were not discharged according to BTS discharge guidelines. Furthermore repeat visitors contribute to over 30% of all asthma related visits. Hence, we have identified a potential cost effective opportunity focussing on repeat visitors. Future projects will be aimed at improving the discharge planning process in A&E. This is particularly relevant as prior asthma admissions or A&E visits are the strongest risk factors for subsequent A&E visits.

#### **G165(P) THE IMPACT OF A MULTI-DISCIPLINARY NEURO-RESPIRATORY CLINIC ON THE RESPIRATORY MONITORING OF CHILDREN WITH DUCHENNE'S MUSCULAR DYSTROPHY**

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**Aims** Duchenne's muscular dystrophy (DMD) is a progressive degenerative muscular disorder that leads to respiratory failure in early adulthood. Our aim was to assess the impact of the development of a multi-disciplinary neuro-respiratory clinic and recent guidelines upon the management of patients with DMD.

**Methods** In February 2009, data was collected and analysed from the hospital's database of all children with DMD. Following on from this, a multi-disciplinary neuro-respiratory clinic was established. Data was re-collected and analysed in December 2012. Data was collected on the following: age, wheelchair confinement, ventilation support, pulmonary function test results and sleep study results.

**Results** In 2009, 47 patient were analysed, 22 were confined to a wheelchair, only 6 were under the care of a respiratory paediatrician. 20 patients had undergone lung function testing for one of the following reasons: prior to transition to adult services, as a work up for spinal surgery, subsequent to symptoms or at parent's request. The 3 patients who were receiving long term-ventilation were under care of a respiratory physician, although 4 further children were suffering from respiratory symptoms. In December 2012, 41 children

were on the database, 14 were confined to a wheelchair and 2 were receiving long term ventilation. 25 of the 41 patients were old enough for pulmonary function tests and all had had spirometry performed; 16 patients within the last year and 23 patients within the last 2 years. 5 patients had a FVC  $<50\%$  and all had oxygen saturation/carbon dioxide sleep studies performed. 4 patient's sleep studies were normal and the patient whose study was abnormal was commenced on a ventilator.

**Conclusion** The introduction of a neuro-respiratory clinic has resulted in a significant improvement in the respiratory monitoring of children with DMD, as well as providing them with broader respiratory advice.

#### **G166(P) AUDIT OF DENTAL CARE FOR CHILDREN WITH CYSTIC FIBROSIS**

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Children with Cystic Fibrosis have special dental care needs and are at increased risk of oral diseases; such as enamel defects and formation of dental calculi.<sup>(1)(2)</sup> There is mixed evidence in the literature about whether dental caries are more common<sup>(3)(4)</sup>

**Aim** The aims of this audit were to:-

1. To assess access to dental care in Stoke on Trent
2. To document the frequency of dental complications
3. To investigate oral hygiene practises

**Methods** A ten point questionnaire was developed which was given to children who attended the Cystic Fibrosis clinic, at our unit, over a three month period

#### Results

20 female and 18 male patients completed the questionnaire.

Ages ranged from 10months- 16 years

94% of male patients and 85% of female patients have a dentist

Of the patients who have a dentist, 100% of male patients and 95% of female patients are seen within the recommended NICE guideline time of 12 months.

67% of male patients and 85% of female patients reported dental complications. Of these the most common complication in males (50%) and females (53%) was dental staining, followed by cavities in 17% of males and 23% females

90% of female patients and 94% of male patients brush teeth regularly.

Only 10% of female patients and 11% of male patients use dental floss.

Only one (5%) female patient used mouth wash

**Conclusions** Children with Cystic Fibrosis in Stoke on Trent have good access to dental care and the majority attend regularly. The majority also brush their teeth regularly. The main complications raised are with staining and with fillings. These could be combated by encouraging children to use dental floss, using fluoride based mouth washes and toothpastes, and encouraging parents to ask dentists about application of sealants. Continuing to ensure sugar free antibiotics are prescribed is also important. Dental care review should be part of the multidisciplinary management these children receive

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