Investigating subdural haemorrhage in infants

A M Kemp

When an infant or young child presents with subdural haemorrhage, the diagnostic priority is to exclude physical child abuse. A team approach should be adopted for the clinical child protection investigation. The diagnostic process is inevitably one of detective work; appropriate radiological, ophthalmological, haematological, biochemical, and postmortem investigations are discussed.

Subdural haemorrhage (SDH) arising from intentional injury is relatively common in infants, with an annual incidence figure of 21/100 000. The morbidity from shaken baby syndrome is serious: 12–30% of victims die, and 60–70% of the survivors suffer from significant neurological handicap. When an infant or young child has an SDH, the diagnostic priority is to exclude physical child abuse which is the commonest cause following shaking or shaking impact injury. Research suggests that when these children are admitted to hospital, they are often incompletely investigated. Information collected at this stage forms the major component of evidence for key decision making throughout the child protection process, within civil, criminal, and compensation litigation. The consequences of missing a diagnosis of physical abuse may leave children at risk of further injury, while an incorrect diagnosis of shaken baby syndrome will have profound effects on a family unit.

There are a number of features associated with SDH that raise the probability of abuse. These include retinal haemorrhages, additional physical injuries, and a previous history of child abuse in the family. As with any other clinical discipline, the field of child protection must be subject to the rigours of evidence based practice and national clinical guidelines. There are currently, however, few systematic reviews in this field and a paucity of guidelines. There are currently few evidence based practice and national clinical guidelines. There is an urgent need for guidelines. There is an urgent need for guidelines. There is an urgent need for guidelines. There is an urgent need for guidelines. There is an urgent need for guidelines. There is an urgent need for guidelines. There is an urgent need for guidelines.
The number of different explanations and variation in detail from one raconteur to another must be recorded. This detail must complement a full paediatric clinical history and examination that can be overlooked during the intensive management of the sick child. Any additional signs of physical abuse should be recorded in detail, injuries measured, and clinical photographs obtained.

**RADIOLOGY**

Acute haemorrhage is more easily seen on cranial computed tomography (CT) than on magnetic resonance imaging (MRI). A CT scan is more readily obtained for the acutely unwell child and is more widely available. However, small quantities of subdural blood may be invisible on CT and it can be difficult to differentiate from fluid in the subarachnoid space. Chronic SDH may therefore look very similar to benign enlargement of the subarachnoid space which can be seen in CT scans of infants.

MRI will identify small areas of SDH and can visualise blood in positions that are not well seen on CT scan, such as the floor of the middle and posterior cranial fossae. It is also more sensitive than CT in identifying underlying parenchymal brain injury from shearing forces sustained during shaking. MRI can detect SDH of different ages; chronic (low attenuation) subdural collections on CT often have different signal intensities on MRI which allow differentiation in time. This is of great importance when assessing the likelihood of

<table>
<thead>
<tr>
<th>Table 1</th>
<th>Recognised causes of subdural haemorrhage in infants and young children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cause of SDH</td>
<td>Comment</td>
</tr>
<tr>
<td>Intentional injury</td>
<td>The commonest cause of SDH may be associated with other injuries and retinal haemorrhages. However shaken baby syndrome can cause isolated SDH or isolated retinal haemorrhages.</td>
</tr>
<tr>
<td>Shaken baby syndrome</td>
<td></td>
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<tr>
<td>Non-intentional injury</td>
<td>Minor household falls rarely cause SDH. SDH has been described in more serious falls and in whiplash injury. Retinal haemorrhages are only associated with severe accidental injury.</td>
</tr>
<tr>
<td>Major trauma, e.g. road traffic accident, serious falls</td>
<td></td>
</tr>
<tr>
<td>Neurosurgical complications</td>
<td>SDH commonly reported as a postoperative complication of neurosurgery.</td>
</tr>
<tr>
<td>Perinatal</td>
<td></td>
</tr>
<tr>
<td>Fetal</td>
<td>SDH infrequently reported on fetal ultrasound scans.</td>
</tr>
<tr>
<td>Traumatic labour</td>
<td>SDH can follow traumatic delivery and be associated with retinal haemorrhage.</td>
</tr>
<tr>
<td>Cranial malformations</td>
<td></td>
</tr>
<tr>
<td>Aneurysms</td>
<td>Spontaneous bleeding from vascular malformations.</td>
</tr>
<tr>
<td>Arachnoid cysts</td>
<td>Less serious trauma can result in SDH when arachnoid cyst is present. Both are unlikely to be associated with retinal haemorrhages unless intracranial pressure is raised.</td>
</tr>
<tr>
<td>Cerebral infections</td>
<td>Postinfective subdural effusions are seen. These can be associated with retinal haemorrhage.</td>
</tr>
<tr>
<td>Meningitis</td>
<td></td>
</tr>
<tr>
<td>Coagulation and haematological disorders</td>
<td>Diagnosis will be excluded on coagulation and haematological investigations. All may be associated with retinal haemorrhages.</td>
</tr>
<tr>
<td>Leukaemia</td>
<td></td>
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<tr>
<td>Sickle cell anaemia</td>
<td></td>
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<tr>
<td>Disseminated intravascular coagulation</td>
<td></td>
</tr>
<tr>
<td>Haemophilia</td>
<td></td>
</tr>
<tr>
<td>von Willbrand’s disease</td>
<td></td>
</tr>
<tr>
<td>Haemorrhagic disease of the newborn</td>
<td></td>
</tr>
<tr>
<td>Idiopathic thrombocytopenia purpura</td>
<td></td>
</tr>
<tr>
<td>Metabolic disorders</td>
<td>Associated with widening of subdural space that can result in SDH due to stretching and rupture of subdural vessels.</td>
</tr>
<tr>
<td>Glutaric aciduria</td>
<td></td>
</tr>
<tr>
<td>Galactosaemia</td>
<td>Case reports describe associated retinal haemorrhages in both conditions.</td>
</tr>
<tr>
<td>Biochemical disorder</td>
<td></td>
</tr>
<tr>
<td>Hypernatraemia</td>
<td>SDH described in association with salt poisoning, hypernatraemic dehydration. Hypernatraemia may also be a complication of the intracranial trauma.</td>
</tr>
</tbody>
</table>

level of information to determine whether the proposed explanation is plausible. The number of different explanations and variation in detail from one raconteur to another must be recorded. This detail must complement a full paediatric clinical history and examination that can be overlooked during the intensive management of the sick child. Any additional signs of physical abuse should be recorded in detail, injuries measured, and clinical photographs obtained.
repeated abuse; however, it does not follow that MRI enables accurate estimates of the ages of these bleeds.

All investigations requested should be accompanied by clear clinical details and relevant questions to the radiologist. The sequence of investigations that best identifies the effects of the injury and its sequelae, as well as detecting signs of any previous episode of abuse is therefore: a CT scan as the first line investigation, followed by an MRI within the first 7–10 days, repeated some 14 days later. Some tertiary centres, where there is a wider availability of MRI and expertise, are relying purely on sequential MRI as the imaging of choice. In expert hands cranial ultrasound may be incorporated as an additional diagnostic tool to monitor findings; however, paediatricians and general radiologists should not rely on cranial ultrasound as an exclusive investigation to identify or exclude an SDH.

Ideally a neuroradiologist with expertise in the field should report these investigations promptly. Many will be performed in a centre without such onsite support, when it may be necessary to ask for an opinion from the local neuroradiology centre. Some hospitals have image links to regional centres to facilitate this process.

**SKELETAL RADIOLOGY**

Skeletal fractures are common in these children. Rib fractures are consistent with a squeezing injury, where the infant is grasped around the chest and shaken. Coexisting skull fractures support a shaking impact injury. Long bone and metaphyseal fractures need to be excluded. The latter are seen in association with shaking from the indirect acceleration deceleration forces to the fragile growing plate of the long bones or from forceful pulling or twisting of the limbs.

An early skeletal survey should be undertaken when the child is clinically stable and repeated at 10–14 days. In practice the repeat skeletal survey is often omitted; however, follow up radiology may reveal previously unidentified fractures and enable more accurate dating of those already identified. Some centres perform an isotope bone scan in conjunction with the initial skeletal survey, which can identify hot spots from the early fracture healing process or subperiosteal haemorrhage. Fractures at the growing points of long bones are, however, difficult to identify on isotope bone scan.

**OPHTHALMOLOGY EXAMINATION**

Ophthalmological examination of the infant’s eye is difficult and paediatricians often have a poor success rate. Retinal haemorrhages are characteristically at the periphery of the retina and are difficult to see with direct ophthalmoscopy. All children should have a retinal examination of both eyes, performed by an ophthalmologist with paediatric experience. Examination should use the indirect method after dilatation formed by an ophthalmologist with paediatric experience. Children should have a retinal examination of both eyes, particularly if they are under 6 months old.

Precise dating of associated long bone fractures is not possible, but an approximate time band can often be given according to the degree of healing evident on x-ray examination. The colour changes in retinal haemorrhages and bruises depend on the amount of bleeding into the retina or subcutaneous and surrounding tissue respectively, and a variable rate of resolution. Both have a red appearance when acute and a range of colour change when older. Severe retinal haemorrhages may take months to clear, milder ones resolving within weeks.

Screening for rarer metabolic conditions is not routinely recommended. SDH in association with glutaric aciduria is seen in cases with frontotemporal atrophy. If the radiological findings support this possibility, glutaric aciduria should be excluded in consultation with a paediatrician who specialises in metabolic conditions.

**HAEMATOLOGY AND BIOCHEMISTRY**

These children often have a low haemoglobin on admission or within the first 24 hours, which may reflect the timing and extent of bleeding. A full blood count and coagulation studies will indicate blood loss, coagulation, and haematological abnormalities. Blood cultures, urea and electrolytes, and liver function tests are important to screen for infection, associated biochemical disorders, and possible intra-abdominal injury.

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**STRATEGY MEETING**

There must be an early strategy meeting with all agencies to discuss the findings and come to a joint decision about the probability of child abuse. Social services will invoke section 47 of the Children Act and initiate a child protection investigation in the majority of cases, while making provision for the immediate safety of the child and siblings.

In the cases where the cause of the SDH has not become evident and physical abuse is unlikely, consultation with tertiary specialists is recommended to exclude rarer causes.

**AT POSTMORTEM EXAMINATION**

Physical child abuse should be considered in any infant who dies unexpectedly. In an ideal world all such postmortem investigations should be undertaken by a paediatric pathologist in consultation with a forensic pathologist, and according to nationally recommended protocols. When SDH is diagnosed at postmortem investigation, the diagnosis needs to be approached with the same rigour and multiagency involvement. Investigations must include a full dissection of the eyes and a complete radiological skeletal survey. Detailed histopathology techniques can be enrolled to identify diffuse axonal injury and identify the degree of brain repair in order to give an idea of the timing of injury.

**WHEN TO PERFORM CT**

We know that some children with SDH present with relatively mild symptoms. It is therefore important that paediatricians maintain a low threshold for considering this diagnosis. Many children will have a lumbar puncture as the first investigation to exclude meningitis; if this shows evidence of uniform bleeding or xanthochromia, it must be followed up with a CT scan to exclude intracerebral bleeding.

In the investigation of any child under the age of 2 years who is referred under the Child Protection Procedures, consideration should be given to performing a CT scan. This should be mandatory if the child has retinal haemorrhages, unexplained neurological findings, or an increasing head circumference, and strongly recommended in any infant with bone fractures or non-accidental bruising, or under 6 months old.

**QUESTIONS IN COURT**

As well as endorsing the value of good quality evidence, it is important to recognise the limitations of the evidence at various points in the process. This is never more relevant than in court, where clinicians give their opinion as expert witnesses. Questions that commonly arise concern the timing of the injury and the mechanism and forces needed to cause an SDH. The evidence to contribute to this debate is limited.

Opinion about the age of SDH is based on MRI imaging that can only suggest whether bleeds have occurred within the previous week or are older, resolving haemorrhages. Precise dating of associated long bone fractures is not possible, but an approximate time band can often be given according to the degree of healing evident on x-ray examination. The colour changes in retinal haemorrhages and bruises depend on the amount of bleeding into the retina or subcutaneous and surrounding tissue respectively, and a variable rate of resolution. Both have a red appearance when acute and a range of colour change when older. Severe retinal haemorrhages may take months to clear, milder ones resolving within weeks.

Spectrophotometry appearance of cerebrospinal fluid after an intracranial bleed, the degree of cerebral oedema, and details of autopsy findings can contribute to the timing of injury. Discussion of the clinical features and the chronology of events, identified in the police and social assessment, often builds a more accurate forensic picture; however, accurate timing of the injury is rarely possible.
Knowledge of the mechanism and the forces required to elicit SDH are based on evidence from small case studies, where perpetrators have admitted shaking the baby,21 studies of the clinical features of domestic and serious head injuries in children,22,23 old animal based studies where monkeys have been shaken,24 and biomechanical modelling experiments.6 These studies convince us that SDH occurs after violent whip-lash (acceleration–deceleration injury), but none as yet can identify the least force required for such an injury.

The clinical spectrum of these cases varies from children with multiple injuries as a result of a severe degree of violence to a child with an isolated SDH. There are accounts of babies shaken by carers with postnatal depression who cannot cope with the crying, and carers who have shaken to resuscitate an apnoeic baby. It is clear that even when the full clinical picture is evident, difficult decisions need to be made as to the intent of the assailant to harm the child.

CONCLUSIONS
The diagnostic process is one of detective work from the outset of an infant who presents with a variety of symptoms and rarely any clear history of cause. A consistent approach to the investigation, terminology, and interpretation of findings will improve the quality and accuracy of the diagnosis and management of an infant with SDH (see table 2). This must be complimented by seamless interagency cooperation with clear lines of communication.

There is evidence that clinicians are reluctant to consider a diagnosis of child abuse and often delay or fail to make an early referral to the child protection agencies.11 This can put the child and siblings at risk of further abuse, can obviate the collection of police evidence, and hinder the diagnostic process. In accordance with the Children Act 1989,25 any one who has concern that a child is suffering from significant harm should refer the matter to social services.

Research in this field is expanding and will inevitably lead to revised recommendations over time as our understanding of the condition improves.

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