Infantile colic and chiropractic spinal manipulation

EDITOR,—We congratulate Olafsdottir et al on their article.1 The sum of the evidence on spinal manipulative therapy (SMT) in the treatment of infantile colic now is that there are 3 randomised controlled trials (RCTs) on the subject.

Two RCTs demonstrated a significant positive effect of SMT;2,3 and 1 RCT was unable to demonstrate any treatment effect.4 The reasons for this discrepancy are not known, but Olafsdottir et al suggest that their finding of no effect of SMT may be due to the blinding of the infants’ mothers. Another equally likely explanation could be that we included only 2 paediatric studies.5

In their trial, Olafsdottir et al used a treatment protocol of a maximum of 3 sessions of SMT, whereas the other 2 RCTs, which were performed in adults and so the results are comparable with Alder Hey figures from children and neonates.6

The largest meta-analysis of single versus multiple daily dosing of aminoglycosides for the treatment of gram negative sepsis included only 2 paediatric studies.7 The use of once daily aminoglycosides in children and the newborn is still currently unlicensed.8

Finally, a recent systematic review of once daily versus multiple daily dosing of aminoglycosides in CF concluded that there was insufficient evidence to recommend a change in practice.9 This was because most clinical trials were of insufficient quality or were performed in adults and so the results should not be extrapolated to children.

We argue that the presence of evidence from “a number of studies from numerous countries” should not be the basis on which implementations in practice should be founded. Instead, quality of evidence should be of paramount importance, even if there is little of it.

N GRUNNET-NILSSON
University of Southern Denmark
n.nilsson@sam.mod.sdu.dk
JESPER WIBERG
Private practice, Copenhagen, Denmark


Diluted treatment effects?

EDITOR,—If my reading of this colic study is correct, it appears that both groups received standard counselling and recommendations for the care of a colicky child. My question to the authors is, do such recommendations (and their implementation) affect the rate of colic in deceleration of colic, does this not raise the possibility that any treatment effect in the SMT group could have been diluted by the introduction of a second active treatment (standard recommendations) in the control group? Put another way, was the placebo intervention an inert intervention or was it a second active intervention?

G W KUKURIN
D C DACAN
Pittsburgh, PA, USA
dacan@compmed.com

Commentaries—read with caution!

EDITOR,—The commentary by Lenney correctly points out that clinicians are often slow to apply good research evidence to clinical practice.1 However, the choice of once daily intravenous gentamicin to illustrate this point is unfortunate. Extended interval aminoglycoside dosing is widely used in paediatric and neonatal practice for the treatment of serious gram negative infections, the treatment of newborn infants with sepsis, and the treatment of chronic Pseudomonas aeruginosa infection in patients with cystic fibrosis. However, the implementation of extended interval dosing has not been based on the results of appropriately designed trials in children and neonates.

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Finally, a recent systematic review of once daily versus multiple daily dosing of aminoglycosides in CF concluded that there was insufficient evidence to recommend a change in practice.3 This was because most clinical trials were of insufficient quality or were performed in adults and so the results should not be extrapolated to children.

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K TAN
Academic Division of Child Health, University of Nottingham, Nottingham, UK
kevin.tan@nottingham.ac.uk

Alcopops are not responsible for acute paediatric attendances with alcohol intoxication

EDITOR,—We were interested to read Dr Robson’s leading article regarding alcohol misuse and the reference to acute alcohol admissions to Alder Hey in Liverpool, UK.1 We too are concerned by the increasing number of these problems that we see in hospital paediatric practice.

We carried out a retrospective case note review of all the children seen in the Paediatric Emergency department in Sunderland between November 1999 and October 2000. One hundred children (57%) were admitted for 106 attendances with acute alcohol intoxication (2 children attended twice and 2 three times). The notes of 97 attendances were available for review. Most children were aged 13 to 15 (77%), range 10–16 years. As might be expected, the majority presented during the weekend (66%) and in the evening or at night (84% between 19:00 and 01:00).

Half had been drinking with friends in a public place, although precise details were not recorded in many cases. Sixty one children (63%) were brought in by emergency ambulance and 48 (49%) were admitted. Thirty (31%) were documented to have been drinking vodka, 21 cider (22%), 12 (12%) beer or lager, 11 (11%) other alcoholic drinks, 8 (8%) wine, and 8 (8%) a combination of these. The type of alcohol was not recorded in 7 (7%) cases. In no cases were alcopops thought to be the beverage responsible for the acute attendance, and the beverages consumed are comparable with Alder Hey figures from 1996.2

Alcopops and designer drinks appeal to young people, particularly 14–16 year olds, and there has been criticism that marketing may be aimed at this age group. The consumption of alcopops has been associated with drinking in less controlled environments, heavier drinking, and greater self reported drunkenness.3 However, our data do not suggest that they are a problem in relation to acute intoxication presenting to Accident and Emergency. We support the statement that children will mimic adults in their use and misuse of alcohol, and consider that it is society’s changing attitude to alcohol and not the type of alcohol available that is of concern.

D CROSSLAND
K POTIER DE LA MORANDIERE
Department of Paediatrics, Sunderland Royal Hospital, Kayll Road, Sunderland SR4 7TD UK
davidisdela@hotmail.com


There are environmentally friendly and safe alternatives to the disposable nappy. Modern washable nappies are very different from the traditional idea of buckets of "terries". There are now shaped cotton nappies with velcro fastenings, alternatives to nappy pins, breathable covers, and disposable paper inner liners. Concern that the incidence of nappy rash is higher with washable nappies is unfounded—it has been shown that it is the length of contact of urine with the skin that is most important in the development of nappy rash and it may be that an infant in a disposable has more chance of developing nappy rash as they are often changed less frequently than an infant in washable nappies. In addition, there are cost savings both to individuals and organisations using washable nappies, and there have been several successful hospital projects using washable nappies on postnatal wards. 1, 2

As paediatricians committed to the health of children, we should be aware of the issues raised by the use of disposable nappies, the alternatives that exist, and sources of information and support for parents who are concerned about ensuring a safe and sustainable future for their children.

C. HEAL
Consultant Paediatricians,
Royal Albert Edward Infirmary, Wigan Lane,
Wigan WW1 2NN, UK

NOTICE

Notice of duplicate publication


The same data, resulting from a single pilot study were reported in the two above papers. The authors have apologised, explaining that they had not intended to flout accepted academic standards, rather that they wished to bring their findings to the attention of two separate readerships—namely paediatricians and nurses. However, we would not wish compilers of systematic reviews to include these data twice and therefore we give notice of duplicate publication and withdraw the article published in Archives of Disease in Childhood.
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