munity child health clinics is feasible, and furthermore that routine blood-sampling is acceptable to parents, so answering the first question posed in Health for all Children. The second question put by this document was whether the incidence of iron deficiency could be reduced by appropriate health education. This remains to be answered. The third question was 'what measurable benefits may result from a more aggressive approach to the identification and treatment of iron deficiency?' Although problems associated with iron deficiency have been identified and shown to respond to treatment with iron, the natural history of iron deficiency anaemia in childhood is not understood. It may be that deficiency resolves with age, or recurs after a period of treatment.

Considering the incidence, importance, and reversibility of iron deficiency anaemia it seems clear that intervention is necessary. Estimation of haemoglobin concentration by fingerprick is feasible in the community, and acceptable to parents. Evaluation is not yet complete enough to formulate a nationwide policy. The results of our study, however, justify special consideration for high risk subgroups in the meantime.

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Diagnosis of neonatal chlamydial conjunctivitis

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Abstract
Fifty seven babies with ophthalmia neonatorum had conjunctival smears examined by microscopy and bacterial culture, and by immunofluorescence, to find out which was the best method of diagnosing chlamydial conjunctivitis. The positive (33%) and negative (70%) predictive values of microscopy and culture were too low for us to accept it as an adequate method of detecting the presence of Chlamydia trachomatis.

Chlamydia trachomatis is a common cause of generally benign ophthalmia neonatorum. It may also cause pneumonia. The mother's genital tract is infected and she may develop ascending infection, pelvic inflammatory disease, and (perhaps) infertility. The costs of chlamydial infections in the United States have been estimated at more than $1.4 billion a year; much of this is for the treatment of pelvic inflammatory disease. Sexual contacts of the mother, if untreated, may spread infection.

Wincleslaus and colleagues diagnosed chlamydial ophthalmia neonatorum using simple laboratory techniques, which are valuable in laboratories lacking diagnostic facilities for chlamydial infection. We have evaluated similar simple techniques using immunofluorescence for comparison (MicroTrak Chlamydia trachomatis direct fluorescent antibody reagent, Syva UK).

Patients and methods
Fifty seven babies between 1 and 42 days old in hospital with acute conjunctivitis were studied; 51 were less than 21 days old. None had received topical antibiotics.

After removing any exudate, two swabs were firmly taken from the inflamed tarsal conjunctivae. One swab was rolled on to the unmasked area of a microscope slide (Syva UK), allowed to dry, then fixed with acetone.

Another ordinary smear was made from this swab. The second swab was sent in Stuart's transport medium for bacterial culture. Specimens were sent as soon as possible. Masked slides were stained, either on arrival in the laboratory or after overnight storage at 4°C (or at −20°C if longer storage was required).

LABORATORY METHODS

Staining of slides by immunofluorescence
Firstly, 25 μl of MicroTrak direct specimen stain reagent (Chlamydia trachomatis—direct fluorescent antibody reagent) were added to the unmasked area of the slide. This was incubated at room temperature for 15 minutes, then rinsed, and mounted with MicroTrak mounting fluid.

The preparation was examined for chlamydial particles by incident light fluorescence and a ×50 water immersion fluorescence objective.

Giemsa staining of slides
Slides were fixed with methyl alcohol, stained with Giemsa stain, and examined by light microscopy using a ×54 oil immersion or ×100 oil immersion objective, for the presence of any polymorphonuclear leucocytes and bacteria.
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Wenceslaus et al showed that the presence of polymorphonuclear leucocytes without bacteria indicated that the infection was probably chlamydial.

In our study, however, sensitivity and specificity of this method were low, and positive and negative predictive values were unacceptable, whether bacterial pathogens alone, or any bacteria, were considered.

If these criteria had been applied, 18 babies with no pathogenic bacteria present, and seven with neither pathogenic bacteria nor commensals present,—all of whom showed no antigen on immunofluorescence—would have been falsely considered to have chlamydial infection.

Our results, though obtained differently, do not suggest that the presence of polymorphonuclear leucocytes without bacteria necessarily indicate neonatal chlamydial conjunctivitis, nor does the converse apply.

We accept that immunofluorescence is inferior to cell culture for the detection of C trachomatis. Moreover, we accepted 10 or more characteristic particles on each slide as positive; this is higher than some have accepted as positive and depresses sensitivity and positive predictive value further. Our inability to detect chlamydial antigen in 18 instances when polymorphonuclear leucocytes were present but no bacteria, and seven when they were present with neither bacteria nor commensals, could have been explained in part by these factors. It is unlikely, however, that even taken together these would have produced such a high proportion of false negative results.

There were also eight (six with neither commensals nor pathogens) cases positive on immunofluorescence in which neither polymorphonuclear leucocytes nor bacteria were detected; there would thus have been eight (six) false negative results. It is unlikely that in removing exudate before taking conjunctival swabs for microscopy all polymorphonuclear leucocytes would have been removed.

We are still unable to explain why our results differ from those of Wenceslaus et al, and further studies are needed to clarify this. In the meantime, however, we think that it would be premature to base prediction of chlamydial infection on the presence of polymorphonuclear leucocytes and the absence of bacteria in conjunctival specimens.

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