that time. Because of this reflex we doubt the efficacy of screening boys for undescended testes at 1 year and at school entry. The figures from Tamhne et al confirm our opinion that too many boys will be operated on unnecessarily because of retracility of the testes.

In 1989 a retrospective cohort study concerning the localisation of the testes from birth until puberty of 853 boys born in 1973 and living in West Friesland (The Netherlands) was done. In this study, which has been submitted for publication, we found a considerable number of boys with one or two undescended testes, that when previously measured, had been registered as scrotal. In all these boys the testes had assumed a normal scrotal position at puberty. This supports our advice that if the testes were descended no further screenings are necessary.

We agree with Tamhne et al that there is a need to set clear guidelines for the diagnosis of undescended testes and for referral pathways. This is important especially to prevent unnecessary operations.

### Revised criteria for diagnosis of coeliac disease and medical audit

**Stir,**—In the recently published revised criteria from the European Society for Paediatric Gastroenterology and Nutrition (ESPGAN) for the diagnosis of coeliac disease,1 emphasis has shifted from the need for repeated biopsies to the response to gluten withdrawal, combined with initial histological appearance of the jejunal biopsy. It might be thought that this could decrease the use of this unpleasant and time consuming diagnostic procedure. However this may not be the case.

As part of a medical audit programme the clinical and histological details of jejunal biopsies performed in the Royal Liverpool Children's Hospital between January and May 1990 were reviewed.

Analysis of the data showed: (1) Out of 46 attempted biopsies, 10 were initially unsuccessful. Of the 36 children who only four biopsies were performed after a gluten challenge, the rest were for initial diagnosis. (2) The number of jejunal biopsies for the first five months of 1990 was similar to that of the whole of 1989 (36 v 39) yet proportionately more children started a gluten free diet (11/36 (30%) v 10/39 (25%).) (3) Children referred from an outlying hospital were more likely to have a biopsy specimen compatible with coeliac disease (50% v 25%). (5) Eleven children commenced a gluten free diet, but only six had the characteristic 'flat' small intestinal mucosa of coeliac disease.

It was concluded that: (1) There was a significant chance of procedural failure with jejunal biopsy in children. (2) Few biopsies were performed after a gluten challenge indicating that the practice of diagnosing coeliac disease by repeated biopsies had already lapsed.2 (3) The increased number of biopsies in 1990 reflected a more aggressive diagnostic approach. (4) Glutensensitive diet was often commenced in the absence of characteristic histological criteria. With the new criteria these children would require gluten challenge.

It is therefore hoped that the use of the revised ESPGAN criteria will reduce dependency upon multiple jejunal biopsies and the inappropriate use of gluten free diet as highlighted by our medical audit.

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**Crohn's disease**

**Stir,**—Dr Puntil and colleagues have reported in this journal the first case of granulomatous lung involvement in a child with Crohn's disease.1 It is clear from many previous reports that pulmonary involvement is actually common in chronic inflammatory bowel disease, although only a minority of patients have symptoms or overt signs. Bonnier and colleagues have demonstrated, in 22 adults with Crohn's disease who had no pulmonary symptoms, reduced serum activity of angiotensin converting enzyme, lymphophagocytosis on bronchoalveolar lavage, increased superoxide anion production from activated alveolar macrophages, and abnormal pulmonary function tests.2 They concluded that most patients with Crohn's disease have latent pulmonary involvement. After recent findings in this unit, we are now able to suggest a mechanism for this previously unexplained phenomenon.

We have demonstrated production of the cytokine tumour necrosis factor-α (TNF-α) by single macrophages in colonial biopsies from patients with both Crohn's disease and ulcerative colitis,3 and have found raised serum concentrations of TNF-α in patients with relapsed colonic disease;4 we consider that chronic TNF-α elevation may contribute to anorexia and growth failure. TNF-α has also been implicated in granuloma formation;5 granuloma epitheloid cells are in fact activated and transformed macrophages. TNF-α mRNA was found in large quantities within these experimentally induced hepatic granulomas and anti-TNF-α immunological antibodies caused both rapid granuloma regression and reduction of TNF-α mRNA content.6 TNF-α production is actually increased by exposure of macrophages to TNF-α itself,7 so that chronic elevation of serum TNF-α might lead to TNF-α production by tissue based macrophages. Pulmonary alveolar macrophages produce high levels of TNF-α on stimulation than do circulating monocytes,8 and we suggest that raised serum TNF-α concentrations in chronic inflammatory bowel disease could stimulate alveolar macrophages to produce more TNF-α, which would then act within the pulmonary microenvironment. It is now clear that TNF-α can cause lung damage, and it is hoped that an inflammatory mediator in the adult respiratory distress syndrome (ARDS), which frequently supervenes in conditions such as sepsis is the mediators of serum TNF-α concentrations are grossly raised. Alveolar lavage fluid contains a measurable TNF-α of pulmonary origin in ARDS.9

Lesser elevation of serum TNF-α produces a more subtle derangement of pulmonary function tests and demonstrated in patients treated for malignancy with recombinant TNF-α.10 We think that this mechanism would account for the activated alveolar macrophages found by Bonnier and colleagues, and for the experimental increases in lung function abnormalities found in many patients with active disease, for pulmonary granuloma formation, and for the more florid ARDS like picture in patients with a chronic life threatening toxic dilatation, where serum TNF-α may be much higher.11


### VIDEO REVIEWS

Crohn's disease.

S Murch and J A Walker-Smith

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